

Curriculum Vitae

Michael Leon Caruso, PT

DATE:

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BUSINESS ADDRESS:

Occupational Rehabilitation Associates
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Ellicott City, Maryland 21043-3378
Business Phone Number: 410-418-4060
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EDUCATION:

- 1971 BS, Business Administration
University of Dayton, Ohio
- 1981 BS, Physical Therapy Program, Magna Cum Laude
Old Dominion University, Norfolk, Virginia

POST GRADUATE EDUCATION:

- 1998 – 2008 Board Certified Clinical Specialist, Orthopedic Physical Therapist
(OCS)
- 2000 Fellowship Residency: Gulf Coast Graduate Physical Therapy
Institute, D'Iberville, Mississippi
- 2001 Fellow, American Academy of Orthopedic Physical Therapist
- 2011 Lifetime Fellow, American Academy of Orthopedic Physical Therapists

LICENSE:

- Active* Maryland Board of Physical Therapy
Maryland Workers Compensation Commission *Registered since 1982*
- Inactive* Mississippi, Physical Therapy, 1999-2001
North Carolina, Physical Therapy, 1999-2001

EMPLOYMENT HISTORY:

- 1981 Staff Physical Therapist
Bluefield Community Hospital, Bluefield, West Virginia
- 1981-1984 Staff Physical Therapist
Union Memorial Hospital, Baltimore, MD
- 1984- 1991 Manager, Contract Services Division
Burch, Rhoads and Loomis, P.A., Baltimore, MD
- 1991-1999 Clinical Manager/Staff Development Manager
Health South, Baltimore Maryland
(formerly Assessment Centers Technology and Rehabilitation Center)
- 1999 – Present Owner, Michael Caruso PT PA
t/a Occupational Rehabilitation Associates

CLINICAL AFFILIATION:

- 1981 Bluefield Community Hospital, West Virginia
Public Health Hospital, Norfolk, Virginia
Norfolk General Hospital, Norfolk, Virginia

PROFESSIONAL SOCIETY:

- 1981 – Present American Physical Therapy Association (APTA)
- Orthopedic Section, APTA, *1987 – Present*
- Central District, Maryland Chapter APTA, *Secretary, 1984-1987*
- Maryland Chapter APTA, *Board of Directors, 1988-1993*
- Quality Assurance Sub-Committee of the Maryland Chapter APTA,
Chairman, 1988-1994
- Kendall Award Committee, Maryland APTA
Chairman – 1992, Member - 1993-1995, 1999
- Workers' Compensation Group of the Reimbursement Com, Maryland
Chapter APTA, *Co-Chairman, 1993-2003*
- American Academy of Orthopaedic Manual Physical Therapists
1997 – Present
- 1997-2000 NARPPS National Association of Rehab.
Professionals In the Private Sector
- 1996-Present Maryland Joint Task Force on Rehabilitation of the Injured Worker,
Co-Chairman (2009-2012)

- 1999-2001 McKenzie Institute USA
- 2001-2004 OIPRS Occupational Injury Prevention Rehabilitation Society
- 2008-2012 Workers Compensation Research Institute,
Maryland Advisory Board

AWARDS:

- 1995 Clinician of the Year, Onsite Clinical Manager
Rehability Corporation, Region II
- 1998 Henry O. and Florence P. Kendall Award for
Outstanding Achievement in the Physical Therapy
Profession for the State of Maryland
- 1999 Governor's Citation – The State of Maryland for
Contribution as a member of the Technical Work Group On Acute Low Back Pain
in Adults

PUBLICATIONS:

- 1994 Development of Clinical Standards in Industrial Rehabilitation Co-author,
JOSPT. vol 19, no 5
- 1998 Evaluation and Management of Acute Low Back Pain In Adults,
Contributor, Health Care Access and Cost Commission for the State of Maryland

PRESENTATIONS:

