



# Psychiatry

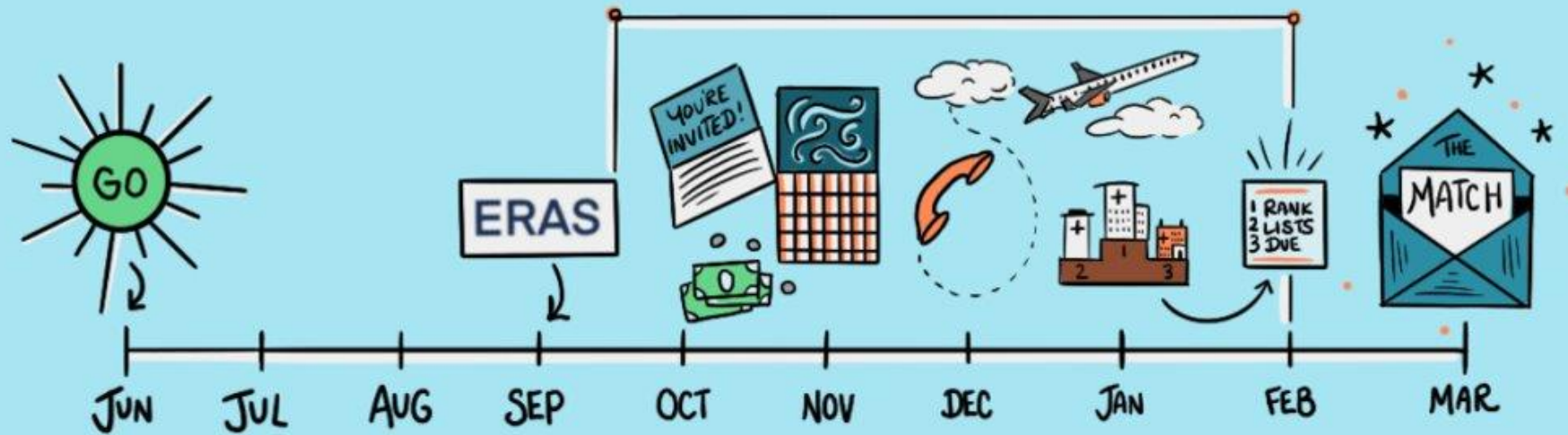
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CLASS OF 2027

2026-2027 MATCH CYCLE

# Residency Application Timeline

RESIDENCY APPLICATION TIMELINE:  
WHEN IS THE BEST TIME TO START APPLYING?



Original Slide Design by Dr. Kerri Thom

# Upcoming workshops!

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Workshop Links: [Advising Workshops](#)

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Personal Statement Writing Workshops: Recording on Workshop Page

LIVE Workshop: 7/20 and 8/17 from 430-530pm in Reid Rooms

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April-May: OSA Specialty-Specific Advising

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June 2nd 400pm: Residency Application Workshop

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May-July: OSA 1:1 Advising Sessions

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March 2027: SOAP Workshop (mandatory)

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# Graduation Requirements: Class of 2027

## Graduation Requirements

**Requirements must be completed ONE week prior to graduation**

(For all medical students beginning with the Class of 2027)

### **CORE CLINICAL PHASE REQUIREMENTS:**

- Pass all third-year clerkships (8), including shelf examinations
- Pass **TWO** sub-internships\*
- Pass **SIX** electives\*
  - No more than TWO Pre-clerkship elective equivalents may be counted toward the total elective count
  - No more than THREE extramural electives (i.e. clinical rotations not in our course catalog) may be counted toward the total elective count
- Pass **ONE** PoM4: Transition to Residency (4 weeks) or equivalent
- Complete an FRCT Scholarly Project
- Pass OSCE
- Take USMLE Step 2, Clinical Knowledge examination
- Complete an Exit Interview with Financial Aid

# Graduation Requirements: Class of 2027

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**\*Additional Requirements:** Note: these are NOT in addition to the above but can fulfill an elective or sub-internship requirement in the core clinical phase requirements.

