Curriculum Vitae

Peter Bowman, PT, DPT, FAAOMPT

Assistant Professor, Department of Physical Therapy and Rehabilitation Science

University of Maryland, School of Medicine

**Date** September 30, 2019

**Contact Information**

Business Address: Physical Therapy and Rehabilitation Science

100 Penn Street, Room 240 H

Baltimore, MD 21201

Business Phone Number: (410) 706-7145

Clinic Phone Number: (667) 214-1600

Clinic Fax: (410) 244-0635

Email: pbowman@som.umaryland.edu

**Education**

2004 B.S., Business Management, Wheeling Jesuit University

2006 D.P.T., Wheeling Jesuit University

2012 F.A.A.O.M.P.T, The Manual Therapy Institute

**Post Graduate Education and Training**

2007-2010 Residency, Orthopedic Manual Physical Therapy, The Manual Therapy Institute

2010-2012 Fellowship, Orthopedic Manual Physical Therapy, The Manual Therapy Institute

**Certifications**

2009 Clinic Instructor, APTA

2012 Fellow, American Academy of Orthopedic Manual Physical Therapy

**Medical Licensures**

Active Maryland

**Employment History**

Academic Appointments

2016-present Assistant Professor, non-tenure track in the Department of Physical Therapy & Rehabilitation Science, University of Maryland School of Medicine, with a subsequent secondary appointment in the Department of Orthopaedics

2008-2016 Clinical Instructor, Physical Therapy, various universities

2008 – 2016 Chatham University

2009 Des Moines University

2009 Sacred Heart University

2009 St. Francis University

2010 University of New England

2010 – 2016 University of Pittsburgh

2010 University of St. Augustine for Health Sciences

2011 University of Texas Medical Branch

2012 – 2016 Wheeling Jesuit University

2012 – 2016 Slippery Rock University

2012 Drexel University

2014 – 2016 Gannon University

2015 Florida Agricultural and Mechanical University

2016 – present University of Maryland Baltimore

Other Employment

2006-2007 PRN Therapist, Physical Therapy, Concentra Medical Center

2007-2008 Staff Therapist, Physical Therapy, Concentra Medical Center

2008-2011 Center Therapy Director, Physical Therapy, Concentra Medical Center

2011-2012 Area Therapy Director, Physical Therapy, Concentra Medical Center

2012-2016 Market Manager/ Center Manager, Physical Therapy, Select Medical

**Professional Society Membership**

2010-2015 General Member, Pennsylvania Physical Therapy Association

2010-present General Member, American Physical Therapy Association

2012-present Fellow, American Academy Orthopedic Manual Physical Therapists

2016-present General Member, Maryland Physical Therapy Association

**Clinical Activities**

Clinical Expertise

Board certified physical therapist

Fellow in the American Academy of Orthopedic Manual Physical Therapist

Scope of Clinical Practice

2006-2011 Concentra Medical Centers (outpatient)

~3,600 visits per year

Leadership/administrative role 10% FTE

Treating patients 90% FTE

2011-2012 Concentra Medical Centers (outpatient)

~2,000 visits per year

Leadership/administrative role 40% FTE

Treating patients 60% FTE

2012-2016 Keystone Physical Therapy (outpatient)

~2,800 visits per year

Leadership/administrative role 20% FTE

Treating patients 80% FTE

2016-present University of Maryland Orthopaedics (outpatient)

Treating patients 75-80% FTE

Leadership role/ Site Therapy Director

**Local Service**

2014 Volunteer Physical Therapy services, Catholic Charities Pittsburgh

2014-2015 Volunteer Coach, I9 Sports Pittsburgh

2016 Volunteer Coach, North Hills Athletic Association Pittsburgh

2017 Volunteer Coach, Howard County Parks and Recreation Maryland

2018-present Volunteer Coach, Baltimore County Parks and Recreation Maryland

2018-present Volunteer Coach, St. Mark Catonsville Maryland

**Institutional Service**

2016 Search Committee Chair, University of Maryland School of Medicine, Department of Physical Therapy and Rehabilitation Science Scholarship clinical faculty position

2016-present Site Therapy Director, University of Maryland Orthopaedic Associates School of Medicine at Camden Yards

2017 Search Committee Chair, University of Maryland School of Medicine, Department of Physical Therapy and Rehabilitation Science Scholarship clinical faculty position

2016-2018 UMOA SOM at Camden Yards Center Coordinator of Clinical Education

2018 Student Mid-Summer Research Retreat University of Maryland School of Medicine

2018 Search Committee Chair, University of Maryland School of Medicine, Department of Physical Therapy and Rehabilitation Science Scholarship clinical faculty position

