

# **CURRICULUM VITAE**

## **PAMELA RAKHSHAN ROUHAKHTAR**

### **EDUCATION**

Ph.D.	2021	University of Maryland Baltimore County, Human Services Psychology
M.A.	2019	University of Maryland Baltimore County, Human Services Psychology
B.A.	2012	Colgate University, Psychology (major); Spanish (minor)

### **Licenses and Certifications**

2021 -	Licensed Psychologist (MD; # 06723)
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### **Experience and Appointments in Higher Education**

2023 - Present	University of Maryland, Baltimore County, Assistant Professor, Department of Psychology
2022 – Present	University of Maryland School of Medicine, Clinical Assistant Professor (secondary appointment), Division of Child and Adolescent Psychiatry
2021 - 2023	University of Maryland, Baltimore County, Assistant Research Scientist, Department of Psychology
2021 - 2023	University of Maryland, Baltimore County, Adjunct Assistant Professor, Department of Psychology

### **Experience in Other than Higher Education**

2020 - 2021	Veterans Affairs Maryland Health Care System/University of Maryland School of Medicine Consortium (APA accredited), Predoctoral Intern
2015 – 2020	University of Maryland, Baltimore County, Graduate Research Assistant, Department of Psychology
2013 – 2015	New York University School of Medicine, Research Coordinator
2011 – 2012	Colgate University, Hamilton, NY Teaching Assistant

### **Honors Received**

2021	Outstanding Intern Award, VA/SOM Psychology Internship Consortium
2012	High Honors in Psychology, Colgate University

2012	Phil R. Miller Prize for Excellence in Psychology, Colgate University
2012	Magna Cum Laude, Colgate University
2012	High Distinction in Liberal Arts Curriculum, Colgate University
2007-2012	Dean's List, Colgate University

**Active Research Support and/or Fellowships**

12/22 – 12/26	Mental Health Awareness Training – Early Psychosis, SAMHSA Services Grant, <i>Project Director</i> (\$500,000 total)
09/22 - 08/26	Clinical High-Risk for Psychosis 2, SAMHSA Services Grant, <i>Site PI/Program Coordinator</i> (\$1.3M total)
07/22 – 06/24	Loan Repayment Program, National Institute of Mental Health, NIH, <i>Awardee</i> (\$17,000 total)
07/22 - 06/23	Culture, Context, and Racialized Identity in the Assessment of Clinical High-Risk for Psychosis, UMBC START Grant, <i>Principal Investigator</i> (\$22,191 total)
03/22 – 02/25	Youth Nominated Support Teams for Suicidal Adolescents at Clinical High Risk for Psychosis, National Institute of Mental Health, NIH, <i>Co-Investigator</i> (\$230,789 total)
07/22 - 06/25	Center for Excellence on Early Intervention for Serious Mental Illness, Maryland Department of Health Behavioral Health Services, <i>Co-Investigator</i> (\$381,126 total)
08/21 – 03/23	Maryland Early Intervention Program - Mental Health Block Grant COVID 19 Crisis Funding, Maryland Department of Health Behavioral Health Services, <i>Co-Investigator</i> (\$111,500 total)
09/18 - 08/22	Clinical High-Risk for Psychosis, SAMHSA Services Grant, <i>Program Coordinator &amp; Clinic Co-Director</i> (\$1.5M total)

06/10 - 08/10      Summer Undergraduate Research Fellowship,  
 Colgate University, *Principal Investigator*  
 (\$4,500 total)

