

## **CURRICULUM VITAE**

**STEVEN ROSS GAMBERT, M.D., A.G.S.F., M.A.C.P.**

Professor of Medicine and Surgery (Tenured)  
Associate Chair for Clinical Program Development  
Director of Medical Student Programs  
Department of Medicine  
University of Maryland School of Medicine

Director of Geriatric Medicine  
R Adams Cowley Shock Trauma Center  
University of Maryland Medical Center

Medical Director of the Office of Development  
University of Maryland School of Medicine

and

Professor of Medicine  
Division of Gerontology and Geriatric Medicine  
The Johns Hopkins University School of Medicine

**Date:** January 2024

### **CONTACT INFORMATION**

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Medical Center, 22 South Greene Street Room  
N3E09, Baltimore, MD 21201

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### **EDUCATION**

University College, New York University Bronx, New York - AB with Honors in Biology	1971
Columbia University College of Physicians and Surgeons New York, New York - MD	1975
Physician-Executive Leadership Program	7/97

Wharton School, University of Pennsylvania  
Specialization: Negotiation, Finance, and Development

### **POST GRADUATE EDUCATION AND TRAINING**

Medical Resident, Dartmouth Affiliated Hospitals 1975-77  
Hanover, New Hampshire

Fellow in Medicine (Endocrinology and Metabolism) 1977-79  
Harvard Medical School, Beth Israel Hospital  
Boston, Massachusetts

Gerontology Research/Geriatric Medicine Training Program 1977-79  
Center on Aging, Harvard Medical School/Beth Israel Hospital  
Boston, Massachusetts

### **BOARD CERTIFICATION**

Diplomate, National Board of Medical Examiners 1976  
Diplomate, American Board of Internal Medicine 1978  
Board Eligible in Endocrinology and Metabolism 1979  
ABIM, Board Certified in Geriatric Medicine 1988  
Certified Clinical Densitometrist, International Society for  
Clinical Densitometry (ISCD) 2002

### **MEDICAL LICENSURE**

Wisconsin, Inactive  
New York, Inactive  
New Jersey, Inactive  
Maryland, Active (D0054005; exp date 9/30/2024) 1997-present

### **ACADEMIC APPOINTMENTS**

#### The Medical College of Wisconsin, Milwaukee, Wisconsin

Assistant Professor of Medicine 1979-1981  
Associate Professor of Medicine 1981-1983  
Associate Professor of Physiology 1981-1983

#### Marquette University School of Dentistry, Milwaukee, Wisconsin

Associate Adjunct Professor of Preventive Dentistry & Comm. Health 1983

New York Medical College, Valhalla, New York

Professor of Medicine (Granted Tenure, 1987) 1983-1997  
Professor of Gerontology, Graduate School of Health Sciences 1989-1997

University of Medicine and Dentistry of New Jersey-New Jersey Medical School

Professor of Medicine (Granted Tenure 1997) 1997-1998

Johns Hopkins University School of Medicine

Professor of Medicine 1998-present

University of Maryland School of Medicine

Professor of Medicine and Surgery 2009-present  
(Tenure granted July 1, 2013)

Miscellaneous:

Faculty of the Brookdale Center 1987-1997  
Brookdale Center on Aging of Hunter College  
New York, New York

Honorary Professor, Clinical Associate Faculty 1988-1997  
School of Health Sciences, Ithaca College  
Ithaca, New York

**PROFESSIONAL SOCIETY MEMBERSHIPS**

American College of Physicians  
Member, ACP 1979-1981  
Fellow, ACP 1981-2007  
Master, ACP 2007-present

American Geriatrics Society  
Member, AGS 1979-1983  
Fellow, AGS 1983-present

Gerontological Society of America  
Member, GSA 1980-1983  
Fellow, GSA 1983-present

American Federation for Clinical Research  
Member 1980-1997

Councilor, AFCR	1981-1984
Scientific Council, AFCR	1981-1991
American Association for the Advancement of Science	1980-1997
American Medical Association	1981-1983
The Medical Society of Milwaukee County	1981-1983
State Medical Society of Wisconsin	1981-1983
Milwaukee Academy of Medicine	1981-1984
Society for Experimental Biology and Medicine	1981-1997
The Endocrine Society	1981-2009
American Aging Association	
Member	1983-1998
President, AAA	1985-1986
Fellow (Charter), AAA	1990- 2010
Central Society for Clinical Research	1983-1997
Westchester County Medical Society	1984-1992
Fellow, Westchester Academy of Medicine	1984-1997
Fellow, New York Academy of Medicine	1984-2000
Chairman, Geriatrics Section	1986-1987
Chairman, Admissions Committee	1990-1991
Member, Byram Hills District School Board, North Castle, NY	1991-1998
President, Byram Hills District School Board	1996-1997
American Public Health Association	1987-1997
American Diabetes Association Education and Health Care Council	1989-1997
State Society on Aging of New York	1994-1997
American College of Physician Executives	2003-2009
Association of Professors of Medicine	2007-2009
Baltimore City Medical Society	2006-2020
Chairman, Professional Education Committee	2006-2010
Secretary	2008
Vice-President	2009
President-Elect	2010
President	2011
Maryland Geriatrics Society	2010-present
Co-Chairman	2010-2014

### **AWARDS AND HONORS**

Member of Bristol Pre-Medical Honor Society, NYU	1969-1971
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President, Bristol Pre-Medical Honor Society, NYU	1970-1971
Rockefeller University Honors Program, (Lipid Metabolism)	1971
George Wiley Prize in Biology, New York University	1971
Joseph Goldberger Research Fellowship, American Medical Association, Metabolic Unit of the University of Vermont, Burlington, Vermont	1974
American Medical Association Physicians Recognition Award	1979-1999
Geriatric Medicine Academic Award National Institute on Aging	1982-1989
Listed in "American Men and Women of Science"	1982
Elected Member, Iota Chapter, New York Medical College Alpha Omega Alpha Medical Honor Society	1987-1998
Member, Alpha Omega Alpha Medical Honor Society Johns Hopkins University Chapter	1998-present
Marshall, New York Medical College Graduation	1987,1988, 1992
Vice-President, International Association of Biomedical Gerontology	1987-1989
Listed in "Men of Achievement"	1988
Listed in Who's Who in Medicine and Health	1990
Listed in American Men and Women of Science	1994
Recipient of the Joseph T. Freeman Award, The Gerontological Society of America	1994
Recipient of Laureate Award, ACP, New York Chapter	1996
Listed in "The Best Doctors in America", National American Health Journal Physician Survey	1996
Listed in Baltimore Magazine - Best Physicians in Baltimore	2000, 2011, 2012, 2016
Listed in Castle-Connolly Guide: America's Top Doctors	2000-2023
Recipient of the C. Lockard Conley Award for Excellence in Resident Teaching, Maryland Chapter, American College of Physicians	2009
Distinguished Service Award Baltimore City Medical Society	2009
Super (Top) Doctors: Washington DC-Baltimore-Northern Virginia	2011- 2016
Listed in US News and World Report, America's Top Doctors	2011-2014
Invited Keynote Speaker, White Coat Ceremony, University of Maryland School of Medicine	2011
Faculty Teacher of the Year Award, Department of Medicine University of Maryland School of Medicine, Division of Gerontology and Geriatric Medicine	2012, 2015,2016
Listed in "The Best Doctors in America" (Selected by national peers)	2017-2018
Columbia University Vagelos College of Physicians and Surgeons Alumni Association's Gold Medal for Outstanding Achievement in Clinical Medicine	2024

### **CLINICAL ACTIVITIES**

Staff Physician, Beth Israel Hospital Evening Ambulatory Care Clinic, Boston, Massachusetts	1977-1979
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Emergency Room Staff, Glover Memorial Hospital, Needham, Massachusetts	1977-1979
Emergency Room Staff, Winchester Hospital, Winchester, Massachusetts	1977-1979
Emergency Room Staff, Framingham Union Hospital Framingham, Massachusetts	1978-1979
Medical Attending, General Medical Service, Milwaukee County Medical Center and Wood VA Medical Center	1979-1983
Medical Attending VA Nursing Home Care Unit, Wood VA Medical Center	1979-1983
Medical Attending, Westchester Medical Center	1983-1994
Medical Attending, Ruth Taylor Geriatric and Rehabilitation Institute	1983-1993
Attending, Geriatric Outpatient Services and Consultation Team, New York Medical College and Westchester Medical Center	1983-1996
Medical Attending, General Medical Service, University Hospital, Newark, N.J.	1997-8/98
Medical Attending, General Internal Medicine Service, Sinai Hospital of Baltimore	1998-2009
Medical Attending University of Maryland Medical Center R. Adams Cowley Shock Trauma Center	2009-present
Medical Attending, Baltimore VA Medical Center	2009-2014
Research Investigator, Baltimore GRECC and University of Maryland Claude D. Pepper Older American Independence Center	2009-present
Head, Division of Gerontology and Geriatric Medicine (Interim) Department of Medicine University of Maryland School of Medicine	2015-2021

