

Curriculum Vitae

Ariel Cohen, M.D.

Department of Obstetrics, Gynecology, and Reproductive
Sciences
Pediatric and Adolescent Gynecology

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Contact Information

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Foreign Languages: French (working knowledge)

Education

2006–2010 B.S., Neuroscience, Muhlenberg College (magna cum laude)
2010–2012 M.S.Ed., Urban Education, University of Pennsylvania
2012–2016 M.D., Tulane University School of Medicine (TUSOM)

Post-Graduate Education and Training

2016–2020 Residency, Obstetrics and Gynecology, University of North Carolina Hospitals
2020–2022 Clinical Fellowship, Pediatric and Adolescent Gynecology, National Institutes of
Health / Children's National Health System

Certifications

2021 Diplomate, American Board of Obstetrics and Gynecology
2024 Focused Practice Designation, Pediatric and Adolescent Gynecology

Employment History

2026-Present Assistant Professor, Pediatric and Adolescent Gynecology;
Department of Obstetrics, Gynecology, and Reproductive Sciences,
University of Maryland School of Medicine

2022–2026 Physician-Shareholder; Lead, Pediatric and Adolescent Gynecology;
Obstetrician-Gynecologist, Mid-Atlantic Permanente Medical Group
(MAPMG)

Other Employment (Paid)

2010–2012 Teacher, School District of Philadelphia Middle school mathematics and science
teacher through Teach For America (TFA). Taught in low-income, high-needs

schools; founded and led a gifted pull-out program; served as class sponsor and science fair organizer.

Academic Appointments

- 2026-Present Assistant Professor, Pediatric and Adolescent Gynecology;
Department of Obstetrics, Gynecology, and Reproductive Sciences,
University of Maryland School of Medicine
- 2024–2026 Adjunct Clinical Assistant Professor, Department of Obstetrics and Gynecology
George Washington University

Honors and Awards

- 2006–2010 Presidential Merit Scholarship, Muhlenberg College
- 2009 Omicron Delta Kappa Honor Society
- 2010 Phi Sigma Iota Honor Society
- 2010 Phi Beta Kappa Honor Society
- 2012 iPraxis Science Teacher of the Year Award
- 2016 John A. King Memorial Award in Obstetrics and Gynecology
- 2017 UNC Golden Tarheel Award
- 2019 North American Society of Pediatric and Adolescent Gynecology Young Scholars Award
- 2023–2025 Castle Connolly Rising Star 2023–
2025 Castle Connolly Top LGBT+ Doctors
- 2024–2025 Washingtonian Magazine Top Doctor

Clinical Activities

Clinical Expertise

Board-certified obstetrician-gynecologist with focused practice in pediatric and adolescent gynecology. Clinical expertise includes menstrual disorders, dysmenorrhea and endometriosis, bleeding disorders in adolescents, complex contraception, adnexal pathology, differences of sex development, and gender-affirming gynecologic care for transgender and gender-diverse adolescents. Clinical practice emphasizes trauma-informed, dysphoria-reducing examination and surgical techniques and equitable access to subspecialty care.

Scope of Clinical Practice

- 2022–2026 Lead, Pediatric and Adolescent Gynecology, Kaiser Permanente Capitol Hill Medical Office Building (integrated outpatient specialty clinic). Approximately 4,500 outpatient visits per year. Pediatric and adolescent gynecology referrals average 30–60 per month. Full-time clinical effort (100% FTE).

Development of Clinical Programs

- 2022–2026 Development and expansion of a regional pediatric and adolescent gynecology referral program within a large integrated health system, emphasizing standardized access pathways and inclusive care delivery for historically underserved adolescents.

Professional Society Memberships

- 2016–present Member, American College of Obstetricians and Gynecologists
 2018–present Member, North American Society of Pediatric and Adolescent Gynecology (NASPAG)
 2021–present Member, Foundation for Women and Girls with Blood Disorders
 2021–present Member, Gay and Lesbian Medical Association
 2022–present Member, United States Professional Association for Transgender Health
 2022–present Member, World Professional Association for Transgender Health (WPATH)

Administrative Service

National Service

- 2022–present Member, Research Committee, NASPAG
 2022–present Ad Hoc Reviewer, *Obstetrics & Gynecology* (2x/year), *Journal of Pediatric and Adolescent Gynecology* (2x/year), *Journal of Adolescent Health* (1x/year)
 2022 Ad Hoc Reviewer, *LGBT Health*, *Journal of Clinical Endocrinology and Metabolism*