## PUBLICATIONS & PRESENTATIONS

### Publications

#### **Peer-Reviewed Articles**

29. Bridgwater, M.A., Petti, E., Giljen, M., Akouri-Shan, L., DeLuca, J. S., **Rakhshan Rouhakhtar, P.**, Millar, C., Karcher, N. R., Martin, E. A., DeVylder, J., Anglin, D. M., Williams, R., Ellman, L. M., Mittal, V. A., & Schiffman, J. (2023). Review of factors resulting in systemic biases in the screening, assessment, and treatment of individuals at clinical high-risk for psychosis in the United States. *Frontiers in Psychiatry*, 14. <https://doi.org/10.3389/fpsyg.2023.1117022>
28. Akouri-Shan, L., Jay, S.Y., DeLuca, J.S., Klaunig, M.J., Petti, E., **Rakhshan Rouhakhtar, P.**, Martin, E.A., Reeves, G.M., & Schiffman, J. (in press). Race moderates the relation between internalized stigma and suicidal thoughts and behaviors with psychosis-risk syndromes and early psychosis. *Stigma and Health*.
27. Millman, Z.B., Schiffman, J., Gold, J.M., Akouri-Shan, L., Demro, C., Fitzgerald, J., **Rakhshan Rouhakhtar, P.J.**, Klaunig, M., Rowland, L., & Waltz, J.A. (2022). Linking salience signaling with early adversity and affective distress in individuals at clinical high-risk for psychosis: results from an event-related fMRI study. *Schizophrenia Bulletin Open*.
26. Akouri-Shan, L., DeLuca, J.S., Pitts, S.C., Jay, S.Y., Redman, S.L., Petti, E., Bridgwater, M.A., **Rakhshan Rouhakhtar, P.**, Klaunig, M.J., Chibani, D., Martin, E.A., Reeves, G.M., & Schiffman, J. (2022). Internalized stigma mediates the relation between psychosis-risk symptoms and subjective quality of life in a help-seeking sample. *Schizophrenia Research*.
25. Thompson, E., Andorko, N., **Rakhshan Rouhakhtar, P.**, Millman, Z., Sagun, K., Han, S., Chibani, D., Reeves, G., Herman, B., & Schiffman, J. (2022) Psychosis-risk screening and assessment within a college counseling center: a pilot study exploring feasibility and clinical need. *Journal of College Student Psychotherapy*
24. DeLuca, J.S., **Rakhshan Rouhakhtar, P.**, Klaunig, M., Andorko, N., Lucksted, A.,... & Schiffman, J. (2022). Clinical high risk for psychosis, traumatic experiences, and resilience: A systematic and critical review.
23. Andorko, N., Fitzgerald, J., Roemer, C., Solender, E., Petti, E., **Rakhshan Rouhakhtar, P.**, ... & DeVylder, J. (2022). Social work training to reduce duration of untreated psychosis: Methodology and considerations of a web-based training for community providers *Early Intervention in Psychiatry*.
22. **Rakhshan Rouhakhtar, P.**, Roemer, C., Reeves, G., & Schiffman, J.

(2021). Associations Between Attenuated Psychosis Symptoms and Functioning in Black and White Youth at Clinical High-risk for Psychosis. *Schizophrenia Research*.

21. Petti, E., Klaunig, M., Bridgwater, M., Roemer, C., Andorko, N.... & **Rakhshan Rouhakhtar, P.** (2021). Mental Health Care Utilization in Individuals With High Levels of Psychosis-Like Experiences: Associations With Race and Potentially Traumatic Events. *Cultural Diversity and Ethnic Minority Psychology*.

20. Akouri-Shan, L., Schiffman, J., Millman, Z.B., Demro, C., Fitzgerald, J., **Rakhshan Rouhakhtar, P.J.**, Redman, S., Reeves, G.M., Gold, J.M., Martin, E.A., Corcoran, C., Roiser, J.P., Buchanan, R.W., Rowland, L.M., & Waltz, J.A. (2021). Relations among anhedonia, reinforcement learning, and global functioning in help-seeking youth. *Schizophrenia Bulletin*.

19. DeLuca, J.S., Akouri-Shan, L., Jay, S., Redman, S., Petti, E., Lucksted, A., **Rakhshan Rouhakhtar, P.**, ... & Schiffman, J. (2021). Predictors of internalized mental health stigma in a help-seeking sample of youth: The roles of psychosis-spectrum symptoms and family functioning.

18. Phalen, P., Millman, Z.B., **Rakhshan Rouhakhtar, P.**, Millman, Z., Vamvourellis, K., Andorko, N., Reeves, G., & Schiffman, J. (2021). Categorical versus dimensional models of early psychosis. *Early Intervention in Psychiatry*.

17. Thompson, E., Jay, S., Andorko, N., Millman, Z., **Rakhshan Rouhakhtar, P.**, Han, S., Sagun, K., Herman, B., & Schiffman, J. (2021). Psychotic-like experiences and sleep difficulties linked to suicide risk among help-seeking university students.

16. Diminich, E.D., Dickerson, F., Bello, I., Cather, C., Kingdon, D., **Rakhshan Rouhakhtar, P.**, ... & Goff, D.C. (2020). Efficacy of D-Cycloserine Augmentation of Cognitive Behavioral Therapy for Delusions: A Randomized Clinical Trial. *Schizophrenia Research*.

15. Thompson, E.C., Deluca, J.S., Petti, E., **Rakhshan Rouhakhtar, P.**, & Schiffman, J. (2021). Preliminary support for using the Atypicality Scale from the Behavior Assessment System for Children, Second Edition to screen for psychosis-spectrum disorders within a college counseling center. *Early Intervention in Psychiatry*.