## **ADMINISTRATIVE SERVICE**

### **Institutional Service:**

The Medical College of Wisconsin, Milwaukee, WI

Interdepartmental Geriatrics Committee	1979-1980
Chairman, Education Committee on Geriatrics and Gerontology	1979-1980
Director, Gerontology and Geriatrics Service, Department of Medicine	1979-1983
Interdepartmental Nutrition Committee	1979-1983
Executive Committee, Department of Medicine	1980-1983
Resident Recruitment and Curriculum Committee, Dept of Medicine	1980-1983
Director of Geriatric Education and Research, Gerontology Office	1980-1983
Director, Fellowship Program in Geriatric Medicine	1980-1983
Chairman, Interdepartmental Geriatric and Gerontology Group	1980-1983
Acting Chief, General Internal Medicine Section, Dept of Medicine	1981-1981

University of Wisconsin, Madison, WI

Long-Range Planning for CME in Geriatrics	1981-1983
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Zablocki (Wood) VA Medical Center, Milwaukee, WI

Interdepartmental Gerontology Committee	1979-1980
Chief, Geriatrics Section Medical Service	1979-1983
Medical Director, VA Nursing Home Care Unit	1979-1983
Animal Studies Sub-Committee	1980-1983
Nutrition Committee	1980-1983
Domiciliary Council	1980-1983
Chairman, Interdepartmental Gerontology Committee	1980-1983
Co-Director, Gerodontology Fellowship Program, VA Central Office	1982-1983
Long-Term Care Task Force, Medical District Initiated Planning Process (MEDIPP), VA Central Office	1982-1983

New York Medical College, Valhalla, NY

Director, Division of Gerontology and Geriatric Medicine	1983-1994
Director, Geriatric Outpatient Services and Consultation Team New York Medical College and Westchester Medical Center	1983-1996
Department of Medicine Committee on Evaluation Clinical Competence	1983-1996
Director, Center for the Study of Aging and Health Promotion Chairman, Internal Advisory Body	1983-1997
Director, Fellowship Program in Geriatric Medicine 1984-1985	
Graduate Medical Advisory Committee	1984-1996
Curriculum and Education Committee	1984-1997
Committee for Innovative Program Development	1984-1990
Veterans Administration Hospital Liaison Committee	1985-1990
Chairman, Committee for 3rd & 4th Year Curriculum	1985-1987
Member, Committee for Primary Care Studies	1985-1997

Member, Faculty Senate	1985-1990
Member, Executive Committee, Faculty Senate	1985-1989
Chairman, Curriculum and Education Committee	1986-1996
Member, Alternate Pathway Promotions Committee	1985-1996
Member, Committee on Ethics and Human Values	1987-1996
Member, Search Committee for Department of Medicine Chairman Metropolitan Hospital	1987-1988
Member, Search Committee for Psychiatry Chairman	1988-1989
Director, Gerontology Tract, MPH Program, Graduate School of Health Sciences, New York Medical College	1989-1997
Chairman, Search Committee for Chief of Medicine	1990-1991
Franklin Delano Roosevelt VA Medical Center	
Member, Search Committee for Chairman	1990-1991
Department of Medicine, New Rochelle Hospital	
Associate Dean for Academic Programs	1991-1997
Member, Medical Education Committee, Medical Education Consortium	1991-1997
Chairman, Special Needs Committee, Medical Education Consortium	1991-1993
Chairman, Education Committee, LCME Self-Study	1992-1993
Chairman, Wage and Benefits Committee	1992-1993
Member, Continuing Medical Education Committee	1992-1997
Member, LCME Review Task Force and Steering Committee	1992-1993
Chairman, LCME Review Committee for Educational Program for MD Degree	1992-1993
Member, Operational Task Force, Robert Wood Johnson Generalist Physician Initiative Grant	1992-1994
Member, Education Committee for Primary Care/Generalist Initiative	1993-1994
Member, School Development Committee for Managed Care Programs	1993-1994
Chairman, Faculty Education Subcommittee, School Development Committee for Managed Care	1993-1994
Member, Contract Guidelines and Principles Committee	1993-1994
School Development Committee for Managed Care Programs	1993-1994
Executive Vice-Chairman, Department of Medicine	1993-1994
Chairman, Research Committee	1993-1995
Chairman, Finance and Billing Committee	1993-1996
Chairman, Academic Program Committee	1993-1996
Chairman, Clinical Services Committee	1993-1996
Co-Director, Menopausal Health Program and Osteoporosis Center	1993-1996
Chairman (Acting), Department of Medicine	1994-1996
Director, Division of Medical Education, Department of Medicine	1994-1996
Member, Governing Council, Medical Faculty Health Alliance (MFHA)	1994-1996
Member, Contract Review Committee, MFHA	1994-1996
Member, Finance Committee, MFHA	1994-1996
Member, Primary Care Curriculum Subcommittee	1994-1997
Member, Admissions Committee	1995-1997



Ruth Taylor Geriatric and Rehabilitation Institute, Valhalla, NY

Chief of Medical Services/Chief Medical Officer	1983-1993
Executive Committee	1983-1993
Research Committee (Chairman)	1983-1993
Infection Control Committee	1983-1987
Safety Assurance Committee	1983-1987
Medical Nursing Committee	1983-1993
Patient-Care Policy Committee	1983-1993
Admissions Committee	1983-1992
Pharmacy Committee (Chairman)	1983-1987
Nutrition Committee (Co-Chairman)	1983-1987
Policy Review Committee	1983-1993
Multidisciplinary Care Committee	1985-1993
Quality Assurance Committee	1989-1993

Westchester County Medical Center, Valhalla, NY

Director, Geriatric Medicine	1983-1994
Research Protocol Review Committee	1984-1989
Infection Control and Safety Committee	1984-1990
Ambulatory Care Committee	1984-1991
Chairman, Geriatrics Committee	1984-1997
Committee on Governance of WCMC	1984-1985
WCMC Annual Ball Committee	1984-1989
Chairman, Research Protocol Review Committee	1985-1989
Bioethics Committee	1985-1997
Chairman, Ad Hoc Autopsy Committee	1989-1990
Director of Medicine, Department of Medicine	1994-1996

St. Cabrini Nursing Home, Dobbs Ferry, NY

Member, Quality Assurance Committee	1985-1987
Member, Long Range Planning Committee	1985-1996
Chairman, Quality Assurance Committee	1986-1996
Chairman, Medical Director Search Committee	1987-1989

New York Academy of Medicine

Chairman, Geriatrics Committee	1986-1987
Geriatric Health Subcommittee, Committee on Public Health	1986-1992
Member, Admissions Committee	1988-1991
Member, AID's Curriculum Committee	1988-1989
Member, Program Committee	1990-1991
Member, Advisory Board, Hudson Valley Long-Term Care	1991-1996
Ombudsman Program	1991-1993

Byram Hills School District

Member, Curriculum Committee	1989-1991
Member, School Board	1991-1998
President, School Board	1996-1997
Member, Committee on Health Education and AIDS Curriculum	1992-1993

UMDNJ-New Jersey Medical School, Newark, NJ

Member, Department of Medicine Executive Committee	1997-1998
Chairman, Medicine Residency Curriculum Committee	1997-1998
Member, Medicine Clinical Practice Guideline Development Committee	1997-1998
Chairman, Computer Assisted Education Committee	1997-1998
Vice Chairman for Academic Affairs, Department of Medicine	1997-1998
Director, Introduction of Clinical Science and Clinical Skills Courses	1997-1998
Director, Introduction to Clinical Sciences Course (ICS)	1997-1998
Member, Graduate Medical Education Committee	1997-1998
Chairman, ICS Faculty Committee	1997-1998
Member, Academic Policies and Procedures Committee, Pre-Clinical and Clinical Subcommittees	1997-1998
Member, Clinical Practice Guideline Development Committee	1997-1998

Johns Hopkins University School of Medicine, Baltimore, MD

Director, JHU/Sinai Hospital Residency Program in Internal Medicine	1998-2009
Coordinator, JHU/Clinical Clerkship in Medicine/Sinai Hospital	1998-2009
Department of Medicine Appointments & Promotions Committee	1999-2009
Johns Hopkins University-Sinai Hospital Long-range Planning Committee	1999
Member, JHU Graduate Medical Education Committee	2004-2009

