

AIJAH K. B. GOODWIN, PH.D.

Assistant Professor | Licensed Psychologist

Division of Child and Adolescent Psychiatry

Department of Psychiatry

University of Maryland School of Medicine

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PROFESSIONAL EXPERIENCE

Assistant Professor of Psychiatry

July 2023 - Present

National Center for School Mental Health | Outpatient Child and Adolescent Psychiatry Clinic,
Division of Child and Adolescent Psychiatry, Department of Psychiatry,
University of Maryland School of Medicine, Baltimore, MD.

Postdoctoral Fellowship

August 2021 - June 2023

National Center for School Mental Health, Division of Child and Adolescent Psychiatry,
University of Maryland School of Medicine, Baltimore, MD.

EDUCATION

Doctor of Philosophy in School Psychology

August 2021

(APA Accredited, NASP Approved)

Louisiana State University, Baton Rouge, LA

Dissertation: "The Role of School Sociocultural Factors on the Academic Competence and Mental Health of Elementary-Aged Children"

Advisor/Chair: Anna C. J. Long, Ph.D.; *Committee:* Paul J. Frick, Ph.D., Mary Lou Kelley, Ph.D.

Psychology Doctoral Internship (APA Accredited)

August 2020 - July 2021

Florida State University Multidisciplinary Evaluation and Consulting Center, Tallahassee, FL.

Master of Arts in Psychology

May 2019

Louisiana State University, Baton Rouge, LA

Thesis: "Parents' Perspectives of Cultural Competence in Schools: The Initial Development of the Culturally Competent School Community Scale"

Advisor/Chair: Anna C. J. Long, Ph.D.; *Committee:* Matthew Calamia, Ph.D., Mary Lou Kelley, Ph.D.

Bachelor of Arts in Psychology/Honors Track

May 2014

Indiana University of Pennsylvania, Indiana, PA

Magna Cum Laude

Minor – Sociology

Thesis: "The Effects of Parenting Styles and Family Structure on the Adjustment of College Students"

Honor's Advisor: Laura Knight, Ph.D.

LICENSURE & CERTIFICATIONS

2023 to Present

Licensed Psychologist in Maryland

AWARDS & HONORS

Researcher Resilience Training (RRT) Fellowship NIMH R25 (5R25MH118935-05), Virtual. Awarded: Professional Development Stipend	June 2023 - May 2024
Postdoctoral Professional Development Award University of Maryland School of Medicine, Office of Postdoctoral Scholars. Awarded: \$500	November 2022
Child Intervention, Prevention, & Services (CHIPS) Fellowship NIMH R25 (5R25MH068367-17), Virtual. Awarded: Professional Development Stipend	May 2022 - April 2023
Outstanding Dissertation in School Psychology Award American Psychological Association Division 16	June 2022
Huel D. Perkins Graduate Fellowship Louisiana State University, Graduate School. Awarded: Full Tuition, Stipend, and Partial Fees per year.	August 2016 - July 2020
Graduate Student Travel Award Louisiana State University, Graduate School and Department of Psychology. Awarded: \$600	February 2019
Psychology Graduate Scholarship Enon Tabernacle Baptist Church, Philadelphia, PA. Awarded: \$1,000	July 2016
Benjamin S. Carson Outstanding Academic Achievement Award Indiana University of Pennsylvania	May 2014
IUP Psychology Honors Program Indiana University of Pennsylvania, Department of Psychology	August 2012 - May 2014
Board of Governor's Scholar Indiana University of Pennsylvania. Awarded: Full Tuition Support	August 2010 - May 2014
Provost Scholar Indiana University of Pennsylvania	January 2014

GRANTS

Active

National Institute of Health (NIH) Loan Repayment Program <i>Digital Technology to Improve Mental Health Equity for Adolescents with Internalizing Problems</i> Role: Principal Investigator Funding Period: July 2023 to June 2025	
National Institute of Mental Health (NIMH) Diversity Research Supplement <i>iKinnect2.0 for Juvenile Justice-Involved Youth at Risk for Suicide: Equitable Engagement and Commercialization</i> Role: Recipient/Principal Investigator of the Diversity Supplement Funding Period: July 2023 to May 2024 Amount: \$189,710	
APA Division 53 SCCAP Child Mental Health in Action <i>Improving the Cultural and Contextual Mental Health Help-Seeking Process for Black Adolescents: The Role of Digital Technology</i> Role: Principal Investigator Funding Period: January 2023 to December 2024 Amount: \$25,000	