**Ambulatory Requirement<sup>^</sup>:**

One (4-week) of the six above required electives or one (4-week) of the two above required sub-internships must be an Ambulatory rotation (as designated via the “Ambulatory” tab in the course catalog). In addition to the expectations of the elective, students will have designated curricular material to satisfy the ambulatory requirement; this requirement cannot be fulfilled with a pre-clerkship elective.

**Holistic Care of the Patient Requirement<sup>^</sup>:**

One (4-week) of the six above required electives or one (4-week) sub-internship must satisfy the Holistic Care of the Patient requirement (as designated via the “Holistic Care” tag in the course catalog). This requirement cannot be fulfilled with a pre-clerkship elective.

<sup>^</sup>The same rotation cannot fulfill the Ambulatory, the Sub-Internship, and Holistic Care of the Patient requirement.

★ At least one clinical rotation (as designated via the “Clinical” tab in the course catalog) must be completed in the same semester as graduation.

# Important Reminders

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- **Confirm name/pronunciation in MedScope** as you wish for graduation/diploma
- Update your **Preferred Pronouns** in MedScope for the MSPE (if not indicated will default to he/him, she/her)
- Update your **contact information**
- Pay it forward, sign up to be an **Alumni Mentor** (Career Tab, MedScope)
- Use the **MedScope Interview Tracker** to ensure optimal advising!
- Consider your brand and ensure social media profiles are professional/clean
- Meet with Financial Aid (Sophia Cascio)
- Complete **Graduation Questionnaire** (online through AAMC) – available Jan – May

# Career Tab (Please complete)

- Student
- Home
- Bio
- History
- Status
- Registration
- Grades
- Assignments
- Research
- Activities
- Graduation
- Career**
- Advisors

### Residency Planning Get Worksheet

Please provide as much information as you can in advance of your OSA residency application planning and advising meeting.

**Note:** Default (she/her, he/him) pronouns will be used in your MSPE unless alternatives are specified on the Home tab of your Portfolio.

Couples Match	<input type="text"/>
	<small>Provide the name of the other person, their specialty, and their location if not at UMSOM.</small>
PGY1 Year	<input type="text" value="n/a"/> <small>If required.</small>
Geographic Constraints	<input type="text" value="None."/>
Specific Programs Considered	<input type="text" value="Tufts University&lt;br/&gt;University of Texas at Austin Dell SOM&lt;br/&gt;Vanderbilt University"/>
Contingency Plans	<input type="text" value="Take a research year/clinical year.&lt;br/&gt;Can consider alternative specialties (potentially Family medicine?)"/>
Other Constraints or Preferences	<input type="text"/>

# Residency Application Manual: Your New Best Friend

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[Residency Application Manual](#)

# 1:1 OSA Residency Advising Meeting Prep

1. You may review MSPE details, including a sample MSPE, here: [MSPE](#)
2. Complete the **Career Tab** on MedScope to assist with MSPE data collection
3. Noteworthy Characteristics: characteristics from you for inclusion in the MSPE; if you wish to get started on these now you may review examples in Link #1 above.
4. Be prepared to **discuss any deviations from the traditional 4-year curriculum**
5. Be prepared to **discuss any hardships** (e.g. personal medical condition, bereavement, or other extenuating circumstance that may have had a negative effect on academic performance) if you wish to consider for inclusion in the MSPE

## Note:

\*AOA nominations will be noted in the MSPEs Noteworthy Characteristics and in the summary paragraph

\*GHHS membership will be noted in the MSPEs Professional Performance section and in the summary paragraph

# 1:1 OSA Residency Advising Meeting Prep

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The below are NOT required but may be helpful

[ ] Meet with Departmental Mentors

[ ] Think about programs of interest or geographical areas of interest

[ ] Create a CV Draft ([Curriculum Vitae](#)); **we will not go through this at the meeting but can answer specific questions**

[ ] Create a Personal Statement draft; **we are happy to review outside the meeting timeframe**