Sinai Hospital of Baltimore/LifeBridge Health System, Baltimore, MD

Chairman, Department of Medicine and Physician-in-Chief	1998-2008
Member, Medical Executive Committee	1998-2008
Board of Trustees Advisory Committee	1998-2008
Chair, Community Physician Advisory Board	1998-2008
LifeBridge Institutes for Successful Aging Steering Committee	1998-2000
Chairman, Resource Utilization Review and Length of Stay Review Committee	1998-1999
Member, Continuing Medical Education Committee	1998-2008
Member, Graduate Medical Education Committee	1998-2009
Member, Clinical Competency Committee, Internal Medicine Residency Program, Johns Hopkins/Sinai Hospital	1998-2009
Chairman, Department of Medicine Executive Committee	1998-2008
Chairman, Clinical Practice Guideline Development Committee	1998-2008
Member, Chiefs Leadership Council	1998-2008

Chairman, Complementary Medicine Oversight Committee	1998-2000
Member Search Committee for Chair of Pathology	1999
Member Search Committee for Chair of Surgery	1999
Advisory Board Member, Center for Bone Health	1999-2009
Advisory Board Member, Diabetes Care Center	1999-2009
Chairman, Clinical Resource Management Committee	1999-2002
Member, LifeBridge Health and Fitness Medical Advisory Board	2000-2008
Chairman, Anesthesia Chairman Search Committee 2000-2001	
Member, Risk-Management Committee	2000-2008
Chairman, Documentation Management Committee	2000-2008
Member, Pediatric Chairman Search Committee	2001-2002
Member, Administrative Research Review Board	2002-2008
 <u>Baltimore City Medical Society, Baltimore, MD</u>	
Member, Legislative Committee	2002-2008
Chairman, Committee on Professional Education	2005-2009
Member, Board of Directors	2006-2014
Secretary	2008
Vice-President	2009
President-Elect	2010
Chairman of Health, Education, and Legislative Committee	2010-2011
President	2011
 <u>University of Maryland School of Medicine (SOM) and Medical Center</u>	
Associate Chair for Clinical Program Development, Department of Medicine	2009-present
Director of Geriatric Medicine, University of Maryland Medical Center	2009-2021
Director of Geriatric Trauma Program, R Adams Cowley Shock Trauma Center	2009-present
Co- Director, Division of Gerontology and Geriatric Medicine	2009-2015
Member, Executive Council R Adams Cowley Shock Trauma Center	2009-2021
Member, Ethics Committee, University of Maryland Medical Center	2009-2011
Member, Advisory Committee, Geri-Ed Programs, University of Maryland Baltimore	2009-2021
Faculty Advisor, Medical Student Geriatric Interest Group	2010-2021
Member, External Advisory Committee, Baltimore GRECC	2010-present
Member, Clinical Years Committee, SOM	2010-2017
Member, Curriculum Coordinating Committee SOM	2010-2017
Member, Medical Student Advancement Committee SOM	2010-2017
Member, First and Second Year Curriculum Committee SOM	2011-2017
Director of Medical Student Programs, Department of Medicine	2010-present
Chairman, Department of Medicine Education Committee	2010-2023
Director, Medicine Clerkship SOM	2010-2017
Elected Member, Faculty Senate, University of Maryland Baltimore	2010-13, 2019-22
Member, Peer Review Committee, R Adams Cowley Shock Trauma Center	2010-2021

Elected Member, Medical Executive Committee, University of Maryland Medical Center	2010-2011
Interviewer, Admissions Committee, SOM	2010-2013
Co-Director, Introduction to Clinical Skills (Second Year) Course SOM	2011-2016
Member, University of Maryland Center for Research on Aging Leadership Committee	2011-present
Faculty Advisor, University of Maryland Medical Student Chapters AMA/MedChi (Maryland State Medical Society) and ACP	2011-2017
Member, Department of Medicine Peer Review Committee	2011-present
Chairman, Geriatric Guidelines and Development Committee R Adams Cowley Shock Trauma Center	2009-2021
Elected Member, University of Maryland School of Medicine Faculty Council	2012-14, 2020-22
Elected Alternate Member, University of Maryland School of Medicine Executive Committee	2015-2017
Director, Division of Gerontology and Geriatric Medicine, Department Of Medicine, SOM (Interim)	2015-2021
Member, Internal Advisory Committee, University of Maryland Claude D. Pepper Older American Independence Center (UM-OAIC)	2016-present
Director of Evaluation, Research Education Core-UM-OAIC	2016-2020
Medical Director of the Office of Development, SOM	2019-present

Other:

Director, Geriatrics Service, Department of Medicine Milwaukee County Medical Complex	1979-1983
Member, Advisory Committee Bethel Methodist Home, Ossining, New York	1988-1993
Physician Advisor, John Hancock Mutual Life Insurance Company	1989-1996
Co-Director, The Hudson Valley Alzheimer's Disease Assistance Center, New York	1989-1998
President, Medical Research Associates, PC (120 Member Multi-specialty Medical Practice)	1993-1996
President, Medical Business Associates (A Physician Management and Billing Company)	1993-1996
Chairman, Medical Advisory Board, Diabetes Treatment Center at St Agnes Hospital, White Plains, New York	1994-1996

**Local Service**

Consultant, Medical Advisory Committee, Visiting Nurse Association of Milwaukee, Milwaukee, Wisconsin	1981-1983
Medical Consultant, State of Wisconsin, Department of Health and Social Services	1981-1983
Moderator, "To Better Health - Monthly Public Television Series for the Elderly"	1982-1983
Co-Course Director, 1992 MKSAP IX American College of Physicians Review Program New York City	1991-1992
Member, Byram Hills School District School Board	1991-1998
President, Byram Hills School Board	1996-1997
Course Director, MKSAP Review Program, ACP New York	1994-1996
"Expert Consultant", Office of Professional Medical Conduct State of New York, Department of Health\	1994-1997
Chairman, Professional Education Committee Baltimore City Medical Society	2004-2011
Member, Board of Directors, Baltimore City Medical Society	2006-2014
Secretary, Baltimore City Medical Society	2008-2009
Vice-President, Baltimore City Medical Society	2009-2010
President-Elect, Baltimore City Medical Society	2010-2011
President, Baltimore City Medical Society	2011-2012
Member, Medical Society of State of Maryland Legislative Committee	2000-2011
Member, Medical Society of State of Maryland Health Economics and Quality Committee	2009-2013
Member, Medical Society of State of Maryland Membership Committee	2010-2013
Member, Medical Society of State of Maryland Legislative Committee	2010-2013
Member, Baltimore City Medical Society Foundation Board	2011-2015
Faculty, Department of Judicial Education, State of Maryland	2016, 2018

**National Service**

Consultant, National Aging Research Planning Panel Five Year Plan for Aging Research	1981
Chairman, State Medical Society of Wisconsin	1981-1982
Vice-Chairman, State Medical Society of Wisconsin Committee on Aging and Extended Care	1981-1982
State of Wisconsin Task Force on Implementation on Swing Bed Programs	1981-1983
Membership Committee, American Federation for Aging Research	1981-1986
Chairman, State Medical Society of Wisconsin Committee on Aging and Long-Term Care	1982-1983
Milwaukee County Medical Society - Committee on the Needs of the Elderly	1982-1984

Chairman, Selection Committee for Walter Nicolai Prize: Biomedical Gerontology, American Aging Association	1982-1993
Member, Affiliations Committee, American Federation for Aging Research	1983-1987
Member, Statewide Aging Advisory Committee, New York State	1984-1987
Long-Term Care Case Mix Reimbursement Project Committee on Medical Colleges	1985-1989
American Geriatrics Society, Geriatrics Committee	1985-1990
Westchester County Medical Society Public Policy Committee	1985-1991
Chair, Section of Physical and Mental Health Northeastern Gerontological Society	1986
Member, National Faculty of the Core Content Review of Family Medicine	1987-1996
Member, Prostate Cancer Education Council	1989-1999
Secretary, North American Program Committee for the International Congress of Gerontology	1990-1993
Member, Selection Committee for Geriatric Gynecology Fellowship Program, American Federation for Aging Research	1993
Member, Committee on Medical Colleges Westchester County Medical Society	1993-1994
Member, Development Committee for Computer Based Examinations, National Board of Medical Examiners	1994-1997
Member, Advisory Board, Golden Age Care Program Rye, New York	1994-1998
Member, ACGME Geriatric Fellowship Pre-Review Committee	1996-2000
Member, USMLE Step 3 Committee, National Board of Medical Examiners	1996-2001
Member, National Palliative Care Faculty For Diseases of Different Etiologies	1997-1999
Member, ACGME Internal Medicine Residency Review Committee's Pre-Review Committee	1997-2000
Member, Peer-Review Committee, Maryland Board of Physician Quality Assurance	1999-2000
Member, Over-60 Airline Pilot FAA Exemption Panel	1999-2001
Member, Medical and Chirurgical Society of Maryland	1999-2021
Member, Maryland State Medical Society's Legislative Committee	2000-2008
Member, Association of Program Directors in Internal Medicine Curriculum Task Force	2008-2009
Member, Maryland State Medical Society's Quality Committee	2009-2013
Member, Maryland State Medical Society's Membership Committee	2010-2013
Member, Maryland State Medical Society's Health Finance Committee	2009-2013
Co-Chairman, Maryland Chapter American Geriatrics Society (MGS)	2010-2014
Member, Council, Maryland Chapter American College of Physicians	2012-2017