14. Azis, M., **Rakhshan Rouhakhtar, P.**, Schiffman, J., Ellman, L., Gold, J.M., Buchanan, R.W., Strauss, G.P., & Mittal, V. (2020). The Structure of Positive Psychotic Symptoms Across the Psychosis Continuum. *Early Intervention in Psychiatry*. <https://doi.org/10.1111/eip.12969>

13. DeLuca, J.S., Andorko, N.D., Chibani, D., Jay, S., **Rakhshan Rouhakhtar, P.**, Petti, E., Klaunig, M.J., ... & Schiffman, J. (2020). Telepsychotherapy with Youth at Clinical High Risk for Psychosis: Clinical Issues and Best Practices in the Age of COVID-19. *Journal of Psychotherapy Integration*, 30(2), 304-331.

12. **Rakhshan Rouhakhtar, P.** & Schiffman, J. (2020). Community

Rehabilitation Programs for Youth with Psychosis Spectrum Disorders. In E. House and J. Tyson (Eds.) *Psychosis in Children and Adolescents: A Guide for Clinicians*. Child and Adolescent Psychiatric Clinics, 29 (1), 225-239.

11. Vargas, T., **Rakhshan Rouhakhtar, P.**, Schiffman, J., Zou, D.S., Rydland, K.J., & Mittal, V.A. (2020). Neighborhood crime, socioeconomic status, and suspiciousness in adolescents and young adults at Clinical High Risk (CHR) for psychosis. *Schizophrenia Research*.
10. **Rakhshan Rouhakhtar, P.**, Pitts, S., & Schiffman, J. (2019). Associations Between Race, Discrimination, Community Violence, Traumatic Life Events and Psychosis-Like Experiences in a Sample of College Students. *Journal of Clinical Medicine*.
9. Millman, Z. B., **Rakhshan Rouhakhtar, P.**, DeVylder, J. E., Smith, M. E., Phalen, P. L., Woods, S. W., . . . Schiffman, J. (2019). Evidence for Differential Predictive Performance of the Prime Screen Between Black and White Help-Seeking Youths. *Psychiatric Services*.
8. Tsuji, T., Phalen, P., **Rakhshan Rouhakhtar, P.**, Millman, Z., Bussell, K., Roemer, C., Reeves, G., & Schiffman, J. (2019). Using the K-SADS Psychosis screen to identify people with early psychosis or psychosis risk syndromes. *Clinical Child Psychology and Psychiatry*.
7. Millman, Z.B., Gallagher, K., Demro, C., Schiffman, J.E., Reeves, G.M., Gold, J.M., **Rakhshan Rouhakhtar, P.J.**, . . . & Waltz., J.A. (2019). Evidence of Reward System Dysfunction in Youth at Clinical High Risk for Psychosis from Two Event-related fMRI Paradigms. *Schizophrenia Research*.
6. **Rakhshan Rouhakhtar, P.**, Pitts, S.C., Andorko, N.D., Wilson, C., Demro, C., Millman, Z.B., Phalen, P., Redman, S., Walsh, B., Woods, S., & Schiffman, J. (2019). The Impact of Age on the Validity of Psychosis-Risk Screening in a Sample of Help-Seeking Youth. *Psychiatry Research*, 274, 30-35. doi:10.1016/j.psychres.2019.02.02
5. Andorko, N., **Rakhshan Rouhakhtar, P.**, Hinkle, C., Mittal, V., McAllister, M., DeVylder, J., & Schiffman, J. (2019). Assessing validity of retrospective recall of physical activity in individuals with psychosis-like experiences. *Psychiatry Research*, 273, 211-217.
4. Phalen, P., **Rakhshan, P.**, Millman, Z., Thompson, E., DeVylder, J., Mittal, V., Carter, E., Reeves, G., & Schiffman, J. (2018). Validity of a Two-Item Screen for Early Psychosis. *Psychiatry Research*, 270, 861-868.
3. Thompson, E., **Rakhshan, P.**, Pitts, S.C., Demro, C., Millman, Z.B., Bussell, K., DeVylder, J., Kline, E., Reeves, G.M., & Schiffman, J. (2018). Family functioning moderates the impact of psychosis-risk symptoms on social and role functioning. *Schizophrenia Research*.
2. **Rakhshan, P.**, Sørensen, H., DeVylder, J., Mittal, V., Mortensen, E.L., Michelsen, N.M., Ekstrøm, M., Pitts, S.C., Mednick, S.A., & Schiffman, J. (2016). Childhood pegboard task predicts adult-onset psychosis-

spectrum disorder among a genetic high-risk sample. *Schizophrenia Research*, 178(1-3), 68-73.