AIR Equity Initiative, Educational Equity Through Policy Implementation
“Participatory Evidence Synthesis on Social and Emotional Learning (SEL) Programs and Strategies”
Role: Consultant
Funding Period: June 2022 to March 2025

Complete

LSU Department of Psychology Graduate Student Strategic Research Grant
“School Crisis Response and Mental Health During a Global Pandemic: Racial/Ethnic Differences Amongst Parents and Elementary Aged Children.”
Role: Principal Investigator
Funding Period: July 2020 to June 2021
Amount: \$890

Submitted/Under Review

National Institute of Health (NIH) K23 Mentored Patient-Oriented Research Career Development Award
A Web-Based Tool to Promote Mental Health Support and Service Utilization for Black Adolescents
(#GRANT13912366)
Role: Principal Investigator

PUBLICATIONS

Murry, V. M., Nyanamba, J. M., Hanebutt, R., Debreaux, M., Gastineau, K. A. B., & **Goodwin, A. K. B.** (in press). Critical Examination of Resilience and Resistance in African American Families: Adaptive Capacities to Navigate Toxic Oppressive Upstream Waters. *Development and Psychopathology*.

Goodwin, A. K. B., Roberson, A. J., Watson, A., Chen, G. L., & Long, A. C. J. (2023). The Impact of COVID-19, Mental Health Distress, and School-Based Sociocultural Protective Factors among Elementary-Aged Children and their Caregivers. *School Psychology International*, 44(2), 154–171.
<https://doi.org/10.1177/01430343221128192>

Goodwin, A. K. B. & Long, A. C. J. (2023). The Role of Parents' Perceptions of Culturally Responsive Teacher Practices on Elementary Children's Mental Health and Well-Being. *Journal of Child and Family Studies*, 32, 781–795. <https://doi.org/10.1007/s10826-022-02454-3>

Goodwin, A. K. B., Chen, G. L., & Long, A. C. J. (2021). Mental health, well-being, and help-seeking in schools among black adolescents: The role of discrimination in high-achieving academic settings. *Psychology in the Schools*, 58(9), 1690–1707. <https://doi.org/10.1002/pits.22523>

Noell, G. H., Donaldson, J. M., Gansle, K. A., Bradley, R. L., **Goodwin, A. K.**, Larson, E., Richard, P. R., Upright, J. J., Lark, C. R., Moore, K. L., & Bordelon, A. E. (2019). Developing helping behavior in young children through multiple exemplar training. *Behavioral Development*, 24(1), 6-17.
<http://dx.doi.org/10.1037/bdb0000083>

Under Review/Submitted

Knox, J., Lawson, T. K., **Goodwin, A. K. B.**, & Golden, A. (submitted). *What is the State of Cultural Responsiveness in Teachers? A Latent Profile Approach*.

Choe, D., Long, A. C. J., **Goodwin, A. K. B.**, & Inabnett, M. S. (submitted to the editor). Culturally Responsive Teaching in Psychology Graduate Programs: Consideration for Race and Ethnicity. In E.

- A. Yu, E. C. Chang & A. G. Lucas (Eds.), *Positive Mentoring, Teaching, and Supervision in Multicultural Contexts*. Springer.
- Scardamalia, K., **Goodwin, A. K. B.**, Schaeffer, C., Bekele, Y., & Hoover, S. (submitted). *How do School Resource Officers Perceive Their Role in Schools and Approach Their Work? A Qualitative Analysis*.
- Goodwin, A. K. B.**, Long, A. C. J., Vasquez, J., Allouche, S., & Boatner, K. (revising manuscript for resubmission). "They Are Aware, They Choose To Ignore It": *The State of Culturally Responsive School Practices Through The Lens of Parents*.

PRESENTATIONS

Invited

Goodwin, A. K. B. (2023, July). *Addressing Mental Health in Schools for Internalizing Adolescents Through a Culturally Responsive Lens*. Invited workshop presentation at the National Student Safety and Security Conference & Workshop, New York, NY.

Brown, K., **Goodwin, A. K. B.**, Ellison, C., & Calvert, J. (2023, July). *School Safety: Different Perspectives*. Invited panel presentation at the National Student Safety and Security Conference & Workshop, New York, NY.

Goodwin, A. K. B. & Lease, J. (2022, June). *Cultural Responsiveness, Anti-Racism, and Equity (CARE) Best Practices in School Mental Health - Early Intervention and Treatment in Schools (Tiers 2 & 3)*. Invited presentation with the National Center for School Mental Health, Virtual.

