**Curriculum Vitae**

Sarah Smith, PT, DPT, GCS

Assistant Professor

Assistant Director of Clinical Education

Department of Physical Therapy and Rehabilitation Science

University of Maryland, School of Medicine

**Date** August 6, 2023

**Contact Information**

Business Address 100 Penn Street, AHRB Room 109

Baltimore, MD 21201

Business Phone Number (410) 706-4123

Email sarsmith@som.umaryland.edu

**Education**

2005-2008 B.S., Kinesiology, Pennsylvania State University

2009-2012 D.P.T, Physical Therapy, Columbia University

**Post Graduate Education and Training**

2012-2013 Geriatric Physical Therapy Residency, St. Catherine’s Rehabilitation/Villa Maria Nursing Center

**Certifications**

2013 Credentialed Clinical Instructor, APTA

2014 Board Certified Specialist in Geriatric Physical Therapy (GCS), ABPTS

2018 Advanced Credentialed Clinical Instructor, APTA

**Physical Therapy Licensure**

2014-present Active, Delaware

2023-present Active, Maryland

**Employment History**

**Academic Appointments**

2014-2023 Clinical Instructor Neurologic and Older Adult Clinic, University of Delaware Physical Therapy Department, Newark DE

2014-2022 Faculty Member, Geriatric Physical Therapy Residency, University of Delaware Physical Therapy Department, Newark DE

2016-2023 Assistant Professor of Practice, University of Delaware Physical Therapy

Department, Newark DE

2023-present Assistant Professor, Department of Physical Therapy and Rehabilitation Science, University of Maryland, School of Medicine

2023-present Assistant Director of Clinical Education, Department of Physical Therapy and Rehabilitation Science, University of Maryland, School of Medicine

**Scope of Clinical Practice:**

2013-2014 Staff Physical Therapist St. Catherine’s Rehabilitation Hospital/Villa Maria Nursing Center, Miami FL

2014-2023 Staff Physical Therapist Neurologic and Older Adult Clinic, University of Delaware Physical Therapy Department, Newark DE

2015-2023 Per Diem Physical Therapist Joint Replacement Center at Christiana Care Wilmington Hospital, Wilmington DE

**Clinical Activities**

Inpatient and Subacute Rehabilitation

2013-2014 Provided direct patient care including comprehensive physical therapy evaluation and treatment for individuals admitted into inpatient and subacute care for a variety of diagnoses including: post-orthopedic and spine surgeries, post-CVA, post-cardiac surgeries, and other neurological conditions.

Research Physical Therapist, Delaware Spine Studies

2014-2016 Completed data collection for RO1 study “Risk factors for disabling low back

pain in older adults.”

Outpatient Rehabilitation

2014-2023 Participated in direct patient care in the University of Delaware Physical Therapy Clinic. Evaluated and planned physical therapy program for patients requiring physical therapy. This included evaluation of musculoskeletal and neuromuscular deficits and the administration of appropriated physical agents, exercise, and manual therapy techniques.

Provided treatment for 30-40 patients per week specializing in geriatric neurologic, orthopedic, and general strengthening/balance diagnoses, limb loss and prosthetic training, post-surgical, and vestibular diagnoses.

Provided clinical mentoring of Doctor of Physical Therapy students. Directed physical therapy students in the evaluation and treatment of patients. Provided supervised learning and clinical application of physical therapy principles and procedures.

University of Delaware Monthly Multi-Disciplinary Limb Loss Clinic Instructor

2014-2023 Participated in organizing monthly Limb Loss Clinic, supervised physical therapy students in collecting patient data, completed evaluation write-ups, and collaborated with multi-disciplinary team to make recommendations for patient’s prosthetic needs.

**Clinical Expertise**

Board Certified Geriatric Clinical Specialist

Limb Loss Rehabilitation and Prosthetic Training

**Professional Society Memberships**

2009-present American Physical Therapy Association, General Member

2012-present American Physical Therapy Association, Geriatric Section Member

2014-present American Physical Therapy Association, Delaware Chapter Member

**Honors and Awards**

2020 Academy of Geriatric Physical Therapy Clinical Educator Award, APTA

**Administrative Service**

**Local Service**

2018-2023 APTA Geriatrics State Advocate for Delaware: organized community service

events with University of Delaware Physical Therapy Students

**National Service**

2021-present APTA Geriatrics Residency and Fellowship Special Interest Group: Nominating Committee Member

**Teaching Service**

**Physical Therapy Student Teaching**

2014-2023 Clinical Instructor for part-time students completing their Integrated Clinical Experience (ICE) and full-time PT students at the University of Delaware Neurologic and Older Adult Clinic

12-16 students/year for 9-11 weeks

**Post-Graduate Teaching in Physical Therapy Curriculum**

2019-2020 “Rehabilitation and Medical Management of a Patient with B Transtibial Amputations” Case Rounds Presentation for the University of Delaware Physical Therapy Department

2019-2022 “Prosthesis Use and Treatment Interventions Lecture and Lab” in Rehabilitation Class module for the University of Delaware Physical Therapy Department

2022-2023 “Prosthesis Use and Treatment Interventions Lecture and Lab” Guest Lecturer at Seton Hill University Physical Therapy Department

2023 Co-coordinator of Geriatrics Class for the University of Delaware Physical Therapy Department

Completed lectures on: Expected Physiological Changes with Aging including lectures on Visual and Auditory Changes; Cognitive Changes with Aging and Dementia, Hip Fracture and Hip Fracture Rehab, Normal Pressure Hydrocephalus, and organized an Integration Lab on 2 complex Geriatric Cases including skills practice

2023 “Performance Measures Lecture” and “Cognitive Changes with Aging Lectures” Guest Lecturer at Drexel University Physical Therapy Department

**Proffered Communications**

**National**

1. **Smith S**. Hartley G. “The Effects of Dynamic Balance Interventions on Reducing Fall Risk and Improving Quality of Life in a Former NFL Player Diagnosed with ALS.” APTA CSM, Las Vegas NV, Poster Presentation, 2014
2. **Smith S**. Sions JM. Manal TJ. “Evaluating Older Adults for Lower Limb Prostheses: Selecting and Utilizing Performance-Based Measures with Consideration of the Evidence.” APTA CSM, Anaheim CA, Poster Presentation, 2016
3. **Smith S**. Sions JM. Manal TJ. “Prosthetic Users who Report Multiple Falls in the Past Year Walk Faster Than Their Peers Who Report Fewer Falls.” APTA CSM, San Antonio, TX, Platform Presentation, 2017
4. Sions JM. Manal TJ. **Smith S**. “Evaluation of an Amputee: Ensuring a Leg to Stand On!” APTA NEXT, Boston MA, Educational Session, 2017
5. **Smith S**. Sions JM. Manal TJ. Poster Presentation: “Serial Assessments of Outcome Measures Show Change and Help Justify K3 Componentry in a Patient with Bilateral Amputations.” APTA CSM, New Orleans LA, Poster Presentation, 2018
6. Sions JM. Beisheim-Ryan E. **Smith S**. Stauffer S. “Post Amputation Pain: Practice, Provider, and Patient Empowerment.” APTA CSM, San Diego CA, Educational Session, 2023