American Aging Association

Co-Chairman, Clinical Program Committee	1984-1987
Chairman, Affiliations Committee	1984-1987
Membership Committee	1984-1987
Chairman, Organizational Interaction Committee	1984-1987
International Liaison Committee	1984-1990
Executive Committee/Board of Directors	1984-1991
Chairman, Awards Committee	1984-1991
Publications Committee	1984-1995
Chairman, Board of Directors	1989-1990
Chairman, Publication Committee	1993-1995
Member, Fellowship Committee	1993-1995
Member, Clinical Gerontology Committee	1993-1995

#### Gerontological Society of America

Member, Research Committee, Clinical Medicine Section	1982-1986
Finance Committee	1984-1985
Vice-Chairman, Services Committee, Clinical Medicine Section	1984-1986
Executive Committee, Clinical Medicine Section	1984-1991
Member, Publications Committee	1986-1987
Representative to Program Committee	1986-1987
Chair-Elect, Clinical Medicine Section	1987-1988
Chairman, Clinical Medicine Section	1988-1989
Member, Executive Committee	1988-1991
Co-Chairman, Research Task Force, Clinical Medicine Section	1988-1992

#### Milwaukee AOA Long-Term Care Gerontology Center, Milwaukee, WI:

Co-Director, Research Peer Review and Development Committee	1981-1983
Director, Medical Student Education	1981-1983
Operating Committee Member	1981-1983
Center Senior Investigator	1981-1983
Geriatrician-in-Chief	1981-1983

#### American College of Physicians, New York State Chapter/National ACP

Chairman, Geriatrics Committee	1992, 1996, 1997
Chairman, Nominating Committee for Council	1992
Chairman, Search Committee for Governor	1992
Member of Council	1993-1996
Member, Health and Public Policy Committee	1989-9/98
Program Chairman, Downstate Scientific Meeting	1992
Co-Director, MKSAP IX Review, New York	1992
Program Chairman, Downstate Scientific Meeting	1994

Program Chairman, Downstate Scientific Meeting	1996
Member, Board of Governors, National ACP	1997-1998
Governor-Elect, NYS Downstate I Region	1997-1998
Co-Program Chairman, Downstate Scientific Meeting	1998
Governor, NYS Downstate I Region-(elected 1998-2001) (resigned as Governor due to relocation, 9/98)	1998
Member, Medical Student Abstract Review Committee	2002-2020

American College of Physicians, Maryland State Chapter

Member, Council	2010-2017
Member, Medical Student Committee	2009-2017

International Congress of Biomedical Gerontology

Member, Program Committee	1985-1989
Member, Steering Committee	1985-1989
Vice-President	1987-1989

American Geriatrics Society

Representative on Council of AGS State Affiliates	2009-2014
Co-Chairman, Maryland Geriatrics Society (MGS)	2009-2014

**BOARD OF DIRECTORS/TRUSTEES**

Member, Board of Directors, American Aging Association	1983-1991
Advisory Board Member, Northern Westchester Geriatrics Committee	1985-1995
Member, Board of Trustees St. Cabrini Nursing Home, Dobbs Ferry, New York	1985-1996
Board of Governors, American College of Clinical Gerontology	1985-1992
Board of Governors, International Congress of Biomedical Gerontology	1985-1992
Board of Directors, Medical Faculty Associates, PC 1986-1996 Department of Medicine, New York Medical College	
Member, Research Board of Advisors, American Biographical Institute	1987-1997
Member, Medical Advisory Board, The Amyotrophic Lateral Sclerosis Association, Hudson Valley Chapter	1987-1997
Member, Caregivers Exchange Advisory Board, St. Margaret's House	1989-1991
Member, Long-Term Care Advisory Board, Hudson Valley Health Systems Agency	1989-1995
Member, New York State Public Service Training Program Advisory Board	1990-1992
Director, Mid-Hudson Regional Geriatric Education Center	1986-1997
Member, Advisory Board, Foundation for Long Term Care	1991-1996
Member, Advisory Board, International Conference on Aging, Depression, and Dementia, Graz, Austria	1992-1994
Member, Advisory Board for Geriatric Programs New York Academy of Medicine	1992



Member, Advisory Committee, Elder Abuse Physician Guidelines American Medical Association	1992
Member, Medical Board, This Close-for Cancer Research	1994-1996
Member, Advisory Board, National Nurses Network	1994-1997
Member, Board of Governors, American College of Physicians	1997-1998
Member, Board of Directors, International Association Of Geriatric Nephrology and Urology	1999-2002
Member, Board of Directors, Baltimore City Medical Society	2006-2013
Co-Chairman, Board of Directors, Maryland Geriatrics Society	2009-2014
Member, Board of Directors, Baltimore City Medical Society Foundation	2011-2015
Vice-Chairman, Baltimore City Medical Society Foundation	2014-2015

## **EDITORIAL ACTIVITIES**

### Editorial Positions

Member, Editorial Board, <i>Journal of Gerontology</i>	1981-1986
Consulting Editor, <i>Practical Geriatrics</i>	1981-1982
Advisory Editor, <i>Psychiatric Medicine</i>	1981-1995
Editor-in-Chief, <i>Contemporary Geriatric Medicine</i> , Plenum Press	1981-1988
Health Editor, <i>Senior News</i>	1983
Editor-in-Chief, <i>The Geriatric Medicine Letter</i>	1983-1988
Member, Editorial Board, <i>Westchester County Medical Society Bulletin</i>	1984-1988
Editor for Clinical Research <i>AGE</i>	1984-1998
Member, Publication Committee, <i>Journal of Gerontology</i>	1987-1988
Member, Editorial Board, <i>Geriatrics</i>	1987-2002
Member, Editorial Advisory Board, <i>Senior Patient</i>	1988-1992
Member, Editorial Board, <i>Journal of Geriatric Nephrology and Urology</i>	1989-2006
Section Editor, "Literature Review and Opinion", <i>Journal of Geriatric Nephrology and Urology</i>	1990-2002
Advisory Editor, Gerontology and Geriatric Medicine	1990-2000
Editor-in-Chief, <i>Long-Term Care Forum</i>	1990-1999
Member, Editorial Advisory Board, <i>Primary Caregiver</i>	1991-1992
Member, Editorial Board, <i>Journal of Applied Nutrition</i>	1991-1999
Member, Editorial Board, <i>Journal of Optimal Nutrition</i>	1991-1999
Editor, 50th Anniversary Issue, <i>Geriatrics</i>	1996
Member Editorial Board, <i>Heart Drug</i>	2000-2007
Guest Editor, Geriatrics: Prostate Series	2000
Editor-in-Chief, <i>Clinical Geriatrics</i>	2002-2014
Member, Editorial Board, International Journal of Urology and Nephrology (Nephrology Section)	2006-2016
Member, Editorial Board, <i>Annals of Long Term Care</i>	2014-present
Member, Editorial Advisory Board, Cambridge Scientific Publishers	2018-present

Manuscript Reviewer:

*Science*

*Age*

*Journal of Gerontology*

*Psychiatric Medicine*

*Journal of the American Geriatrics Society*

*Postgraduate Medicine*

*Archives of Internal Medicine*

*Journal of Clinical Endocrinology and Metabolism*

*The Journal of the Association for Persons with Severe Handicaps*

*Geriatrics*

*American Journal of Mental Deficiency*

*American Journal on Mental Retardation*

*Senior Patient*

*Metabolism*

*Biological Psychiatry*

*Patient Care*

*Journal of the American Family Physician*

*Journal of Geriatric Urology and Nephrology*

*Journal of Optimal Nutrition*

*Journal of Applied Nutrition*

*Journal of Primary Care*

*Endocrine Reviews*

*American Family Physician*

*Preventive Medicine*

*National Associates Competition, American College of Physicians*

*Journal of Community Hospital Internal Medicine Perspectives*

*Annals of Long Term Care*

*Cambridge Scientific Publishers*

**MAJOR TEACHING EXPERIENCE**

Medical College of Wisconsin:

Faculty in physiology course at Medical College of Wisconsin 1979-1983

Director of medical resident and fellow educational experience  
in geriatric medicine at Medical College of Wisconsin 1979-1983

Medical Attending, General Medical Service 1979-1983  
Milwaukee County Medical Center and Wood VA Medical Center

Senior Attending Physician, Department of Medicine 1980-1983  
Froedtert Hospital and Milwaukee County Medical Complex