1. Hansen, B.C., **Rakhshan, P.**, Ho, A.K., & Pannasch, S. (2015). Looking through others through implicitly or explicitly prejudiced eyes. *Visual Cognition*, 23(5), 612-642.

### **Chapters in Books**

3. **Rakhshan Rouhakhtar, P.**, Millar, C., Davis, B., Anglin, D.M., Chibani, D. & Schiffman, J. (in press). *Cultural and Contextual Considerations in the Disclosure of Attenuated Psychosis Diagnoses*. In *Talking About Risk for Psychosis: A Guide for Practice and Research*.
2. Millman, Z.B., **Rakhshan Rouhakhtar, P.**, Millar, C., Chibani, D., Fitzgerald, J., Redman, S., Jay, S.Y., Andorko, N.D., DeLuca, J., Bridgewater, B., Petti, E., Bussell, K., Reeves, G.M., Schiffman, J. (in press). *Strive for Wellness Program's Model of Feedback Delivery for Youth at CHR*. In *Talking About Risk for Psychosis: A Guide for Practice and Research*.
1. Smith, M., **Rakhshan Rouhakhtar, P.**, & Schiffman, J. (in press). *Ensure Healthy Development for All Youth: Prevention of Schizophrenia and Severe Mental Illness*. In *Racism and the Grand Challenges for the Social Work Profession*.

### **Presentations**

#### **Academic Conference and Symposia (Juried/Refereed)**

4. Schiffman, J., Bridgwater, M., Thompson, E., **Rakhshan Rouhakhtar, P.**, Millman, Z., Phalen, P., Klaunig, M., Kline, E., & DeLuca, J. (2019, October). Youth at Clinical High Risk and Schools. Presentation at The Second National Conference on Advancing Early Psychosis Care, American Psychiatric Association, New York, NY.
3. Schiffman, J., **Rakhshan Rouhakhtar, P.**, Millman, Z.B., & Andorko, N. (2018, October). *Risk or Typical Development? The Impact of Race, Neighborhood Crime, and Age on Accurate Identification of Ultra High Risk States*. Accepted for presentation at the 1th International Conference on Early Intervention in Mental Health.
2. Schiffman, J., **Rakhshan Rouhakhtar, P.**, Millman, Z.B., & Andorko, N. (2018, September). *Risk Models For Psychosis In Adolescents and Young Adults*. Presented at the Thirty-Second Annual Meeting of the Society for Research in Psychopathology.
1. **Rakhshan Rouhakhtar, P.**, Phalen, P., Thompson, E., Andorko, N., Millman, Z.B., Sun, S., & Schiffman, J. (2018, July). *Factor analysis of the Prime Screen: Introducing the Prime-8*. Presented at the 5th American Psychological Association Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race Research Conference.

## Other Selected Professional Presentations

7. **Rakhshan Rouhakhtar, P.** Beason, T., Reeves, G., & Dubin, M. (2022). *Culture, Context, and Early Psychosis Identification and Intervention for Underserved Youth and Families*. 40th NAMI Maryland Annual Conference.
6. Beason, T., Reeves, G., Dubin, M. & **Rakhshan Rouhakhtar, P.** (2022). *PTSD Prevention for Individuals with Psychosis-Related Disorders*. 40th NAMI Maryland Annual Conference.
5. **Rakhshan Rouhakhtar, P.** (2022). *Cultural and Contextual Considerations in Early Identification and Intervention for Psychosis-Spectrum Concerns*. Tennessee Association of Mental Health Organization 5th Early Psychosis Conference
4. **Rakhshan Rouhakhtar, P.**, Chibani, D., Solomon, N., & Schiffman, J. (2021, November). *Workforce Development in CHR-P*. Talk provided to SAMHSA CHR-P Grantee Office Hours.
3. Schiffman, J., Wilson, C., Bridgwater, M., Chibani, D., **Rakhshan Rouhakhtar, P.**, Klaunig, M., DeLuca, J. (October, 2019). *Intersection between Autism & CHR*. Presentation for SAMHSA CHR-P Grantee Office Hours, Baltimore, MD.
2. **Rakhshan Rouhakhtar, P.** & Schiffman, J. (2019, September). *Treatment of Youth at Risk for Psychosis*. Training provided to the Tennessee OnTrack TN Clinical High-Risk for Psychosis program.
1. Rinehimer, K., Walcott, M., Phalen, P.L., & **Rakhshan Rouhakhtar, P.** (2021, September). *Effective Interventions for First Episode Psychosis*. Training provided to Brook Lane Health Services.