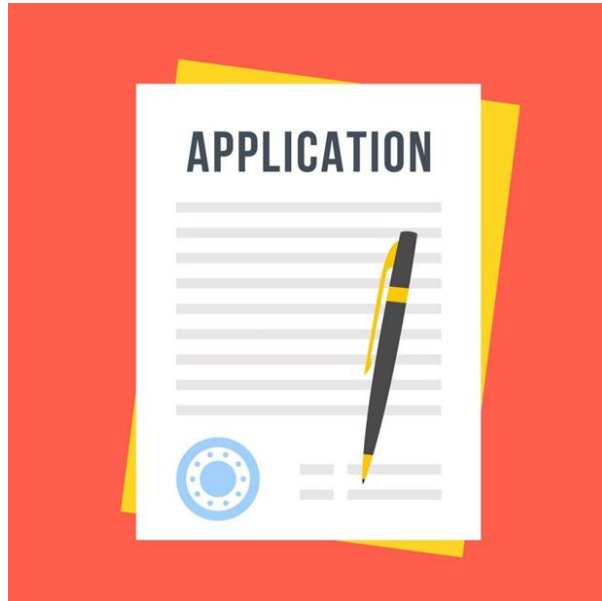
# ERAS/NRMP TIMELINE

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Date	Activity
June 4, 2025	ERAS 2026 season begins at 9 a.m. ET.
Sept. 3, 2025	Residency applicants may begin submitting MyERAS applications to programs at 9 a.m. ET.
Sept. 24, 2025	Residency programs may begin reviewing MyERAS applications and MSPEs in the PDWS at 9 a.m. ET.
End of January 2026	Register for Match and SOAP
Early February 2026	RANK OPENS
First week of March 2026	RANK Lists Certified
2 <sup>nd</sup> or 3 <sup>rd</sup> week of March 2026	SOAP and MATCH

**\*Note**, this is 25-26 Cycle dates. We are waiting for the 26-27 Cycle dates to be released. Please reference [What You Need to Know About the 2027 ERAS® Application Season | Students & Residents](#) the most updated schedules.

# ERAS does not equal NRMP



match.♥



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# Psychiatry Application

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Department	Psychiatry
<b>Contacts (R = Required to Meet)</b>	
Chair	Jill RachBeisel, MD
Program Director	Mark Ehrenreich, MD
MSIV Advising	Melissa Lavoie, MD (R)
<b>Competitive Applicant</b>	
Step 2 (goal)	246(National Average); 244(UMSOM 22-25 Avg)
<b>Preliminary/Transitional Year</b>	not applicable
<b>Applications</b>	
Application System	ERAS
Program Signaling	10 signals
Acuity Insights	NA
Preliminary/Transitional Year	None
Match System	NRMP
<b>Away Rotations</b>	
Expectations	Not expected
Ideal Number	Not Applicable
<b>Letters of Reference</b>	
Total Number	3 to 4
Chair Letter	Not required for most programs (check specific websites)
Ideal Make Up	Psychiatry Faculty (1), Psychiatry Faculty (1- ideally Sub I), Medicine/Primary Care/Peds/EM (1), Other (research etc) (1)
Contingency	If dual applying, secure letters for that specialty
<b>Mock Interview Program</b>	
	OSA will coordinate with Psychiatry Chief residents in the fall
<b>Contingency</b>	
	<b>ALL Students MUST Have Contingency</b> Consider Dual Application

# A Note on External Rotations (“Aways”)

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**Psychiatry does not require Away rotations.**