New York Medical College:

Medical Attending, General Medical Service Westchester Medical Center	1983-1996
Faculty member in Introduction to Clinical Medicine Course Medical College of Wisconsin	1979-1983
Faculty member in Introduction to Clinical Medicine Course New York Medical College	1983-1996
Director of medical resident and fellow educational experience New York Medical College	1983-1996
Faculty member in Nutrition Course, New York Medical College	1983-1996
Faculty member Introduction to Medicine Course at New York Medical College	1983-1996
Medical Attending, General Medical Service University Hospital	1997-1998
Director and Organizer of Geriatric Medicine Course for fourth year medical students at New York Medical College	1984-1996
Chairman, Third and Fourth Year Sub-Committee of Curriculum and Education Committee, New York Medical College	1984-1986
Faculty in physiology course at New York Medical College	1985-1990
Director and faculty member of Gerontology Tract, MPH Program Graduate School of Health Sciences, New York Medical College	1990-1996
Director of reorganization of Clinical Skills Course (Physical Diagnosis) New York Medical College	1992-1993
Faculty and Steering Committee member of Primary Care Course (Generalist Initiative), New York Medical College	1992-1997
Morning Report with medical residents Westchester County Medical Center, in-patient and out-patient setting	1993-1996
Oversight of Third Year Medical Clerkship and Fourth Year Subinternship in Medicine at New York Medical College	1993-1996
Organizer Introduction to Medicine Course at New York Medical College	1993-1996

Oversight of Clinical Skills Course (Physical Diagnosis) New York Medical College	1993-1996
UMDNJ-New Jersey Medical School: Medical Teaching Attending, University Hospital, Newark, N.J.	1997-1998
Lecturer, Introduction to Clinical Sciences Course, UMDNJ-NJMS	1997-1998
Morning Report with medical residents and medical students University Hospital, Newark, NJ	1997-1998
Conducted Chief Rounds, Medical Student training program University Hospital, Newark, NJ	1997-1998
Medical Student Preceptor, Medicine Clerkship and Clinical Skills Course, UMDNJ-NJMS	1997-1998
Director, Introduction to Clinical Sciences Course and Clinical Skills/ Physical Diagnosis Course, UMDNJ-NJMS	1997-1998
Johns Hopkins University School of Medicine: Coordinator, Johns Hopkins Clinical Clerkship in Internal Medicine at Sinai Hospital	1998-2009
Program Director, Johns Hopkins University/Sinai Hospital Residency Program in Internal Medicine	1998-2009
Conduct Resident Report and Chief Rounds for medical residents (JHU/Sinai Program) and JHU medical students	1998-2009
Teaching Attending for General Medical In-patient Service Sinai Hospital; teaching medical residents and JHU medical students	1998-2009
Lecturer to Johns Hopkins University medical students in medicine and ambulatory clerkships	1998-2009
University of Maryland School of Medicine Geriatric Medicine Faculty, University of Maryland School of Medicine Teach Geriatric Medicine in didactic and clinical settings to undergraduate, graduate, and post-graduate medical trainees including Geriatric Medicine Fellows and nursing and allied health professionals	2009-present
Preceptor, Introduction to Clinical Medicine-I Course (26, 4 hour sessions with first year medical students teaching interviewing and physical examination skills, facilitating Case Discussions, teach topics including medical ethics, public health, business of medicine, “what it means to be a	

physician”, etc., review SIM lab encounters, and serving as Medical School Mentor for the students during their time at the University of Maryland School of Medicine 2009-2010

Preceptor, Introduction to Clinical Medicine (ICM-2) Course (18, 4 hour sessions with second year medical students teaching interviewing and physical examination skills). 2010-2011

Facilitate first and second year medical student discussion group on Ethical Considerations and Genetics, Introduction to Medical School Series 2009

Lecturer on topics for all 3<sup>rd</sup> year Medical Students in Medicine Clerkship, including Nutrition for the Internist; Evaluation of Weakness/ Fatigue; Geriatric Assessment and Frailty; Osteoporosis/Osteomalacia; Thyroid Disease and Function in the Elderly; Medicine Question Review 2009-2019

Lecturer in Introduction to Clinical Medicine 1 and 2 Courses: Doctor-Patient Relationship; The History-Revisited; The Complete Head to Toe Examination; Geriatric Assessment; Healthcare in Baltimore-Past, Present, and Future; Culture and Healthcare 2009-2011

Conduct/Coordinate weekly Clerkship Director’s Conference for Third Year Medicine Clerkship Students and Weekly Clinical Case Conference 2010-2017

Physical Diagnosis Rounds with Medicine Clerkship Students- twice weekly throughout year 2014-2017

Lecturer in Internal Medicine Resident Conference Series on a variety of Medical Topics 2009-2019

Geriatric Faculty Preceptor for Geriatric Fellows, Geriatric Consultation Rotation at UMMC/STC, 11 months per year 2009-Present

Faculty member (Geriatric Assessment and Frailty) for Semi- Annual Gero-Skills and Aging Course given by Geriatrics and Gerontology Education and Research Program, University of Maryland-Baltimore for students from all Health Professional Schools 2009-2019

Lecturer on Care of the Critically Ill Elderly, Graduate Nursing School Program (Advanced Practice Nursing/NP), University of Maryland School of Nursing 2009-2019

Faculty for Geriatric Curriculum for Surgical Critical Care Fellows 2009-2019

Director of Medical Student Education Programs, Department of Medicine, University of Maryland School of Medicine: Provide oversight to Medicine Clerkship; Sub-internship in Medicine; Senior Year Medicine Electives; and Introduction to Clinical Medicine Courses 1, 2, and 4. 2010-Present

Director, Medicine Clerkship 2010-2017

Co-Director, Introduction to Clinical Medicine Course- Part 2 (Second Year Medical Students)  
2011-2016

Medical Student Advisor for Geriatric Interest Group 2009-2020

Medical Student Advisor for Medical Student Chapters AMA/MedChi/ACP 2011-2017

Lecturer: Trauma and the Elderly 2009-Present (On-line starting in 2019)  
Trauma Theory Course  
Shock Trauma Center Nursing Orientation Program

Provide Oversight to the required OSCE Evaluation Program for all 4<sup>th</sup> year medical students including participation in case development, training of standardized patients, and review of student performance and providing remediation as necessary 2009-2015

### **RESEARCH GRANT PARTICIPATION**

1979-1980	PI, 20% effort Effects of Increasing Age on Thyroid Hormone Metabolism & Regulation VA Research Advisory Group Support (RAGS) Total Direct Costs: \$21,550
1979-1980	PI, 5% effort Animal Research Award, National Institute on Aging Thyroid Hormone Metabolism & Regulation with Age Total Direct Costs: \$15,000
1979-1980	PI, 5% effort Effect of Increasing Age on Sensitivity to Thyroid Hormone MCW Institutional Research. Total Direct Costs: \$5,000
1980-1981	Co-PI. 5% effort (Thomas Garthwaite, MD, Co-PI) ACTH and Thyroid Hormone Abnormalities in Ob/Ob Mice Wisconsin Diabetes Association Total Direct Costs: \$8,000
1980-1983	PI, 20% effort Aging and Its Effect on Thyroid Hormone Metabolism and Sensitivity VA Merit Review Program Total Direct Costs: \$86,480
1979-1980	PI, 5% effort Thyroid Metabolism During Aging

MCW Department of Medicine Research Grant  
Total Direct Costs: \$3,000

1981-1982 PI, 5% effort  
The Effect of Age on Hormonal Response to Exercise  
MCW Institutional Research Support  
Total Direct Costs: \$5,000

1981-1982 PI, 20% effort  
Effects of Increasing Age on the Thyroid Hormone Dependent Enzymes  
VA Research Advisory Group Support (RAGS)  
Total Direct Costs: \$20,000

1982-1987 PI, 30% effort  
Geriatric Medicine Academic Award  
National Institute on Aging  
Total Direct Costs: \$307,107 (Terminated due to relocation, 1983).

1982-1987 Co-Director, 10% effort  
Gerodentistry Fellowship Program Grant  
(Patrick Lloyd, DDS, Co-Director)  
Veterans Administration Central Office (VACO)  
Total Direct Costs: \$409,448 (Terminated due to relocation, 1983).