## Conference Poster Presentations (Juried/Refereed)

34. Bridgwater, M., Petti, E., Snyder, M., **Rakhshan Rouhakhtar, P.**, Giljen, M., Boos, A., Villegas, M., Jones, N., Martin, E., Schiffman, J. (2023, July 10<sup>th</sup>-12<sup>th</sup>). *Perceived Need for Care, Interest in Care and Barriers to Seeking Mental Health Treatment Among Non-Help Seeking Individuals with Psychotic-Like Experiences in the United States*. [Poster Session]. 14<sup>th</sup> International Early Psychosis Association Conference, Lausanne, Switzerland. <https://iepaconference.org/iepa14/>
33. Cowan, T., Millar, C., O'Donovan, K., Chibani, D., Reeves, G., Redman, S., Fitzgerald, J., Jay, S., Schiffman, J., **Rakhshan Rouhakhtar, P.** (2023, July). "Working Alliance Between Therapist and CHR Service User is Related to Psychosis Risk Symptoms." Poster presented at the Early Intervention in Mental Health (IEPA) Conference, Lausanne, Switzerland.
32. Akouri-Shan, L.\* , Petti, E.\* , Martínez, A., Bridgwater, M. A., Boos, A., Villegas, M. C., Klaunig, M. J., DeLuca, J. S., **Rakhshan Rouhakhtar, P.**, Martin, E. A., Mittal, V. A., Ellman, L. M., & Schiffman, J. (2022, September 8-11). Associations among family criticism, internalized stigma, and psychosis-spectrum symptoms in a community sample of

youth. [Poster session]. The 35th Annual Meeting of the Society for Research in Psychopathology, Philadelphia, PA.

31. Bridgwater, M., Petti, E., Klaunig, M.J., Snyder, M., **Rakhshan Rouhakhtar, P.**, Jones, N., Martin, E., Schiffman, J. (2021, November 12). Development and Feasibility Study of the Mental Health Care Utilization Questionnaire (MHCU-Q). [Poster session]. Harvard Women in Psychology's 3rd Annual Trends in Psychology Summit, Boston, MA.

30. Petti, E., **Rakhshan Rouhakhtar, P.**, Klaunig, M., Bridgwater, M., Roemer, C., Andorko, N. D., DeLuca, J., Phalen, P. L., Smith, M. E., Pitts, S. C., Schiffman, J. (2020, April 4-8). Mental health treatment-seeking in individuals with high levels of psychosis-like experiences: impact of trauma and race. [Poster session]. 2020 Congress of the Schizophrenia International Research Society, Florence, Italy. <https://schizophreniaresearchsociety.org/meetings/general-information/> (Conference canceled)

29. DeLuca, J. S., Shan, L., Jay, S., Redman, S., Petti, E., Lucksted, A., **Rakhshan Rouhakhtar, P.**, Edwards, S. M., Reeves, G. M., Schiffman, J. (2020, April 4-8). Predictors of Internalized Mental Health Stigma in a Help-Seeking Sample of Adolescents and Young Adults Experiencing Early Psychosis: The Roles of Psychosis-Spectrum Symptoms and Family Functioning. [Poster session]. 2020 Congress of the Schizophrenia International Research Society, Florence, Italy. <https://schizophreniaresearchsociety.org/meetings/general-information/> (Conference canceled)

28. Bridgwater, M.A., **Rakhshan Rouhakhtar, P.**, Klaunig, M. J., Petti, E., Roemer, C., Andorko, N.D., DeLuca, J. S., Pitts, S., Mittal, V., Vargas, T., Schiffman, J. (2020, April 4-8). Mental Health Service Utilization in Young Adults Reporting Psychosis-Like Experiences. [Poster session]. 2020 Congress of the Schizophrenia International Research Society, Florence, Italy. <https://schizophreniaresearchsociety.org/meetings/general-information/> (Conference canceled)

27. Klaunig, M. J., **Rakhshan Rouhakhtar, P.**, Chibani, D., Andorko, N., Mittal, V., Ellman, L., Schiffman, J. (2020, April 4-8). Migrant status associated with endorsement of psychosis-like experiences in the general population. [Poster session]. 2020 Congress of the Schizophrenia International Research Society, Florence, Italy. <https://schizophreniaresearchsociety.org/meetings/general-information/> (Conference canceled)