- 1988 National Association of Rehabilitation Agencies Fall
Convention – Non-Medicare Documentation, Current
Trends and Requirements for Chart Review, Huston Texas
- 1989 Back Testing in Industry Using the Kin-Com Dynamometer,
Kin-Com Users Meeting, Fort Lauderdale Florida
- 1989 Back Testing in Industry Using the Kin-Com Dynamometer,
Back Testing Symposium
Temple University, Philadelphia, Pennsylvania
- 1995 Industrial Tools for the Fast Track to Recovery, Rehability Center, Baltimore
Maryland
- 1996 Physical Therapy Evaluation and Treatment of the Injured
Worker, Maryland Workers Compensation Educational
Association Conference, Baltimore Maryland
- 1996 Symposium: Improving the System: Creative Physical Therapy Solutions, Joint
Task Force on Injured Workers Rehabilitation Conference, Baltimore Maryland
- 1997 Ergonomics: Working Safely at Leaseway–Penski Co., Baltimore Maryland

- 1997 Symptom Magnification Identification and Treatment of the Injured Worker, Intercorp., Baltimore Maryland
- 1994 Functional Capacity Evaluation: Recommendations That Work for You, Rehability Center Presentation for Case Managers, Baltimore Maryland
- 1998 Ergonomics and Analyzing the Job: for Case Managers, Baltimore Maryland
- 2000 Workers' Compensation: Return to Work, MICPEL, Baltimore Maryland
- 2000 Objectifying Pain Behaviors, CARPS: Pain Management Seminar, Columbia Maryland
- 2001 CARPS Legislative Update before the Environmental Matters , Committee of the Maryland Legislature, Chairman M. Bush, Annapolis, Maryland
- 2001 Ergonomics: Stressors and Solutions: MD Workers' Compensation Educational Association Annual Conference, Baltimore Maryland
- 2002 CARPS Learn to Care for Your Spine, Baltimore Maryland
- 2004 The Physical Therapy Management of Low Back Pain M. Hayes and Associates, Lutherville Maryland
- 2004 The Physical Therapy Management of Low Back Pain CorVel Corporation, Timonium Maryland
- 2005 The Physical Therapy Management of Chronic Pain and Movement Impairments Sinai Hospital Annual Conference Series, Baltimore Maryland
- 2005 Managing of the Difficult Patient Joint Task Force on Injured Workers Rehabilitation, The Physical Therapy Management of Low Back Pain
- 2005 BGE – Constellation Energy Group – Field Workers Spine Care Training, seven safety meeting presentations, The Physical Therapy Management of Low Back Pain
- 2006 BGE – Constellation Energy Group – Field Workers Spine Care Training, seven safety meeting presentations, Glen Burie Maryland
- 2006 Howard County Public Schools Custodial Workers Training Program "Body Care and Tune-Up Workshop", Columbia Maryland
- 2007 Howard County Public Schools Custodial Workers Training Program "Body Care and Tune-Up Workshop", Columbia Maryland

- 2008 **Healthcare Ethics in Rehabilitation, M.Hayes and Associates, Timonium Maryland**

- 2008 **The Biopsychosocial Model – what is it and why we need it
Joint Task Force on Injured Workers Rehabilitation, Baltimore Maryland**

- 2009 **Functional Capacity Evaluation: the Evidence for Usefulness,
MICPEL, Columbia Maryland**

- 2009 **Workers Compensation Update: Physical Therapy and the Prevention of Work
Related Disability, Lorman Education Seminar #382352, Timonium Maryland**

- 2010 **Howard County Public Schools Custodial Supervisor
Training Program “Movement and Function”, Columbia Maryland**

- 2010 **University of Maryland School of Medicine
Department of Physical Therapy & Rehabilitation Science, Baltimore, MD
Assessment and Interventions in non-acute pain
(5 hours lecture and lab)**

- 2011 **University of Maryland School of Medicine
Department of Physical Therapy & Rehabilitation Science, Baltimore, MD
Assessment and Interventions in non-acute pain
(5 hours lecture and lab)**

- 2011 **Maryland Joint Task Force on Rehabilitation of the Injured Worker
Tips and Tricks for Common Ortho Problems, Lithicum Maryland**

- 2012 **University of Maryland School of Medicine
Department of Physical Therapy & Rehabilitation Science, Baltimore, MD
Assessment and Interventions in non-acute pain
(5 hours lecture and lab)**

- 2012 **Workers Compensation Update: Functional Capacity Evaluations, Lorman
Educational Seminar Timonium Maryland**