1982-1983 PI, 5% effort  
Clinical Implication of an Incontinence Clinic  
AOA, Milwaukee Long-Term Care Gerontology Center  
Total Direct Costs: \$13,000

1983-1986 PI, 10% effort  
Aging and Thyroid Hormone Economy  
Department of Medicine Research Award  
New York Medical College  
Total Direct Costs: \$30,000

1984-1989 PI, 30% effort  
Geriatric Medicine Academic Award  
National Institute on Aging  
Total Direct Costs: \$450,000

1984-1985 PI, 10% effort  
Age, Thyroid Hormone and Thermogenic Response  
National Institute on Aging  
Total Direct Costs: \$24,250

1985-1986 PI, 5% effort

The Role of Supplemental Pancreas in the Malnourished Elderly  
McNeil Pharmaceuticals  
Total Direct Costs: \$13,000

1984-1985 Co-Investigator (S. Bentevegna, MD, PI), 2% effort  
Cutaneous Dilantin Use in the Treatment of the Decubitus Ulcer  
Zenith Labs  
Total Direct Costs: \$6,000

1985-1986 PI, 5% effort  
Age, Exercise, and Neuroendocrine Response  
Institutional Research Grant, New York Medical College  
Total Direct Costs: \$5,000

1985-1988 PI, 10% effort  
Mid-Hudson Regional Geriatric Education Center  
U.S. Health and Human Services  
Total Direct Costs: \$113,400

1988-1990 PI, 10% effort  
Mid-Hudson Regional Geriatric Education Center  
Hunter Brookdale Research Foundation  
Total Direct Costs: \$76,000

1988-1989 Co-Investigator, 5% effort (John Blass, MD PI)  
Hudson Valley Alzheimer's Disease Assistance Center  
New York State Bureau of Health  
Total Direct Costs: \$35,000

1989-1990 Co-Investigator, 10% effort (John Blass, MD, PI)  
Hudson Valley Alzheimer's Disease Assistance Center  
New York State Bureau of Health  
Total Direct Costs: \$74,000

1990-1993 PI, 10% effort  
Mid-Hudson Regional Geriatric Education Center  
Hunter Brookdale Research Foundation  
Total Direct Costs: \$94,500

1990-1991 Co-Investigator, 10% effort (John Blass, MD, PI)  
Hudson Valley Alzheimer's Disease Assistance Center  
New York State Bureau of Health  
Total Direct Costs: \$100,000

1991-1992 Co-Investigator, 10% effort (John Blass, MD, PI)  
Hudson Valley Alzheimer's Disease Assistance Center



New York State Bureau of Health  
Total Direct Costs: \$100,000

1991-1992 PI, 5% effort  
Stay Healthy Senior Citizen Program United Way  
Total Direct Costs: \$12,500

1992-1993 PI, 5% effort  
Stay Healthy Senior Citizen Program United Way  
Total Direct Costs: \$12,500

1992-1993 PI, 5% effort  
Alzheimer's Disease Education Program  
Burke Research Foundation  
Total Direct Costs: \$7,088

1993-1996 PI, 5% effort  
Mid-Hudson Regional Geriatric Education Center  
Hunter Brookdale Research Foundation  
Total Direct Costs: \$54,000

1993-1994 PI, 5% effort  
Alzheimer's Disease Education Program  
Burke Research Foundation  
Total Direct Costs: \$3,544

1994-1995 PI, 5% effort  
Alzheimer's Disease Education Program  
Burke Research Foundation, \$5,000

1994-1996 Co-Principal Investigator, 5% effort ( Harriet Mogul, MD, PI)  
Starting Hormone Replacement Therapy in an Inner-City Hospital  
The Retirement Research Foundation  
Total Direct Costs: \$169,400

1995-2000 Co-Investigator, 5% effort (P. Anversa, PI)  
Aging of the Heart  
NIH 2 R01HL39902-07  
Total Direct Costs: \$1,769,222

1995 PI, 1% effort  
Aging Research Symposium Grant  
John A. Hartford Foundation/AFAR  
Total Direct Costs: \$1,940

1995-1998 Co-Investigator, 10% effort (John Blass, MD, PI)

Hudson Valley Alzheimer's Disease Assistance Center  
New York State Bureau of Health  
Total Direct Costs: \$154,000

1995-1996 PI, 5% effort  
Alzheimer's Disease Education Program  
Burke Research Foundation  
Total Direct Costs: \$4,150

1995-1996 Project Director, 10% effort  
Development and Testing of Treatments for Battlefield Phosgene  
Poisoning  
U.S. Department of Defense Research Contract  
#DAMD-17-94-C-4043  
Total Direct Costs: \$112,321

1996-1997 PI, 5% effort  
Alzheimer's Disease Education Program  
Burke Research Foundation  
Total Direct Costs: \$4,150

1997-1998 PI, 5% effort  
Alzheimer's Disease Education Program  
Burke Research Foundation  
Total Direct Costs: \$4,150

2000-2001 PI, 5% effort  
Anemia in Critical Illness  
Ortho-Biotech  
Total Direct Costs: \$15,000

2001 PI, 5% effort  
Metabolic Bone Disease Program at Sinai Hospital  
Weinberg Foundation  
Total Direct Costs: \$25,000

2005-2006 PI, 5% effort  
Buprenorphine Training & Service Project  
Open Society Institute, Baltimore  
Total Direct Costs: \$150,000

2007-2008 Co-Principal Investigator, 5% effort (Myron Miller, MD, PI)  
American Board of Internal Medicine Project to Introduce Geriatric  
Education into Residency Ambulatory Training  
Total Direct Costs: \$25,000

- 2009-2016 Co-Investigator, 5% effort, Department of Veterans Affairs Medical Center Geriatric Research, Education, and Clinical Center (GRECC) (Andrew Goldberg, PI) research, clinical, and educational program for older veterans with risk factors for cardiovascular disease and associated disability due to stroke, vascular disease, and diabetes.  
Budget: \$4,400,000
- 2011-2016 Co-Investigator, 5% effort (Andrew Goldberg, PI)  
Claude D. Pepper Center-Older American Independence Center Grant (OAIC) GoP30 AG028747. NIH/NIA Grant mission is to conduct rehabilitation research to improve the mobility of older people and provide research training in aging that will have a significant, positive impact on the lifestyle of disabled older Americans with stroke, hip fracture, obesity and type 2 diabetes.  
Total Direct Costs: \$725,175
- 2012-2014 Co- Investigator, 3% effort (Ilene H Zuckerman, PI)  
Long-Term Anticoagulation Therapy After Traumatic Brain Injury in Older Adults  
National Institutes of Health (1R21AG042768-01)  
Total Direct Costs: \$275,000
- 2013-2015 Co-Investigator, 3% effort (Barbara Resnick, PI)  
Pilot Testing of FFC Intervention on Trauma Units  
NIH/National Institutes of Nursing Research (R21 NR013736)  
Total Direct Costs: \$125,000
- 2016-2020 Co-Investigator, 2% effort (Jay Magaziner, PI)  
Claude D. Pepper Center-Older American Independence Center Grant(OAIC)GoP30 AG028747. NIH/NIA Grant mission is to conduct rehabilitation research to improve the mobility of older people and provide research training in aging that will have a significant, positive impact on the lifestyle of disabled older Americans with stroke, hip fracture, obesity and type 2 diabetes mellitus.  
Total Direct Costs: \$725,175

## **Research Mentor**

Geriatric Medicine Fellows, UMMC/VA Medical Center

Health Professions-Student Training in Aging Research (HP-Star Program)

Stephen Orion Courtin, 2010

Richard Cass, 2012

Pepper Center/Critical Care Surgery  
Laura Buchanan, MD, 2012

University of Maryland School of Medicine  
BIRCWH Research Program  
Tatiana Senses, MD, 2014-2018  
Department of OB/GYN

Anthony V. Herrera, MS, PhD Candidate  
University of Maryland School of Pharmacy  
Doctoral Committee Member, 2020-2022  
Prescription Opioids and Traumatic Brain Injury in Older Adults

DeeDee Ismail, MS, PhD Candidate  
University of Maryland School of Pharmacy  
Doctoral Committee Member, 2021-2023  
Long Term Geriatric Recovery Outcomes after Trauma

## **PUBLICATIONS**

### **Peer-Reviewed Articles**

1. Tulp, O., **S.R. Gambert**, and E.S. Horton: Adipose Tissue Development, Growth, and Food Consumption in Protein-Malnourished Rats. *J Lipid Res* 20:47-54, 1979.
2. **Gambert, S.R.** and A.R. Guansing: Protein-Calorie Malnutrition in the Elderly. *J Amer Geriat Soc* 26:272-275, 1980.
3. **Gambert, S.R.**, T.L. Garthwaite, C.H. Pontzer, and T.C. Hagen: Thyroid Hormone Regulation of Central Nervous System Beta-Endorphin and ACTH. *Horm Metab Res* 12:345-346, 1980.
4. **Gambert, S.R.**, T.L. Garthwaite, C.H. Pontzer, and T.C. Hagen: Age-Related Changes in Central Nervous System Beta-Endorphin and ACTH. *Neuroendocrinology* 31:252-255, 1980.
5. **Gambert, S.R.**, C.H. Pontzer, and E.M. Dagon: Thyroid and the Depressed Elderly. *J Amer Geriat Soc* 28:433-438, 1980.
6. **Gambert, S.R.** and T.L. Garthwaite: The Effect of Diphenylhydantoin on Basal and Stimulated Thyroid Stimulated Hormone (TSH) and Prolactin Secretion in Euthyroid and Hypothyroid Rats. *Horm Metab Res* 12:643-644, 1980.
7. **Gambert, S.R.**, T.L. Garthwaite, C.H. Pontzer, and T.C. Hagen: Fasting Associated Decrease in Hypothalamic Beta-Endorphin. *Science* 210:1271-1272, 1980.
8. **Gambert, S.R.**, S.H. Ingbar, and T.C. Hagen: Interaction of Age and Thyroid Hormone Status on Na<sup>+</sup>-K<sup>+</sup>ATPase in Rat Renal Cortex and Liver. *Endocrinology* 108:27-30, 1981.
9. **Gambert, S.R.**: Interaction of Age and Thyroid Hormone Status on Beta-Endorphin Content in Rat Corpus Striatum and Hypothalamus. *Neuroendocrinology* 32:114-117, 1981.

