

SEEKING STROKE SURVIVORS

The University of Maryland Baltimore is seeking stroke survivors to participate in a research study. The purpose of the study is to learn about weight shifting in stroke survivors. The information collected will guide future interventions aimed at improving walking speed in stroke.

You are eligible to participate if

- Your stroke was on one side of your brain more than 6 months ago
- You can walk 30 feet
- You can stand unassisted for 5 minutes
- You have no medical condition preventing participation in regular exercise

Your participation will last for 2 months and includes 3 test visits and 6 weeks of training, 3 visits a week for 1 hour. We will ask you to perform clinical measures of balance and motor recovery and assess your weight transfer and stepping reactions. Training will be one of two groups that focuses on improving weight transfer. You will be compensated for your time.

We are also looking for age-matched control participants. If you are generally healthy individual, you may be eligible to participate. Your participation will be for 1 day and last about 3 hours. We will assess your transfer and stepping reactions. You will be compensated for your time.

For more information contact

Breanna Arbuco at (410)706-2787

