

Curriculum Vitae
April Rectanus, EdD, MA, LCPC
Care Clinic Director
Division of Child Protection, Department of Pediatrics
University of Maryland School of Medicine

Date September 4, 2018

Contact Information

Business Address: Department of Pediatrics: Division of Child Protection
520 W. Lombard St.
Gray Hall, 1st Floor
Baltimore, MD 21201

Business Phone Number: (410) 706-1142
Fax: (410) 706-3017
Email: arectanus@som.umaryland.edu
Foreign Languages: Spanish (basic knowledge)

Education

1994-1998 BA, Psychology & Spanish with a concentration in Children, Family, & Youth, Bloomsburg University (Cum Laude). Thesis – “The effects of age, sex, grade level, body image and family involvement on self-esteem, psychological well-being and depression in middle school students.”

1998-2000 MA, Clinical Psychology, Towson University
2002-2004 Certificate of Advanced Study, Towson University
2014-2017 EdD, concentration in Counseling, Johns Hopkins University, Thesis Advisor – Donald Nowak Jr., PhD; Thesis - “Training and Assessing Trauma-Focused Counselor Competency: A Multi-Case Pilot Study”

Licensures

LCPC Active, Maryland
Approved Supervisor Active, Maryland

Employment History

Academic Appointments

2002-2003 Adjunct Faculty, Psychology, Towson University
2015-2017 Teaching Assistant, Johns Hopkins School of Education
2018-present Advisor, Johns Hopkins School of Education

Other Employment

- 1999-2006 Therapist/Clinician, St. Vincent's Center, Timonium, MD
Managed caseload for emotionally and behaviorally disturbed children to provide individual, group, and family therapy, case management and completed clinical reports.
Supervised undergraduate and graduate interns and provided clinical supervision to a LGPC.
Created and coordinated Graduate Intern Program (i.e. trainings & Grand Rounds).
Conducted training for staff and interns.
Served on and ran committees including Utilization Review and Staff Development and Training.
Served as a member of Critical Incident Stress Management Team and Peer Review Board.
- 2007-2010 Counselor, University of Maryland School of Medicine
Complete comprehensive evaluations using clinical interviews and psychological measures/questionnaires.
Manage caseload for victims of child maltreatment and their families including providing individual, group, and family therapy and case management/advocacy.
Conduct training for clinicians, students, pediatric residents, caregivers, and other professionals on topics related to therapy and child maltreatment.
- 2010-present Care Clinic Director/Program Manager, University of Maryland School of Medicine
Responsible for overall direction and leadership of the program including supervising staff and students, developing funding sources including grant writing, and maintaining relationships with community partners.
Manage caseload for victims of child maltreatment and their families
Conduct training for clinicians, students, pediatric residents, caregivers, and other professionals.
Created and coordinate training program for students and new therapists.
Lead multidisciplinary team meetings, staff meetings, and administrative activities.
- 2014- present Clinical Supervisor, Harford Belair Community Mental Health Center, Baltimore, MD
Serve as clinical supervisor/consultant to child and adolescent team
Provide training on child and family-based interventions
- 2015-2017 Psychotherapist, The Counseling Center, Towson, MD
Provide individual and family therapy to children and adults and supervision to clinicians.

Provide parent-child interaction-based therapy to families with young children.

Professional Society Membership

2015-present General Member, Licensed Clinical Professional Counselors of Maryland

Honors And Awards

2014 Governor's Citation Award, GOCCP, awarded for providing exemplary services to victims of crime

Clinical Activities

Clinical Expertise

Providing mental health treatment to victims of psychological trauma (i.e. abuse)
Treating children, adolescents and adults with individual and family therapy
Providing clinical supervision to graduate students and clinicians
Training professionals on topics related to child maltreatment

Development of any Clinical Programs:

2004-2006 Created and coordinated Graduate Intern Program, which included trainings and Grand Rounds, at St. Vincent's Center, Timonium, MD
2010-present Developed the advocacy and treatment program to incorporate evidenced-based trauma-focused treatment for both children and adults at Care Clinic: UMB, Baltimore, MD
2010-present Created and coordinated Graduate Intern Program to train students on evidenced-based trauma-focused treatment for both children and adults at Care Clinic: UMB, Baltimore, MD

Teaching Service

Undergraduate Student Teaching

1997 Teacher's Assistant, General Psychology, Bloomsburg University, Bloomsburg, PA
400-500 undergraduate students, held office hours and led study group sessions (approx 20 students), 5 contact hours/week

Graduate Student Teaching

2003 Teacher's Assistant, Psychotherapy with Children and Adolescents, Towson University, Towson, MD

- 10-20 Master's degrees students in counseling psychology, 3-6 contact hours
- 2008-present Trainer for pediatric medical students and residents on child maltreatment University of Maryland School of Medicine
1-3 students/residents per session, 4-6 contact hours/year
- 2010-present Trainer for graduate interns/externs on mental health treatment for child maltreatment victims
University of Maryland School of Medicine
3-4 graduate psychology students/year, students/residents, 15 contact hours/year
- 2015-present Teacher's Assistant, Disciplinary Approaches to Education, Johns Hopkins University, Baltimore, MD
Monitor discussion posts, lead study sessions, and review papers for 14-18 1st year doctoral level students in EdD program/semester, 125 hours/year

Grant Support

Active Grants:

- 10/01/2016– 09/31/2018 (Project Director 80%) PI: Howard Dubowitz
“Victims of Child Maltreatment”
Governor's Office of Crime Control & Prevention
Annual Direct Costs: \$346,945
Total Direct Costs: \$693,890
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.
- 07/01/2017 – 06/30/2018 (Project Director) PI: Howard Dubowitz
“Care Clinic”
United Way of Central Maryland
Annual Direct Costs: \$15,725
Total Direct Costs: \$15,725
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.