10. **Gambert, S.R.**, C.H. Pontzer, and J.J. Barboriak: Effect of Ethanol Consumption on Central Nervous System (CNS) Beta-Endorphin and ACTH. *Horm Metab Res* 13:242-243, 1981.
11. **Gambert, S.R.**: Effect of Increasing Age on the Degradation of Thyroxine by Rat Liver Homogenate. *AGE* 4:48-50, 1981.
12. **Gambert, S.R.** and J.J. Barboriak: Interaction of Age and Alcohol on Plasma Lipids in the Rat. *AGE* 4:85-87, 1981.
13. **Gambert, S.R.** and E.H. Duthie: Sleep Disorders: Coping with a Waking Nightmare. *Geriatr* 36:61, 1981.
14. **Gambert, S.R.** and E.H. Duthie: TRH Testing and Depression. *Wisc Med J* 80:25, 1981.
15. Wiltzius, Sr., F., **S.R. Gambert**, and E.H. Duthie: Importance of Resident Placement Within a Skilled Nursing Facility. *J Amer Geriatr Soc* 29:418-421, 1981.
16. **Gambert, S.R.**, T.L. Garthwaite, C.H. Pontzer, E.E. Cook, D.R. Martinson, E.H. Duthie, F.E. Tristani, D.J. McCarty, and T.C. Hagen: Running Elevates Plasma Beta-Endorphin/Beta-Lipotropin and ACTH in Untrained Human Subjects. *Proc Soc Exp Biol & Med* 168:1-4, 1981.
17. Duthie, E.H., **S.R. Gambert**, and D.D. Tresch: Evaluation of the Systolic Murmur in the Elderly. *J Amer Geriatr Soc* 29:498-502, 1981.
18. **Gambert, S.R.**, E.H. Duthie, and B. Priefer: Bacterial Infections within a Skilled Nursing Facility. *Wisc Med J* 80:25, 1981.
19. **Gambert, S.R.** and T.L. Garthwaite: Serum Thyroid Hormone Levels and Thyroid Hormone Metabolism by 10% Liver Homogenate from Adult Lean and Obese Ob/Ob Mice. *Horm Metab Res* 13:588-589, 1981.
20. **Gambert, S.R.**, E.H. Duthie, and Sr. F. Wiltzius: The Value of Yearly Medical Evaluation in a Nursing Home. *J Chronic Diseases* 35:65-68, 1982.
21. Priefer, B., E.H. Duthie, and **S.R. Gambert**: Frequency of Urinary Catheter Change and Clinical Urinary Tract Infection. *Urology* 20 (2):141-2, 1982.
22. Schiedermayer, D.L., E.H. Duthie, M.V. Shelley, P.D. Tsitouras, M. Lund, and **S.R. Gambert**: Emergency Detention of the Elderly: Demographics, Diagnosis, and Outcome. *J Amer Geriatr Soc* 30:383-386, 1982.
23. **Gambert, S.R.**: Effect of Age on the Conversion of Thyroxine (T4) to 3,5,3' Triiodothyronine (T3) by Liver Homogenate from Fed and Fasted Rats. *AGE* 5:88-91, 1982.
24. **Gambert, S.R.**: Diagnosis and Management of Thyroid Disease in the Elderly. *Wisc Med J* 81:43-45, 1982
25. **Gambert, S.R.**: Nutritional Assessment of the Elderly. *Wisc Med J* 81:18-21, 1982.
26. Gray, R. and **S.R. Gambert**: Effect of Age on Plasma 1,25(OH) Vitamin D in the Rat. *AGE* 5:54-56, 1982.
27. **Gambert, S.R.** and J.J. Barboriak: Effect of Cold Exposure on Thyroid Hormone in Fischer 344 Rats of Increasing Age. *J of Gerontol* 37(6):684-687, 1982.
28. Duthie, E.H., B. Priefer, and **S.R. Gambert**: The Teaching Nursing Home-One Approach. *JAMA* 247:2787-2788, 1982.
29. Sohnle, P.G. and **S.R. Gambert**: Thermoneutrality-An Evolutionary Advantage Against Aging? *Lancet*, I: 1099-1101, 1982.

30. **Gambert, S.R.**, E.H. Duthie, B. Priefer and R.A. Rabinovitch: Bacterial Infections in a Hospital-Based Skilled Nursing Facility. *J Chron Dis* 35:781-786, 1982.
31. Paegle, R.D., T. Anderson, H.L. Brooks, **S.R. Gambert**, P. Sigmann: Subscriber Survey and Health Education as a Public Service Via Cable-TV. *Wisc Med J* 81:11-14, 1982.
32. **Gambert, S.R.** and E.H. Duthie: Effect of Age on Red Cell Membrane Sodium-Potassium Dependent Adenosine Triphosphatase (Na<sup>+</sup>-K<sup>+</sup>ATPase) Activity in Healthy Men. *J of Gerontol* 38:23-25, 1983.
33. Duthie, E.H. and **S.R. Gambert**: The Impact of a Geriatric Medicine Rotation on Internal Medicine Resident Knowledge of Aging. *Gerontol and Geriatr Educ* 3:233-236, 1983.
34. Duthie, E.H., **S.R. Gambert**: Geriatric Consultation: Implications for Teaching and Clinical Care. *Gerontol and Geriatr Educ* 4:59-66, 1983.
35. **Gambert, S.R.** and P.D. Tsitouras: Effect of Age on Nuclear Triiodothyronine Receptors in Circulating Human Lymphocytes. *AGE* 6:76-77, 1983.
36. Lloyd, P. and **S.R. Gambert**: Periodic Oral Examinations and Panoramic Radiographs in Edentulous Elderly Men. *J of Oral Surg, Oral Med & Oral Path* 57:678-680, 1984.
37. Duthie, E.H., R. Rabinovitch, P.D. Tsitouras, and H. Rose, **S.R. Gambert**: Effectiveness of Influenza Vaccination in the Long-Term Care Setting. *Wisc Med J* 83:11-12, 1984.
38. **Gambert, S.R.**: Atypical Presentation of Thyroid Disease in the Elderly. *Geriatr* 40:63-69, 1985.
39. Murray, M.D., E.H. Duthie, **S.R. Gambert**, S.B. Sepic, L.A. Mallinger: Age-Related Decline in Knee Muscle Strength in Normal Women. *J of Gerontol* 40:275-280, 1985.
40. **Gambert, S.R.** and P.D. Tsitouras: Effect of Age on Thyroid Physiology and Function. *J Amer Geriatr Soc* 33:360-365, 1985.
41. Escher, J, E.H. Duthie, and **S.R. Gambert**: Anticoagulation Usage in the Elderly: Research Imperative. *AGE* 9:85-90, 1986.
42. Donnelly, M.B., E.H. Duthie, R. Kirsling and **S.R. Gambert**: The Use of the Combined Palmore and Dye and Sassenrath Aging Quizzes for Measuring Knowledge Gain in Medical Education, *Gerontol and Geriatr Educ* 6:11-25, 1986.
43. **Gambert, S.R.**: Effect of Age on Basal and 3,5,3' Triiodothyronine (T3) Stimulated Human Mononuclear Cell Sodium-Potassium Adenosine-Triphosphatase (Na<sup>+</sup>-K<sup>+</sup>ATPase) Activity. *Horm Met Res* 18:649-50, 1986.
44. Benson, D.M., E. Humbach, and **S.R. Gambert**: Establishment and Impact of a Dementia Unit Within the Nursing Home. *J Amer Geriatr Soc* 35:319-323, 1987.
45. Ng, R. and **S.R. Gambert**: Missing Medications within a Long-Term Care Facility. *J Geriatric Drug Therapy* 1:65-70, 1987.
46. Cameron, D., E. Humbach, J. Davis, **S.R. Gambert**: A Specialized Dementia Unit: A Cost, Benefit and Reimbursement Analysis. *NY Med Quarterly* 7:103-107, 1987.
47. Gupta, K., **S.R. Gambert**, and F. Powell: Importance of a Specialized Assessment Unit within the Nursing Home. *NY Med Quarterly* 7:32-36, 1987.
48. Escher, J., **S.R. Gambert**, and B. Rothschild: Metabolic Bone Disease. *AGE* 10:62-69, 1987.
49. **Gambert, S.R.**, S. Liebeskind, D. Cameron: Preventive Health Care for the Developmentally Disabled Elderly. *J Assoc for Persons with Severe Handicaps* 12:292-296, 1988.

