

Curriculum Vitae

Elizabeth Cavanaugh Bellinger, PT, DPT, OCS, COMT
Staff Physical Therapist
Spine and Sports Rehabilitation Center

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Contact Information:

Business Address: Spine and Sports Rehabilitation Center
1920 Greenspring Drive, Suite #100
Timonium, MD 21215

Business Phone: 410-560-3931

Email: lizzie@spineandsportsrehab.com

Foreign Languages: Spanish (proficient)

Education

2007 BS, University of Pittsburgh
Major in Neuroscience, Minors in Chemistry and Studio Arts
Summa Cum Laude

2013 DPT, University of Maryland Baltimore
Department of Physical Therapy and Rehabilitation Sciences

Post Graduate Education and Training

2012 IFOMPT Conference 2012 (26 hours)
International Federation of Orthopedic Manipulative Physical Therapists

2013 - 2014 Clinical Certification Program in Orthopedic Manual Therapy (131
hours)
Ola Grimsby Institute

2013 - 2015 Orthopedic Physical Therapy Residency
Physical Therapy First
Joshua K. Renzi, mentor

2015 FM I: Functional Mobilization I (30 hours)
Institute of Physical Art

2015 Normal and Variant Anatomy of the Upper Extremity: Clinical
Applications? (4 hours)
University of Maryland Baltimore

2016 IFOMPT Conference 2016 (26 hours)
International Federation of Orthopedic Manipulative Physical Therapists

2016 Explain Pain 3 Philadelphia (20 hours)
Neuro Orthopaedic Institute

Certifications

2014 Certified Orthopedic Manual Therapist
Ola Grimsby Institute

2015 Board-Certified Orthopedic Clinical Specialist
ABPTS

Licensure

Inactive West Virginia
Active Maryland

Employment History

2013 - Present **Staff Physical Therapist**
Spine and Sports Rehabilitation Center, Timonium, MD

2014 **Team Physical Therapist**
Major League Ultimate – The DC Current

2015 - 2016 **Strength and Conditioning Coach**
Major League Ultimate – The DC Current

Professional Organization Memberships

2012 - Present APTA Member
2012 – Present Orthopedic Section Member
2012 – 2013 Neurology Section Member

Honors and Awards

2013 Kendall Outstanding Graduate Award, awarded for distinguished academic performance as a DPT student

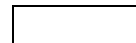
Teaching Service

2014 and 2015

Volunteer Lab Assistant

DPTE 511 Basic Sciences I

Gross Anatomy, first year Physical Therapy Students



2016 and 2017

Adjunct Faculty

DPTE 511 Basic Sciences I

Gross Anatomy, first year Physical Therapy Students

2015 - 2017

Clinical Instructor

1 DPT student, 200-220 hours/year mentoring

Spine and Sports Rehabilitation Center