Completed Grants:

- 10/01/2010 – 09/31/2012 (Project Director 60%) PI: Howard Dubowitz
“Child Victims of Violence”
Governor's Office of Crime Control & Prevention
Annual Direct Costs: \$209,928
Total Direct Costs: \$419,856
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.
- 10/01/2012 – 09/31/2013 (Project Director 60%) PI: Howard Dubowitz
“Victims of Child Violence”
Governor's Office of Crime Control & Prevention

Annual Direct Costs: \$223,049
Total Direct Costs: \$223,049
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.

- 10/01/2013 – 09/31/2014 (Project Director 60%) PI: Howard Dubowitz
“*Victims of Child Maltreatment*”
Governor’s Office of Crime Control & Prevention
Annual Direct Costs: \$346,945
Total Direct Costs: \$693,890
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.
- 10/01/2014 – 09/31/2015 (Project Director 60%) PI: Howard Dubowitz
“*Victims of Child Maltreatment*”
Governor’s Office of Crime Control & Prevention
Annual Direct Costs: \$179,333
Total Direct Costs: \$179,333
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.
- 03/01/2015 – 05/31/2016 (Project Director) PI: Howard Dubowitz
“*Circle of Security: Care Clinic*”
Krieger Fund
Annual Direct Costs: \$3,510
Total Direct Costs: \$3,510
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.
- 07/01/2015 – 06/30/2016 (Project Director) PI: Howard Dubowitz
“*Care Clinic*”
United Way of Central Maryland
Annual Direct Costs: \$15,000
Total Direct Costs: \$15,000
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.
- 10/01/2015 – 09/31/2016 (Project Director 60%) PI: Howard Dubowitz
“*Victims of Child Maltreatment*”
Governor’s Office of Crime Control & Prevention
Annual Direct Costs: \$215,199
Total Direct Costs: \$215,199
Oversees operations and maintains overall clinical responsibility for the activities of the Care Clinic.

Publications

1. **Rectanus, A.M.** (2017). Training and assessing trauma-focused counselor competency: A multi-case pilot study (Doctoral dissertation). Available from JScholarship at <https://jscholarship.library.jhu.edu/handle/1774.2/838>.

Proffered Communications (Maiden name is Zarecky)

1. Beck, B.L., Jara, D., Astor-Stetson, E., **Zarecky, A.M.**, & Starks, M., The effects of body image, social support and media sensitivity on self-esteem in middle school students, Eastern Psychological Association, Boston, MA, conference poster session, 1998
2. Beck, B.L., Jara, D., Astor-Stetson, E., **Zarecky, A.M.**, & Starks, M., The effects of body image, social support and media sensitivity on self-esteem in middle school students, University of Scranton, Scranton, PA, conference presentation, 1998.
3. Beck, B.L., Jara, D., Astor-Stetson, E., **Zarecky, A.M.**, & Starks, M., The effects of body image social support and media sensitivity on self-esteem in middle school students, Bloomsburg University, Bloomsburg, PA, poster session, 1998.
4. Beck, B.L., **Zarecky, A.M.**, Astor-Stetson, E., Jara, D., & Starks, M. (1998). The effects of age, sex, grade level, body image and family involvement on self-esteem, psychological well-being and depression in middle school students, Eastern Psychological Association, Boston, MA, conference poster session, 1998.
5. Beck, B.L., **Zarecky, A.M.**, Astor-Stetson, E., Jara, D., & Starks, M., The effects of age, sex, grade level, body image and family involvement on self-esteem, psychological well-being and depression in middle school students. University of Scranton, Scranton, PA, conference presentation, 1998.
6. Beck, B.L., **Zarecky, A.M.**, Astor-Stetson, E., Jara, D., & Starks, M., The effects of age, sex, grade level, body image and family involvement on self-esteem, psychological well-being and depression in middle school students, Bloomsburg University, Bloomsburg, PA, poster presentation, 1998.
7. Starks, M., Astor-Stetson, E., Beck, B.L., **Zarecky, A.M.**, & Jara, D., The Effects of family control, family acceptance, and social support on self-esteem and psychological well-being, Eastern Psychological Association, Boston, MA, conference poster session, 1998
8. **Zarecky, A.M.**, Uses of fantasy and the grotesque in the works of Violeta Suria and Horacio Quiroga. Bloomsburg University, Bloomsburg, PA, paper presentation, 1998
9. **Rectanus, A.M.**, How to train and to assess counselors' trauma treatment competency. Johns Hopkins School of Education, Baltimore, MD, poster presentation, 2017