26. Schiffman, J., **Rakhshan Rouhakhtar, P.**, Millman, Z., Thompson, E., Phalen, P. (2020, April 4-8). The Role of Contextual Factors and Assessment Strategies in the Accurate Screening of Psychosis-Risk Symptoms. [Poster session]. 2020 Congress of the Schizophrenia International Research Society, Florence, Italy. <https://schizophreniaresearchsociety.org/meetings/general-information/> (Conference canceled)

25. Millman, Z., Gallagher, K. Schiffman, J., Demro, C., Reeves, G., Gold, J., **Rakhshan Rouhakhtar, P.**, ... & Waltz, J. (2019). Evidence of Reward System Dysfunction in Youth at Clinical High-Risk from Two Event-Related fMRI Paradigms. Presented at the 33rd Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.
24. Jay, S., Thompson, E., Phalen, P., Shan, L., **Rakhshan Rouhakhtar, P.**, ... & Schiffman, J. (2019). The relation between positive symptoms and suicidal ideation and behaviors in adolescents at clinical high-risk for psychosis. Presented at the 33rd Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.
23. Roemer, C., Andorko, N., **Rakhshan Rouhakhtar, P.**, Redman, S., & Schiffman, J. (2019). Association of Sleep, Anxiety, and Psychotic-Like Experiences. Presented at the 33rd Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.
22. Shan, L., Jay, S., Redman, S., **Rakhshan Rouhakhtar, P.**, DeLuca, J., ... & Schiffman, J. (2019). Internalized Stigma as A Mediator Between Psychosis Risk Symptoms and Quality of Life in A Help-Seeking Sample of Adolescents and Young Adults. Presented at the 33rd Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.
21. Ereshefsky, S., **Rakhshan Rouhakhtar, P.J.**, Sun, S., Reeves, G., & Schiffman, J. (2019). T116. Evaluation of Clinical and Functional Differences in Clinical-high Risk For Psychosis With And Without A History Of Adhd And Stimulant Exposure: A Six-month Follow-up Using Multilevel Modeling. *Schizophrenia Bulletin*, 45 (2), S248-S249. <https://doi.org/10.1093/schbul/sbz019.396>
20. Shan, L., **Rakhshan Rouhakhtar, P.J.**, Schacht, R., DeLuca, J., & Schiffman, J. (2019). F117. Exploring the Relations among Race, Symptoms, Family Dynamics, and Functional Outcomes in Individuals with Psychosis-Risk Syndromes/Early Psychosis. Presented at the 2019 Congress of the Schizophrenia International Research Society
19. **Rakhshan Rouhakhtar, P.J.**, Andorko, N., & Pitts, T. (2019). Growth in Risk Behaviors and Health in a Nationally Representative Sample of Adolescents (Add Health). Presented at the 29th Biannual Conference for the Society for Research in Child Development.
18. Pitts, T., **Rakhshan Rouhakhtar, P.J.**, & Schiffman, J. (2019). Moderating Effects of Age on Prime Screen Validity for Early Detection of Psychosis Risk. Presented at the 29th Biannual Conference for the Society for Research in Child Development.
17. Fitzgerald, J., Thompson, E., Kline, E., Demro, C., Millman, Z.B., **Rakhshan Rouhakhtar, P.J.**, ... & Schiffman, J. (2018). Progression of Hallucinatory Experiences in Those with Post-traumatic Stress Disorder. Presented at the 11th International Conference on Early Intervention in Mental Health.
16. **Rakhshan, P.**, Pitts, S.C., Millman, Z.B., Andorko, N., Wilson, C., Demro, C., Phalen, P., & Schiffman, J. (2018). The impact of age on the validity of the Prime Screen in a sample of help-seeking

adolescents. Presented at the 11th International Conference on Early Intervention in Mental Health.