Goodwin, A. K. B. (2021, February). *Addressing Mental Health in Schools in Our Current Times Through a Culturally Responsive Lens*. Invited presentation for the Florida Department of Education with Florida State University Multidisciplinary Center, Virtual.

Papers

Goodwin, A. K. B. (accepted). *Culturally Responsive Practices in Schools Through The Lens of Parents and Caregivers*. In A. K. B. Goodwin (Chair). The Current State of Cultural Responsiveness: Teacher, Student, and Parent Perspectives. Symposium presentation at the 2023 Annual Conference on Advancing School Mental Health, New Orleans, LA.

Vasquez, J., Long, A. C. J., & **Goodwin, A. K. B.** (2023, February). *Meta-Analysis of Cultural, Reinforcing, and Effective Secondary-Level Classroom Management Practices*. Paper presentation at the 2023 National Association of School Psychologists Convention, Denver, CO.

Goodwin, A. K. B., Roberson, T., Watson, A., Chen, G. L., & Long, A. C. J. (2023, February). *Alleviating Families' Mental Health Distress: School Sociocultural Resilience During COVID-19*. Paper presentation at the 2023 National Association of School Psychologists Convention, Denver, CO.

Goodwin, A. K. B. & Long, A. C. J. (2022, November). *Centering the Impact of COVID-19, School Discrimination, and Children's Mental Health in Minoritized Families*. In E. Roach (Chair) Assessing and Treating Race-Based Stress and Trauma in Youth of Color. Symposium presentation at the 2022 Annual Association for Behavioral and Cognitive Therapies Convention, New York, NY.

Goodwin, A. K. B. & Long, A. C. J. (2019, February). *Beyond Self-Report: Assessing Cultural Competence from the Perspective of Parents*. Paper presentation at the National Association of School Psychologists (NASP) Convention, Atlanta, GA.

Hamilton, M., **Goodwin, A. K. B** & Long, A. C. J. (2018, February). *Examining Teacher Multicultural Competence and Predictive Value to Student Outcomes*. Paper presentation at the NASP Convention, Chicago, IL.

Long, A. C. J., Renshaw, T. L., & **Goodwin, A. K. B.** (2017, February). *Classroom management in an urban, alternative school: A comparison of mindfulness and behavioral approaches*. Paper presentation at the NASP Convention, San Antonio, TX.

Posters

Bibbs, D., **Goodwin, A. K. B.**, Sun, Y., Schmidt, C., & Schaeffer, C. M. (2023, April). *Implementing the Strengthening Families Program in Maryland: Cultural Adaptations to Enhance Family Engagement*. Poster presentation at the University of Maryland, Baltimore Department of Psychiatry Research Day, Baltimore, MD.

* Won Dr. Pat McMahon Trainee Traditional Poster Award

Goodwin, A. K. B. & Long, A. C. J. (2022, October). *Parents' Perceptions of Culturally Responsive School Practices on Elementary Children's Mental Health and Well-Being*. Poster presentation at the 2022 Annual Conference on Advancing School Mental Health, Virtual.

Goodwin, A. K. B. & Long, A. C. J. (2020, November). *Adolescents' Experiences of Discrimination in High Achieving Settings: Internalizing Mental Health Risk and School Mental Help Seeking*. Poster presentation at the Annual Association for Behavioral and Cognitive Therapies Convention, Virtual.

Goodwin, A. K. B. & Long, A. C. J. (2019, February). *Towards Culturally Competent Practice in Schools: A Systematic Literature Review*. Poster presentation at the NASP Convention, Atlanta, GA.

Goodwin, A. K. B. & Knight, L. A. (2014, August). *The effects of parenting styles and family structure on the adjustment of college students*. Poster presented at the American Psychological Association (APA) Convention, Washington, D.C.

RESEARCH EXPERIENCE

Postdoctoral Fellow

August 2021 - June 2023

National Center for School Mental Health, University of Maryland School of Medicine, Baltimore, MD
Maryland Family and Youth Interventions for Substance Use (Maryland FYI)

Principal Investigators: Cindy Schaeffer, Ph.D., Nancy Lever, Ph.D.

Examine the cultural responsiveness of family, youth, and school-based interventions targeting substance use interventions, including the Strengthening Families Program for Maryland FYI. Implement brief cultural responsiveness training for community providers for Maryland FYI. Assist with grant writing for Maryland FYI, supporting tech-based interventions for adolescents with conduct and substance use concerns for Maryland FYI. Assist with qualitative coding and manuscript writing for Project ASSIST.