2018 Member, University of Maryland School of Medicine, Department of Physical Therapy and Rehabilitation Science Residency task force

2018-2019 Member, University of Maryland School of Medicine, Department of Physical Therapy and Rehabilitation Science Fellowship task force

2019 Student Mid-Summer Research Retreat University of Maryland School of Medicine

**Teaching Service**

2013-2014 Lab Assistant physical therapy outpatient 25+ students The Manual Therapy Institute, 8 hours /day 12 days

2014 Lab Assistant physical therapy outpatient 10 students Mid-Atlantic Manual Therapy Consultants, 8 hours/day 2 days

2016 Lab Assistant physical therapy outpatient 25+ students The Manual Therapy Institute, 4 hours /day 2 days

2016-present Assistant professor physical therapy 60+ students University of Maryland DPT program, 10 hours/week

2017 Continuing Education Advanced Manual Therapy Techniques for the Upper Quarter, 8 hours

2018 Continuing Education Advanced Manual Therapy Techniques for the Lower Quarter, 8 hours

**Resident and Fellow Teaching**

2015-2016 One-on-one teaching of fellow in orthopedic manual physical therapy

150+ clinic hours, 75+ contact hours

**Physical Therapy Continuing Education**

2013 AAOMPT Annual Conference

2014 Differential Diagnosis Module 2: Head, Neck, Back, Sacrum, Sacroilliac and Pelvis

2015 Movement Impairment Syndromes of the Upper Extremity

2016 Evidence based Active Care for Todays Therapist

2016 Recognizing and Reporting Child Abuse

2016 AAOMPT Annual Conference

2017 AAOMPT Annual Conference

2018 Orthopaedic Section Meeting Annual Conference

2018 Maryland Mini Combined Sections Meeting

2018 Physical Therapy and Rehabilitation Science Research Day

2018 AAOMPT Annual Conference

2019 APTA Combined Sections Meeting

2019 Maryland Mini Combined Sections Meeting

2019 Everyday Bias for Healthcare Professionals - Faculty Development Workshop - Everyday Bias for Healthcare Professionals

2019 Physical Therapy and Rehabilitation Science Research Day

**Publications**

**Poster/ Published Abstracts**

2018 Corder, G., Walter, M., Bowman, P. & Conroy, V.M. (2018). “Glenohumeral Joint Instability: Stabilization Training For a Patient with Ehlers-Danlos Syndrome (Hypermobility Type)”. APTA Combined Sections Meeting, New Orleans, LA

2018 Ontko D, Bowman P. Manual Therapy, hip strengthening and core activation for a patient experiencing chronic lower back pain with a history of CVA. Annual Research Day, University of Maryland, Baltimore, MD, 2018.

2018 Bowman P, Ontko D, Pravdo A. A multimodal treatment approach applying manual therapy and strengthening following Cerebrovascular Accident: a case report. American Academy of Orthopaedic Manual Physical Therapists Annual Conference, Reno, NV, 2018.

2018 Nelson CM, Bowman P, Addison O. “Multi-modal physical therapy management of an ultra-runner athlete post-meniscectomy: a case report.” Presented at the American Academy of Orthopedic Manual Physical Therapy annual conference, Reno, NV, November 2018.

2019 Bowman P, Werth J, Tizabi R, Haffner J, Leimkuhler C, Kine K, Kovalick J, Pravdo A, The effect of physical therapy intervention including manual therapy, strengthening and neuromuscular re-education on adults with shoulder pain: A pilot study. Annual Research Day, University of Maryland Baltimore, MD

2019 Bowman P, Werth J, Tizabi R, Haffner J, Leimkuhler C, Kine K, Kovalick J, Pravdo A, The effect of physical therapy intervention including manual therapy, strengthening and neuromuscular re-education on adults with shoulder pain: A pilot study. Presented at the American Academy of Orthopedic Manual Physical Therapy annual conference, Orlando, Fl, October 2019.

**Continuing Education Seminars/ Oral Presentations**

2017FilmR, Bowman P, Rice B, Yoo L. Advanced Manual Therapy Techniques for the Upper Quarter. University of Maryland Baltimore PTRS Annual Orthopedic Course, Baltimore, MD.

2018Film R, Bowman P, Pravdo A, Rice B. Advanced Manual Therapy Techniques for the Lower Extremity. University of Maryland Baltimore PTRS Annual Orthopedic Course, Baltimore, MD.