Institutional and Community Service

- 2011–2012 Corps Culture Liaison, TFA Greater Philadelphia
 2012–2014 Behavioral and Traditional Interviewer, TUSOM Admissions Committee 2012–2014
 2014 HIV Tester and Counselor, Fleur de Vie Clinic and New Orleans AIDS Task Force
 2015–2016 Student Volunteer and Clinical Skills Instructor, Grace House New Orleans
 2015–2016 Director and Co-Writer, “Something Like a Doctor,” TUSOM

Teaching Service

Undergraduate Student Teaching

- 2008–2010 Learning Assistant, Muhlenberg College. Provided approximately 4 hours per week of supplemental instruction for Introductory Chemistry, Intermediate French, and Organic Chemistry courses, serving 30–60 students per course over a 16-week semester.

Medical Student Teaching

- 2024–2026 Clinical Preceptor, Third-Year Obstetrics and Gynecology Clerkship, George Washington University School of Medicine. Supervision of medical students in outpatient obstetrics and gynecology with emphasis on adolescent-centered, inclusive care.
 5-7 3rd year medical students – 4-8 contact hours/year

Resident Teaching

- 2022–2026 Supervising Attending, Labor and Delivery and Gynecologic Surgery, MedStar Georgetown University Hospital Obstetrics and Gynecology Residency.
 16-20 1st-4th year residents – 60 contact hours/year
 2022–2026 Supervising Attending, Outpatient Gynecologic Surgery, Howard University Obstetrics and Gynecology Residency.
 3-4 3rd-4th year residents – 16 contact hours/year
 2022–2026 Supervising Attending, Gynecologic Surgery, George Washington

University Obstetrics and Gynecology Residency.
4-5 2nd-4th year residents – 20 contact hours/year

Fellow Teaching

2022–2026

Surgical Instructor, Pediatric and Adolescent Gynecology, National Institutes of Health / Children’s National Hospital Fellowship Program.
3 fellows – 20 contact hours/year

Teaching activities emphasize trauma-informed care, reduction of examination-related dysphoria, and inclusive clinical education for learners caring for gender-diverse and historically marginalized adolescent populations.

Research Activities

Research interests include pediatric and adolescent gynecology, dysmenorrhea and endometriosis, bleeding disorders in adolescents, transgender and gender-diverse adolescent health, dysphoria-reducing clinical practices, and reproductive health equity.

Publications

Peer-Reviewed Journal Articles

1. **Cohen AM**, Kahn MA, Brown S. Comments to: surgical management of pelvic organ prolapse in women. *Tech Coloproctol*. 2016 May;20(5):327-330. doi: 10.1007/s10151-016-1448-0. Epub 2016 Apr 1. PMID: 27037710.
2. **Cohen AM**, Gomez-Lobo V. Adnexal masses in pediatric and adolescent populations. *Top Obstet Gynecol*. 2019;39(10):1-6.
3. Mayhew AC, **Cohen A**, Gomez-Lobo V. Transgender Men and the Gynecologist. *Clin Obstet Gynecol*. 2020 Sep;63(3):588-598. doi: 10.1097/GRF.0000000000000549. PMID: 32568802; PMCID: PMC11132315.
4. **Cohen A**, Gomez-Lobo V, Willing L, Call D, Damle LF, D'Angelo LJ, Song A, Strang JF. Shifts in Gender-Related Medical Requests by Transgender and Gender-Diverse Adolescents. *J Adolesc Health*. 2023 Mar;72(3):428-436. doi: 10.1016/j.jadohealth.2022.10.020. Epub 2022 Dec 17. PMID: 36529618; PMCID: PMC9974924.
5. **Cohen AM**, Persky R. Reducing dysphoria during pubertal examination: Determining if transgender and gender-diverse young people designated male at birth can accurately measure testicular volumes with a Prader orchidometer. *Transgender Health*. 2026;0(0). doi:10.1177/26884887261426291.

Non-Peer-Reviewed Journal Articles

1. Beckham AJ, **Cohen AM**. Long-acting reversible contraceptive use among adolescents. *Contemp OB/GYN*. 2023;68(5):16-19.