South Southwest Mental Health Technology Transfer Center (MHTTC) Network

Principal Investigator: Jill Bohnenkamp, Ph.D.

Disseminate school mental health training and technical assistance to school mental health coaches in the Texas network. Collaborate with the University of Texas Austin to disseminate school mental health and consultation resources.

Graduate Research Assistant

August 2016 - July 2021

Cultural Responsiveness and Implementation Science in Psychology (CRISP) Lab

Louisiana State University, Baton Rouge, LA

Led a project examining cultural responsiveness in schools during COVID-19. Assisted with the validation of a parent-report measure of cultural responsiveness in classrooms. Assisted with the school wellness project, which examined variables of mental health help-seeking and the screening and implementation of universal school mental health support in a high school. Assisted with data collection and direct observations for intervention research, including increasing praise and positive reinforcement in elementary classrooms and class-wide positive behavioral interventions in urban schools. Presented research at national conferences and prepared manuscripts.

Graduate Research Assistant

January - August 2017

Helping Behaviors in Young Children

Louisiana State University, Baton Rouge, LA

Principal Investigator: George Noell, Ph.D.

Implemented behavioral interventions and collected progress monitoring data as part of research studies on the emergence of helping behaviors in preschool children.

Undergraduate Independent Researcher

January 2013 - April 2014

Psychology Honors Program

Indiana University of Pennsylvania, Indiana, PA

Thesis Advisor: Laura Knight, Ph.D.

Created and implemented an independent research project examining the relationship between family dynamics, parenting styles, and college adjustment. Collected and analyzed the research data from college students. Presented the research thesis to my committee at the undergraduate research forum at IUP, and the American Psychological Association convention.

CLINICAL EXPERIENCE

Licensed Psychologist

July 2023 - Present

Child and Adolescent Outpatient Psychiatry Clinic, University of Maryland School of Medicine,
Baltimore, MD

Provide individual therapy to adolescents (ages 13-17) with mood, trauma, and behavior concerns. Consult and collaborate with the outpatient team of psychologists, psychiatrists, social workers, and licensed professional counselors. Utilized EPIC and MyChart. 12 hours per week.

Expanded School Mental Health Clinician

August 2021 - June 2023

School Mental Health Program, University of Maryland School of Medicine, Baltimore, MD

Supervisors: Tiffany Beason, Ph.D., Nancy Lever, Ph.D.

Provide individual counseling, crisis response, and school-wide preventative mental health services to students from a culturally responsive and strengths-based lens. Collaborate with the school leaders to assist with school needs, including school climate, trauma, behavioral support, and COVID-19 impact. Serve as a member of the school wellness team with the school social worker, school psychologist, school counselor, and school-community liaison. 24-30 hours per week for the 2021-2022 school year. 8-10 hours per week for the 2022-2023 school year.

Psychology Doctoral Intern

August 2020 - July 2021

Florida State University Multidisciplinary Evaluation and Consulting Center, Tallahassee, FL

Training Director: Lauren Hutto, Ph.D.

School-Based Assessment and Consultation

Supervisor: Shannon Bennett, Ph.D.

Completed psychoeducational evaluations aligned with educational eligibility. Conducted functional behavioral assessments for students with severe behavioral concerns. Participated in eligibility, IEP, and RtI

meetings. Provided academic and behavioral consultation with teachers and school personnel in classrooms and problem-solving teams. Provided didactic training to practicum students and school personnel.

School Mental Health Services

Supervisor: Amber Farrington, Ph.D.

Provided individual counseling and crisis response to general and special education middle school students. Consulted with school personnel regarding supporting school mental health clients in the classroom. Wrote integrated treatment reports and progress notes.

Autism and Attention Disorders Clinics

Supervisors: Anne Selvey, Ph.D.; Lauren Hutto, Ph.D.; Amber Farrington, Ph.D.

Completed comprehensive psychological and psychoeducational assessments for preschool and school-aged children suspected of having Autism Spectrum or Attention Disorders referred by preschools, school districts, CARD, pediatricians, and other state and community agencies. Trained in specialized instruments, including but not limited to the ADOS-2 and BOSA. Due to COVID-19, parent interviews and feedback are delivered via telehealth. Conducted a summer counseling group for children with emotional regulation concerns.

School Wellness Extern

August 2019 - May 2020

Lusher Charter School, New Orleans, LA

Supervisors: Jeffrey Chenier, Ph.D.; Anna C. J. Long, Ph.D.