15. Fitzgerald, J., Thompson, E., **Rakhshan Rouhakhtar, P.J.**, Millman, Z.B., Andorko, N., & Schiffman, J. (2018). Use of Symptom Distress Assessment in Psychosis-Risk Screening. Presented at the Thirty-Second Annual Meeting of the Society for Research in Psychopathology.
14. **Rakhshan, P.**, Wilson, C., Millman, Z., DeVylder, J., Ammari, M., Bussell, K., Andorko, N., Thompson, E., Khan, A., Reeves, G., & Schiffman, J. (2017). Racial differences in clinical high-risk diagnosis, attenuated psychosis symptoms, and functioning in help-seeking adolescents. Poster presented at the 2017 annual meeting of the Society for Research in Psychopathology, Denver, CO.
13. Thompson, E., **Rakhshan, P.**, Millman, Z., Andorko, N., Sagun, K., Han, S., Reeves, G., Herman, B., & Schiffman, J. (2017). Psychosis-risk screening and assessment among help-seeking students at a university counseling center. Poster presented at the 2017 annual meeting of the Society for Research in Psychopathology, Denver, CO.
12. Millman, Z.B., Thompson, E., Demro, C., Wilson, C., **Rakhshan, P.**, Ereshefsky, S., Khan, A., Kruger, E., Reeves, G., & Schiffman, J. (2017). Identifying specific and nonspecific features of clinical high-risk: The role of comorbid psychopathology. Poster presented at the 2017 annual meeting of the Society for Research in Psychopathology, Denver, CO.
11. Andorko, N., McAllister, M., Demro, C., **Rakhshan, P.**, Kruger, E., Fitzgerald, J., DeVylder, J., & Schiffman, J. (2017). Real-time tracking of physical activity along the psychosis spectrum: An ecological momentary assessment study. Poster presented at the 2017 annual meeting of the Society for Research in Psychopathology, Denver, CO.
10. Demro, C., Cicero, D., Gold, J., **Rakhshan, P.**, Millman, Z., Waltz, J., Thompson, E., Bussell, K., Reeves, G., & Schiffman, J. (2017). Aberrant salience across phases of emerging psychosis. Poster presented at the 2017 annual meeting of the Society for Research in Psychopathology, Denver, CO.
9. Wilson, C., Demro, C., Thompson, E., **Rakhshan, P.**, Millman, Z., Gold, J., August, S., Waltz, J., Bussell, K., Reeves, G.M., & Schiffman, J. (2017). Association of neurocognition and psychosis-risk symptoms. Poster presented at the 2017 annual meeting of the International Neuropsychological Society, New Orleans, LA
8. **Rakhshan, P.**, Sorensen, H., Mittal, V., DeVylder, J., Jameson, N., Tsuji, T., Ereshefsky, S., Bentley, E., Mortensen, E., Mednick, S., & Schiffman, J. (2016). Childhood pegboard task predicts adult-onset psychosis-spectrum disorder among a genetic high-risk sample. Poster presented at the 2016 annual meeting of the Society for Research in Psychopathology, Baltimore, MD. F1000Research 2016, 5:2459 (poster) (doi:10.7490/f1000research.1113242.1)
7. Millman, Z., Weintraub, M., Bentley, E., Thompson, E., **Rakhshan, P.**,

Demro, C., Wilson, C., Bussell, K., Rush, C., Reeves, G., & Schiffman, J. (2016). Differential relations of locus of control to perceived social stress among help-seeking youth at low vs. high clinical risk of psychosis. Poster presented at the 2016 annual meeting of the Society for Research in Psychopathology, Baltimore, MD.

6. Alicia, K., Millman, Z., Bentley, E., Demro, C., Wilson, C., **Rakhshan, P.**, Ereshefsky, S., Epstein, G., Reeves, G., & Schiffman, J. (2016). External locus of control is associated with hallmark symptoms of psychosis in patients at clinical high-risk. Poster presented at the 2016 annual meeting of the Society for Research in Psychopathology, Baltimore, MD.

5. Demro, C., Thompson, E., **Rakhshan, P.**, Millman, Z., Waltz, J., Gold, J., Bussell, G., Reeves, G., & Schiffman, J. (2016) Experience of aberrant salience in help-seeking youth. Poster presented at the 2016 annual meeting of the Society for Research in Psychopathology, Baltimore, MD.

4. Thompson, E., Wilson, C., Demro, C., Millman, Z., **Rakhshan, P.**, Bentley, E., Jameson, N., Tsuji, T., Reeves, G., & Schiffman, J. (2016). Using key items from the PRIME Screen to identify individuals at risk for psychosis. Poster presented at the 2016 annual meeting of the Society for Research in Psychopathology, Baltimore, MD.

3. **Rakhshan, P.**, Thompson, E., Bentley, E., Epstein, G., Rush, C., Wilson, C., Kline, E., Jameson, N., Millman, Z., Reeves, G., & Schiffman, J. (2015). The impact of family cohesion on social and role functioning among young people at clinical high risk for psychosis. Poster presented at the 2015 annual meeting of the Society for Research in Psychopathology, New Orleans, LA.