50. **Gambert, S.R.** and J. Escher: Atypical Presentations of Endocrine Disorders in the Elderly. *Geriatr* 43:69-78, 1988.
51. **Gambert, S.R.**, D. Crimmins, D. Cameron, et al: A Geriatric Assessment Program for the Mentally Retarded Elderly. *NY Med Quarterly* 8:144-147, 1988.
52. Escher, J., B. Burstiner, **S.R. Gambert**, et al: Interactive Computer Teaching with the Elderly. *NY Med Quarterly* 8:4-7, 1988.
53. Gupta, K.L., B. Dworkin, and **S.R. Gambert**: Common Nutritional Disorders in the Elderly: Atypical Manifestations. *Geriatr* 43:87-97, 1988.
54. **Gambert, S.R.**, A. Fader, and S. Dubowsky: Influence of Age and Illness on Color Preference. *AGE* 11:110-111, 1988.
55. **Gambert, S.R.**, K.L. Gupta: Preventive Care: What It's Worth. *Geriatr* 44:61-71, 1989.
56. Escher, J.E., C. O'Dell, and **S.R. Gambert**: Typical Geriatric Accidents and How to Prevent Them. *Geriatr* 44:54-69, 1989.
57. Fader, A., M. Nash, K.L. Gupta, J.E. Escher and **S.R. Gambert**: Implementing a "Do-Not-Resuscitate" (DNR) Policy in a Nursing Home. *J Amer Geriatr Soc* 37:544-548, 1989.
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### **Case Reports**

1. **Gambert, S.R.:** Hyperthyroidism in the Aged. Geriatric Consult 3:16-17, 1984.
2. Singh, I.P. and **S.R. Gambert:** Case and Comment: A Nurse with Hypoglycemia, Patient Care 29:144-145, 1995.
3. Singh, I.P. and **S. R. Gambert:** Case and Comment: A Patient with Recalcitrant Hyperglycemia, Patient Care 30:167, 1996.
4. Ammon, R., Walavolkar, J., **Gambert, S.R.:** Acquired Factor VIII Inhibitor in a Nursing Home Patient. Nursing Home Medicine - The Annals of Long Term Care, 1998.

### **MAJOR INVITED SPEECHES/VISITING PROFESSORSHIPS**

#### **2004**

Aging- An Overview

University of Salamanca, Salamanca Spain.

Geriatric Medicine

University of Toronto, Geriatric Grand Rounds

#### **2005**

Thyroid Disease in the Elderly

St. Agnes Hospital, Baltimore, MD

Thyroid Disease

Levindale Geriatric Home and Hospital, Baltimore, MD

Prostate Cancer Screening  
International Association of Geriatric Nephrology and Urology Annual Meeting, Lisbon Portugal

Thyroid Disease in the Elderly  
Medical Grand Rounds  
Cook County Hospital, Chicago, Ill

**2006**

Thyroid Function and Disease in the Elderly  
Medical Grand Rounds  
Albert Einstein Hospital, Phil. PA

Thyroid and Aging  
Medical Grand Rounds  
Union Memorial Hospital, Baltimore, MD

Thyroid Function and Disease in the Elderly  
Johns Hopkins Geriatric Board Review Course, Baltimore, MD

**2007**

Endocrine Aspects of Aging  
Baltimore City Medical Society  
Continuing Professional Education Series, Baltimore, MD

Aging- An Overview  
Jewish Federation Committee on Aging, Baltimore, MD

**2008**

Eastern Virginia Medical School, Norfolk, VA  
Visiting Professor  
Medical Grand Rounds: Thyroid Disease in the Elderly

Virginia Commonwealth University-Inova Campus, Fairfax, VA  
Visiting Professor  
Medical Grand Rounds: Thyroid Disease and Function in the Older Patient

Medical College of Wisconsin, Milwaukee, WI  
Visiting Professor  
Medical Grand Rounds: Thyroid Disease in the Elderly

American Geriatrics Society Board Review Course, Lake Geneva, WI  
Lecturer: Endocrine and Metabolic Issues During Later Life

Sinai Hospital of Baltimore, Baltimore, MD

Surgical Grand Rounds: Geriatric Assessment and Implications for Surgical Specialties

American Society of Nephrology and Urology Annual Meeting, Philadelphia, PA  
Invited Plenary Speaker for Geriatric Symposium: Geriatric Assessment and Implications for the Nephrologist

Lenox Hill Hospital, New York, NY  
Medical Grand Rounds: Thyroid Disease and Function in the Elderly

## 2009

Geriatric Assessment: Implications to Trauma Care for the Elderly  
Critical Care and Trauma Research Interest Group  
University of Maryland School of Medicine  
Baltimore, MD

Thyroid Disease and Function in the Elderly  
Medical Grand Rounds  
University of Maryland Medical Center  
Baltimore, MD

Geriatric Assessment for the Older Patient with Chronic Renal Failure  
Plenary Lecture  
American Association of Nephrology and Urology Annual Meeting  
San Diego, California

Geriatric Assessment and Trauma Care in the Elderly  
Shock Trauma Nursing Education Council Annual Symposium  
Marriot Harbor Hotel  
Baltimore, MD

Thyroid Function and Disease in the Elderly  
Surgical Grand Rounds-R Adams Cowley Shock Trauma Center  
University of Maryland School of Medicine  
Baltimore, Maryland

## 2010

Thyroid Function and Disease in the Elderly  
Medical Grand Rounds  
Mercy Medical Center  
Baltimore, MD

Aging in the 21st Century

Mini-Medical School  
University of Maryland School of Medicine  
Baltimore, MD

2011  
Geriatric Assessment-Implications for Home Care  
Home Care Nursing Association Annual Meeting  
Baltimore Hilton, Baltimore, MD

Successful Aging  
Washington College  
Chestertown, Maryland

Trauma in the Older Adult  
Annual Meeting of the Gerontological Advanced Practice Nurses Association  
Washington, DC

Co-Morbidities in the Elderly Trauma Patient  
Advanced Topics in Trauma  
Lancaster General Hospital  
Lancaster, Pennsylvania

2012

Trauma and Emergency Care in the Elderly  
Baltimore Hebrew Congregation  
Pikesville, MD

Successful Aging: An Integrative Approach  
Baltimore Integrative Medicine Conference  
Baltimore Hilton

Keynote Speaker: Aging and its Effects on the Older Driver  
Maryland Older Driver Safety Symposium  
Maryland State Motor Vehicle Authority Annual Symposium  
Maritime Center  
Linthicum, MD

Trauma and Emergency Care in the Elderly  
Myerberg Senior Center  
Baltimore, MD

Successful Aging

Chester River Medical Center Symposium on Healthy Aging  
Chester River, Maryland

2014

Aging and Thyroid Hormone Economy  
Medical Grand Rounds  
Westchester Medical Center  
New York Medical College  
Valhalla, NY

Keynote speaker,  
Successful Aging  
Annual Education Conference for Maryland State Judiciary  
Annapolis, MD

Age-related Changes in Thyroid Physiology and Function  
Medical Grand Rounds  
Methodist Hospital  
Brooklyn, NY

Successful Aging  
Maryland Public Television

Subclinical Thyroid Disease and Thyroid Function  
In the Elderly  
Medical Grand Rounds  
University of Maryland Medical Center  
Baltimore, MD

2015

Thyroid Disease in the Elderly  
Medical Grand Rounds  
St. Joseph's Medical Center  
Towson, MD

Subclinical Hypothyroidism and Thyroid Function in the Elderly  
Medicine Conference Series  
Medstar Harbor Hospital  
Baltimore, MD

Care of the Critically Ill Elderly  
Critical Care and Emergency Medicine Grand Rounds  
Prince George's Hospital  
Washington, DC

2017

Future of Health Care and the Health Professions  
New York Institute of Technology  
Old Westbury, Long Island, NY

2018

Aging, Cognition, and Stress  
State of Maryland Judicial College  
Annapolis, MD

2019

Successful Aging  
Phi Beta Kappa Honor Society Annual Meeting  
Maryland Chapter  
Goucher College  
Towson, Maryland