Provided individual counseling, brief interventions, group counseling, and crisis response. Conducted parent workshops and teacher professional development trainings. Implemented the schoolwide Multi-Tiered System of Support (MTSS) for student mental health. Generated a 'School Mental Health and Wellness Initiative Service Delivery Guidebook' to ensure continuous implementation. Designed universal needs assessments, videos, and handouts during COVID-19. Conducted telehealth services during COVID-19. Completed 1 multidisciplinary evaluation. Served middle and high school students (ages 11-18). 16-20 hours per week.

Clinical Neuropsychology Practicum Student

June 2019 - May 2020

Louisiana State University Psychological Services Center, Baton Rouge, LA

Supervisor: Matthew Calamia, Ph.D.

Completed 8 comprehensive psychological and psychoeducational assessments with adolescents, undergraduate, and graduate students (ages 16-26). 8-10 hours per week.

Evaluation Coordinator/School Psychology Extern

July 2018 - May 2019

KIPP East Community Primary, New Orleans, LA

Supervisors: Anna C. J. Long, Ph.D.; Ann Dettman, LSSP, SSP

Completed 14 multidisciplinary evaluations and re-evaluations for preschool and elementary students. Consultation on multidisciplinary teams with parents, teachers, a speech/language pathologist, occupational therapist, a physical therapist, a nurse, and a medical psychologist. Led a counseling group with two elementary students. Provided individual counseling. 16-20 hours per week.

Pediatric Psychology Extern

June 2017 - September 2018

Baton Rouge Clinic, Baton Rouge, LA

Supervisor: Mary Lou Kelley, Ph.D.

Completed 6 psychological and 18 psychoeducational evaluations. Conducted individual therapy and parent training sessions. Consulted with pediatricians. Utilized EPIC and MyChart. Served children, adolescents, and college students (ages 4-20). 8-10 hours per week.

Psychology Extern

May - August 2018

Evergreen Life Services, Ponchatoula, LA

Supervisor: Daniene Neal, Ph.D., BCBA, LBA

Conducted 6 psychological re-evaluations for adults with severe developmental disabilities. Provided behavioral consultation to home care providers.

School Psychology Extern

August 2017 - May 2018

LSU Early Childhood Education Laboratory Preschool, Baton Rouge, LA

Supervisor: Anna C. J. Long, Ph.D.

Conducted functional behavioral assessments. Provided behavioral consultation to teachers, parents, and administrators. Delivered individual behavioral interventions. Served preschool children (ages 2-5) from diverse racial, ethnic, and linguistic backgrounds. 10 hours per week.

School Psychology Extern

August 2016 - May 2017

Celerity Charter School, Baton Rouge, LA

Supervisors: Amy Bertucci, M.A., NCSP; Anna C. J. Long, Ph.D.

Conducted 1 multidisciplinary assessment for a student with severe visual impairment. Provided teacher consultation for student and classroom behavioral supports. Consulted with a social worker, speech-language pathologist, occupational therapist, school nurse, and adaptive physical education teachers. Served elementary and middle students (ages 6-12). 10 hours per week.

SUPERVISORY EXPERIENCE

Intern Supervisor

July 2023 - Present

VAMHCS/UM SOM Psychology Internship: School Mental Health Track

University of Maryland School of Medicine, Baltimore, MD

Provide individual supervision to one clinical/community psychology doctoral student with the APA-accredited VAMHCS/UM SOM Psychology Internship School Mental Health Track. Supervise individual and group therapy caseload, school-based consultation, mental health prevention activities, and school-based meetings for a Baltimore City high school.

Therapy Supervisor

July 2023 - Present

VAMHCS/UM SOM Psychology Internship: School Mental Health Track

University of Maryland School of Medicine, Baltimore, MD

Provide individual supervision for the individual therapy caseload of one psychiatry fellow student in the Child and Adolescent Outpatient Psychiatry Clinic.

Task Supervisor

September 2021 - May 2022

School Mental Health Program, University of Maryland School of Medicine, Baltimore, MD

Supervisor: Tiffany Beason, Ph.D.

Provided tiered supervision to a clinical psychology doctoral student who provided individual therapy, classroom presentations, restorative justice supports, and school consultation within a Baltimore City high school.

Supervision of Other Students

October 2020 - August 2021

Florida State University Multidisciplinary Center, Tallahassee, FL

Supervisor: Shannon Bennett, Ph.D.

