

Personal Mission and Branding

Compilation of Co-Curricular Opportunities *by Themes* to
support your personal mission and branding

- Lists are NOT all-inclusive; additional opportunities at SOM, UMB and beyond are likely in each area (feel free to send us any examples 😊)
- These are NOT Checklists or requirements by any means!
- Use these as guideposts for opportunities to explore
- The most important thing is to follow your own goals/passions and do not compare yourself to others

Business in Medicine

In-Depth

Dual Degree
MD-MBA

Pre-Clerkship Elective
CLIMB

Student Groups

Business in
Medicine

Other

UMB Learning Institute –
Microcertificates in

Business Basics
Principles of Leadership

Diversity, Equity & Inclusion

In-Depth

Pre-Clerkship

Electives

Social Justice

Medical Spanish

Global Health

Student Groups

- Asian Pacific American MSA
- Christian Medical Society
- Jewish MSA
- Latino MSA
- LGBTQIA+ Health IG
- Muslim Student Association
- South Asian MSA
- SNMA
- Women in Medicine
- WC4BL

Leadership

Admissions Committee
Student Diversity Council

Other

UMB Learning Institute –
Safe Space Microcourse

Global Health

In-Depth

Dual Degree
MD-MPH

Pre-clerkship Electives
Global Health

Clinical Elective
GI/Rwanda (GAST 545)
ID/Zambia (INFE 542)
FM/Kenya (FAPH 550)

Student Groups

- Global Health and Surgery
- Infectious Disease

Other

UMB Center for Global Engagement –
Global Scholar Program

Climate Health

In-Depth

Pre-clerkship Electives
Climate Change, Health
and Society

Clinical Electives
Climate Crisis and Patient
Health

Student Groups

- POEM
- Medical Students
for Sustainable
Future

Other

UMB Learning Institute –
Microcertificate in
Sustainability Leadership

Healthcare Administration

In-Depth

Dual Degree

MD-MS Healthcare
Administration
MD-MBA

Pre-Clerkship Elective

CLIMB

Clinical Elective

PSQI Elective

Student Groups

- Business of Medicine
- Academic Medicine

Other

UMB Learning Institute –
Microcertificates

Business Basics
Emotional Intelligence
Principles of Leadership

Healthcare Policy

In-Depth

Dual Degree
MD-MS Policy

Pre-clerkship Elective
Comparative Health Care Law and
Policy

Clinical Elective
Health Policy

Student Groups

Citizen Physicians/Med Chi

Leadership

AAMC OSR Representatives

Humanism and the Humanities

In-Depth

Pre-clerkship Elective
Humanism Symposium

Clinical Elective
History of Medicine

Student Groups

- Creative Hearts
- Musical Service
- Medical Ethics
- History of Medicine
- Film and Literature Society

Leadership

In-Depth

Dual Degree

MD-MBA

Pre-Clerkship Elective

CLIMB

Student Groups

- Leadership in Medicine
- AMA – Med Student Section
- AMSA
- APAMSA

Leadership

Student Government
Student Council, USGA
AAMC OSR Representatives
Medical Alumni Association
Student Advisory Council
House Advisory Councils
LCME Sub Committees
UMB Student Group E boards
Peer Support Network

SGA Leadership Training Series

Other

UMB President's
Leadership Council

UMB Learning Institute –
Microcertificates in
Principles of Leadership
Emotional Intelligence

LGBTQ+ Health

In-Depth

Research
LGBTQ+
Health/OSR
Database

Student Groups

LGBTQ+ Health

Other

UMB Learning Institute
–
Safe Space
MicroCourse

Academic Medicine

In-Depth

Dual Degree
MS Health Professions
Education

Pre-Clerkship Elective
Medical Education

Leadership

Curriculum committee
AAMC OSR Reps
MECQI Reps
LCME/ISA Reps
Admissions Committee
Peer Support Network

Other

Admissions
(Interviewer, 2nd Look)
Student Tutors

Student Groups

Academic Medicine

Patient Safety and Quality Improvement

In-Depth

Clinical Elective
PSQI

Other

IHI Certificates

Primary Care

In-Depth

Tracks

Primary Care
CAAP

Clinical Elective

AHEC

Student Groups

- Family Medicine
- Pediatrics
- Internal Med
- Psychiatry
- Rural Medicine
- Complementary & Integrative

Other

AHEC Scholars

National Service
Health Corps

Research

In-Depth

Dual Degrees

MSTP

MD-MS Clin Res

MD-MS CMBS

MD-MS Bioengineer

Electives

Research Electives

Student Groups

Academic
Medicine

Other

Summer Programs

PRISM

SPORT

Research Gap Year

AAMC Research and
Training
Opportunities

Public Health

In-Depth

Dual Degree

MD-MPH

Pre-clerkship Elective

Occupational & Environmental
Health

Clinical Elective

Public Health

Student Groups

Citizen Physicians/Med Chi
POEM IG

Service

In-Depth

Tracks
Social Justice
Medical Spanish

Student Groups

- Beanies for babies
- Citizen Physicians
- SNMA
- Med Supply/Donation
- Project Feast
- Read for Peds
- Student Sight Savers
- UMSOM Red Cross Blood Drive

Other

Additional Service Learning Hours

UMB President's Symposium & White Paper

UMB Office of Community Engagement
-Civic Engagement & Volunteerism

Social Justice

In-Depth

Track
Social Justice
Pre-clerkship Elective
Medical Spanish

Student Groups

- WB4BL
- Citizen Physicians
- Med Chi
- Community Health and Addiction Teams
- SNMA

Wellness

Student Groups

- Peer Support Network
- Lifestyle
- Complimentary and Integrated Medicine IG

Leadership

SGA: Wellness
Representatives

Gold Humanism

Other

UMB Wellness Hub
Personal Growth Program

UMB Learning Center
Microcertificates in
Emotional Intelligence
Anxiety Toolbox

Women & Children's Health

In-Depth

Track
Primary Care Track

Student Groups

- Peds Pals
- Read for Peds
- Pediatrics IG
- Women's Health IG
- Medical Students for Choice

Resources

- MSTP Program

<https://mdphd.umaryland.edu/>

- MD/Masters Dual Degree Programs

<https://www.medschool.umaryland.edu/osr/MDMasters-Dual-Degrees/>

- Pre-Clerkship Electives

- Course Catalog

<https://www.medschool.umaryland.edu/osa/Student-Scheduling/>

- Student Activities Fair (coming soon)
- MedScope Student Activities (Organizations, Activities, Groups)
- UMB Student Groups

<https://www.umaryland.edu/university-life/student-organizations/>

- UMB The Learning Institute

<https://www.umaryland.edu/ile/the-learning-institute/>

- UMB President's Student Leadership Institute

<https://www.umaryland.edu/ile/presidents-student-leadership-institute/>

- UMB President's Symposium & White Paper Project

<https://www.umaryland.edu/ile/presidents-student-leadership-institute/>

- UMB Office of Community Engagement

<https://www.umaryland.edu/oce/civic-engagement-and-volunteerism/>