Books and Book Chapters

1. **Cohen AM**. Adolescent pregnancy. In: Hertweck P, Dwiggins M, editors. *Clinical Protocols in Pediatric and Adolescent Gynecology*. 2nd ed. Boca Raton: CRC Press; 2022. p. 7-11.

Major Invited Speeches

Local

1. **Cohen AM**, Pediatric and adolescent transgender hormone care, Pediatric and Adolescent Gynecology Didactics, Washington, DC, 2020.
2. **Cohen AM**, Pediatric and adolescent transgender hormone care, Pediatric and Adolescent Gynecology and Reproductive Endocrinology Didactics, Washington, DC, 2021.
3. **Cohen AM**, Adolescent transgender care and considerations with inflammatory bowel disease, Pediatric Gastroenterology Inflammatory Bowel Disease Conference, Washington, DC, 2022.
4. **Cohen AM**, Shifts in gender-related medical requests by transgender and gender-diverse adolescents, NIH Developmental Endocrinology Conference, Bethesda, MD, 2022.
5. **Cohen AM**, Pediatric transgender care panel, Mid-Atlantic Permanente Medical Group Pediatric Summit, Washington, DC, 2023.
6. **Cohen AM**, Pediatric and adolescent gynecology care, Mid-Atlantic Permanente Medical Group Continuing Medical Education, Washington, DC, 2023.
7. **Cohen AM**, Diagnosis and management of polycystic ovary syndrome in adolescence, Mid-Atlantic Permanente Medical Group Pediatric Summit, Washington, DC, 2024.
8. **Cohen AM**, Adolescent gender-affirming care, Mid-Atlantic Permanente Medical Group Continuing Medical Education, Washington, DC, 2024.
9. **Cohen AM**, Relative energy deficiency in sport and primary ovarian insufficiency, Mid-Atlantic Permanente Medical Group Maternal and Pediatric Summit, Washington, DC, 2025.

Proffered Communications

1. Fatemi A, Wilson MA, Philips AW, Zhang J, McMahon MT, Mori S, **Cohen AM**, Johnston MV. Advanced in-vivo magnetic resonance imaging and histological description of white matter injury in mice with neonatal ischemia, International Child Neurology Congress, Cairo, Egypt, poster presentation, 2010.
2. **Cohen AM**, Pradhan S, Dwigginns M, Gomez-Lobo V. Management of gonadal cysts in patients without gonadectomy in complete androgen insensitivity syndrome, North American Society for Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, New Orleans, LA, poster presentation, 2019.
3. **Cohen AM**, Mayhew A, Maher J, Ho C, Varda B, Pohl H, Badillo A, Gomez-Lobo V, Levitt M. Urethral meatoplasty and introitoplasty with cloacal repair: report of a modified reconstructive technique, Pediatric Colorectal and Pelvic Reconstruction Seminar, Cincinnati, OH, oral presentation, 2020.
4. **Cohen AM**, Mayhew A, Maher J, Ho C, Varda B, Pohl H, Badillo A, Gomez-Lobo V, Levitt M. Urethral meatoplasty and introitoplasty with cloacal repair: report of a modified reconstructive technique, North American Society for Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, virtual, poster presentation, 2021.
5. **Cohen AM**, Gomez-Lobo V, Willing L, Call D, Damle LF, Henise S, D'Angelo LJ, Strang JF. Shifts in gender-related medical requests by transgender and gender-diverse adolescents, North American Society for Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, Chicago, IL, poster presentation, 2022.
6. **Cohen AM**, Pine E, Sinaii N, Gomez-Lobo V, Persky R. Decreasing dysphoria during pubertal examination, World Professional Association for Transgender Health Biennial Symposium, Montreal, Canada, oral presentation, 2022.

7. Allen B, Pine E, Sequiera G, **Cohen AM**, MacShane K. Medical decision making in pediatric gender-affirming care: a case-based discussion for providers across pediatrics, Pediatric Academic Societies Meeting, Washington, DC, oral presentation, 2023.
8. **Cohen AM**, Sinaii N, Gomez-Lobo V, Persky R. Decreasing dysphoria during pubertal examination: can transgender adolescents accurately perform testicular self-examinations?, Pediatric Endocrine Society Annual Meeting, Chicago, IL, poster presentation, 2024.