Provided individual and group supervision to 3 master's level school psychology students. Supervised school-based psychoeducational evaluations and curriculum-based assessments; school-based consultation; intervention design and implementation, and school-based meetings. Provided live supervision to 1 doctoral-level clinical psychology student during group therapy.

Peer Supervisor <i>Family Behavioral Health Center</i> , Baton Rouge, LA <i>Supervisor:</i> Anna C. J. Long, Ph.D. Provided live supervision for a junior student during parent training sessions for childhood anxiety.	November 2019 - March 2020
Peer Supervisor <i>LSU Psychological Services Center</i> , Baton Rouge, LA <i>Supervisor:</i> Matthew Calamia, Ph.D. Supervised and assisted junior psychology graduate students during intake and semi-structured interviews, including the DIVA and ADIS.	September 2019 - March 2020
Peer Supervisor <i>KIPP East Community Primary</i> , New Orleans, LA <i>Supervisor:</i> Anna C. J. Long, Ph.D. Edited psychoeducational evaluation reports written by junior psychology graduate students. Assisted with case conceptualization and treatment planning. Supervised psychoeducational assessments, intake and feedback meetings, and eligibility report writing.	January - May 2019

TEACHING EXPERIENCE

Instructor of Record Psychological Counseling, Department of Psychology, Louisiana State University, Baton Rouge, LA. Class size: 20. Instructor evaluation: 4.7/5.	Summer 2019
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RELATED EMPLOYMENT EXPERIENCE

Behavior Technician <i>Behavior Interventions Inc.</i> , King of Prussia, PA Provided ABA and verbal behavior (VB) interventions, PECS training, and social skills training for children (ages 2-5) in home and preschool settings.	June 2015 - June 2016
Special Education Classroom Assistant <i>Myers Elementary School</i> , Cheltenham, PA Provided support to the special education teacher for elementary school children with autism and other developmental delays. Utilized ABA and verbal behavior (VB) interventions to increase communication, decrease problem behaviors, and comply with IEP goals.	September 2014 - June 2015
Undergraduate Practicum Student/Substitute Teacher <i>Indiana County Head Start</i> , Homer City, PA Assisted lead teachers with preschool students with Autism, speech disorders, and behavioral concerns.	January - May 2014

PROFESSIONAL SERVICE

Ad Hoc Reviewer
Psychology in the Schools (6 reviews)
School Psychology (4 reviews)
Journal of Child and Family Studies (1 review)
Journal of Medical Internet Research (3 reviews)
Marriage & Family Review (1 review)
Assessment for Effective Intervention (1 review)

School Psychology International (*1 review*)

Conference Proposal Reviewer

Annual Conference on Advancing School Mental Health	2022, 2023
American Psychological Association Division 16	2021, 2022
National Association of School Psychologists	2017-2022

Community Service

Black in Psych Leadership Team: Director of Public Relations	2022-Present
NextGen Psych Scholars Program Mentor	2022-2023
Psychin' Out Psychology Mentor	2021-2023
National Association of School Psychologist Workshop Monitor	2019

University Service

Advancing School Mental Health Pre-Conference Support	2023
ASK Model for Cultural Responsiveness Training Co-Facilitator	2022
NCSMH Diversity, Equity, Inclusion, and Accessibility Meeting Co-Facilitator	2022
Committee on Diversity and Outreach in Psychology Student Member	2018-2020

SPECIALIZED TRAINING

Trauma-Focused Cognitive Behavior Therapy (TF-CBT) Online Training	2023
Introduction to DBT Informed Counseling Strategies	2022
ARC-Trauma Treatment for Children and Adolescents	2022
Cognitive Behavioral Intervention for Trauma in Schools (CBITS) Racial Trauma Training	2022
Botvin LifeSkills Training	2022
Strengthening Families Program	2021
Suicide Prevention and Postvention Strategies for Mental Health Providers	2020
Skills for Psychological Recovery (SPR) Online Training	2020
Psychological First Aid (PFA) Online Training	2020
Trauma-Focused Cognitive Behavior Therapy (TF-CBT) Online Training	2019
Cognitive Behavioral Intervention for Trauma in Schools (CBITS) Training	2019
Trauma-Grief Component Therapy for Adolescents (TGCT-A) Training	2019
Dialogue on Race Facilitator Training	2016
Psychological First Aid for Schools Training	2016

PROFESSIONAL AFFILIATIONS

Member, Association of Behavioral and Cognitive Therapies

Member, American Psychological Association

Member, Psi Chi: The International Honor Society in Psychology