2. Demro, C., Waltz, J., Thompson, E., Kline, E., Millman, Z., Ereshefsky, S., **Rakhshan, P.**, Reeves, G., Gold, J., & Schiffman, J. (2015). Performance of youth receiving mental health services on a salience attribution task. Poster presented at the 2015 annual meeting of the Society for Research in Psychopathology, New Orleans, LA.

1. Epstein, G., Ereshefsky, S., Thompson, E., Kline, E., Demro, C., Tsuji, T., Augins, C., **Rakhshan, P.**, Pitts, S., Reeves, G., & Schiffman, J. (2015). Developing Psychosis-risk Profiles for Common Youth Psychopathology. Poster presented at the 2015 annual meeting of the Society for Research in Psychopathology, New Orleans, LA.

## TEACHING, MENTORSHIP & SUPERVISION

### Courses Taught (UMBC)

2023 - *Research Methods* (PSYC 311; undergraduate)

2022 - *Developmental Psychopathology* (PSYC 607; graduate)

2022 - *Research Experience in Psychology* (PSYC 397; undergraduate)

2021 - *Schizophrenia* (PSYC 455; undergraduate, writing intensive)

### **Student Mentorship**

#### **Dissertation Committees**

Doha Chibani, MSW, MA (UMBC; Public Policy; 2023)  
Samantha Redman, MA (UMBC; Human Services Psychology; 2023)  
John Fitzgerald, MA (UMBC; Human Services Psychology; 2022)  
Samantha Jay, MA (UMBC; Human Services Psychology; 2022)

#### **Doctoral Comprehensive Portfolio Committees**

Jordan Lankford, MA (UMBC; Human Services Psychology; 2023)

#### **Undergraduate Research Mentor (PSYC 397)**

Alex Ballesteros (Summer 2022)  
Darius Cottrell (Summer 2022)  
Karla Ramirez (Summer 2022)  
Heather Drinkwater (Spring 2022)

#### **Student/Trainee Clinical Supervision**

##### **Predoctoral Psychology Extern Primary Clinical/Assessment Supervision**

Meghan Mette, MA (2023 – 2024)  
Danielle Farrell, MA (2023 – 2024)  
Samantha Berg, MA (2023 – 2024)  
Sarah Peralta, MA (2023 – 2024)  
Samantha Jay, MA (2021-2022)  
John Fitzgerald, MA (2021 - 2022)  
Samantha Redman, MA (2021 - 2022)

##### **Predoctoral Psychology Intern Primary Supervision (UM-SOM)**

Stephanie Korenic, MA (2023 – 2024)  
John Fitzgerald, MA (2023 – 2024)  
Keira O'Donovan, MA (2021 – 2022)  
Tovah Cowan, MA (2022 - 2023)

### **SERVICE TO THE DEPARTMENT, UNIVERSITY & PROFESSION**

#### **Service to the University**

NAMI UMBC Faculty Advisor (UMBC; 2022 - present)

#### **Service to the Department**

##### **Leadership and Committee Membership**

2020 – 2021	VA/SOM Internship Consortium, Psychology Intern Training Committee Member
2019	University of Maryland Baltimore County, Department of Psychology, Graduate Student Member on Tenure and Promotion Evaluation Committee

2016 – 2018 University of Maryland Baltimore County,  
Department of Psychology Human Services  
Psychology Student Representative

## **Service to the Profession**

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## Scientific Review

2023 – Present National Institute of Mental Health, Peer Reviewer

2023 – Present Psychiatric Services, Early Career Consultant

## Ad hoc reviewer

- npj Schizophrenia (2022 –present; impact factor: 4.97)
- BMC Psychiatry (2022–present; impact factor: 4.14)
- Comprehensive Psychiatry (2022–present; impact factor: 7.21)
- Epidemiology and Psychiatric Sciences (2022–present; impact factor: 7.82)
- Clinical Child Psychology and Psychiatry (2021–present; impact factor: 2.09)
- Schizophrenia Research (2020 – present; impact factor: 4.66)
- Assessment (2019 – present; impact factor: 4.28)
- Translational Psychiatry (2019 – present; impact factor: 7.99)
- Schizophrenia Bulletin (2019 – present; impact factor: 7.35)
- Psychiatry Research (2018 – present; impact factor: 11.23)
- Children and Youth Services Review (2018 – present; impact factor: 2.52)

## Other Service

2018 – 2019 APA Society for Psychological Study of Culture, Ethnicity, and Race, Student Convention Chair