**Speak with your OSA advisor about pros/cons.**

**YOU MUST ADD THIS COURSE AT SOM!!!**

Required forms are found on the Student Scheduling Page

- Forms should be completed/signed by Departments
- Submitted to Add/Drop

# Charting Outcomes MD Seniors2024.pdf

**Table P-1** Summary Statistics on U.S. MD Seniors  
*Psychiatry*

Measure	Matched (n=1,051)	Unmatched (n=123)
1. Mean number of contiguous ranks	11.5	5.2
2. Mean number of distinct specialties ranked	1.1	1.3
3. Mean USMLE Step 1 score*	226	216
4. Mean USMLE Step 2 score	246	235
5. Mean number of research experiences	3.0	3.1
6. Mean number of abstracts, presentations, and publications	7.5	4.6
7. Mean number of work experiences	1.9	2.1
8. Mean number of volunteer experiences	4.5	4.0
9. Percentage who are AOA members	9.2	1.6
10. Percentage who graduated from one of the 40 U.S. medical schools with the highest NIH funding	30.4	26.0
11. Percentage who have Ph.D. degree	4.8	2.7
12. Percentage who have another graduate degree	20.5	23.4

Note: Only U.S. MD seniors who gave consent to use their information in research are included.

\*Only applicants who indicated completion of the USMLE Step 1 exam prior to the transition to pass/fail (i.e., prior to January 26, 2022) had the option to self-report their Step 1 numeric score. In 2024, only 2,143 U.S. MD seniors self-reported Step 1 numeric scores.

Sources: NRMP Data Warehouse; Top 40 U.S. medical schools with the highest NIH funding in measure 10 is from the NIH website (<http://report.nih.gov/award/index.cfm>).

**\*\*Charting outcomes of the Match will be releasing 2026 update in June and this information will be reviewed at your 1:1 meetings.**

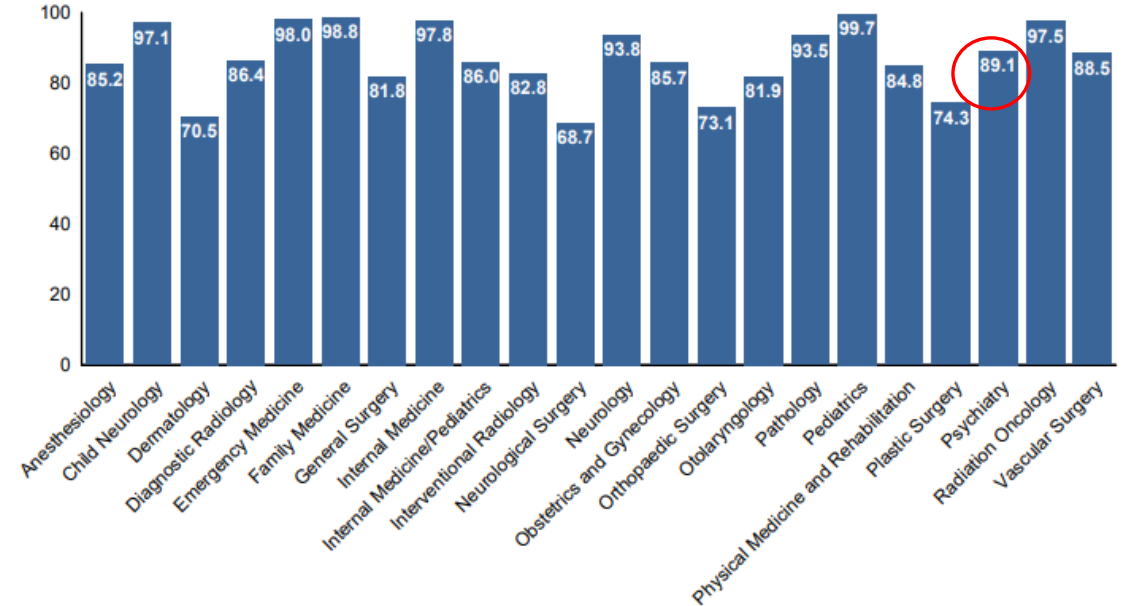
**Psychiatry has been becoming more competitive over the years. There were only 12 spots left in the SOAP after the match in 2025. There were 56 spots open in SOAP in 2026.**

All students need some contingency

- Apply to the right #/mix of programs
- Rank ALL programs you interview at
- Be PROACTIVE – communicate with OSA
- Update the MedScope tracker

Geographical constraints – think about an away

**Chart 3** Match Rates of U.S. MD Seniors  
*Percent Matched by Preferred Specialty*



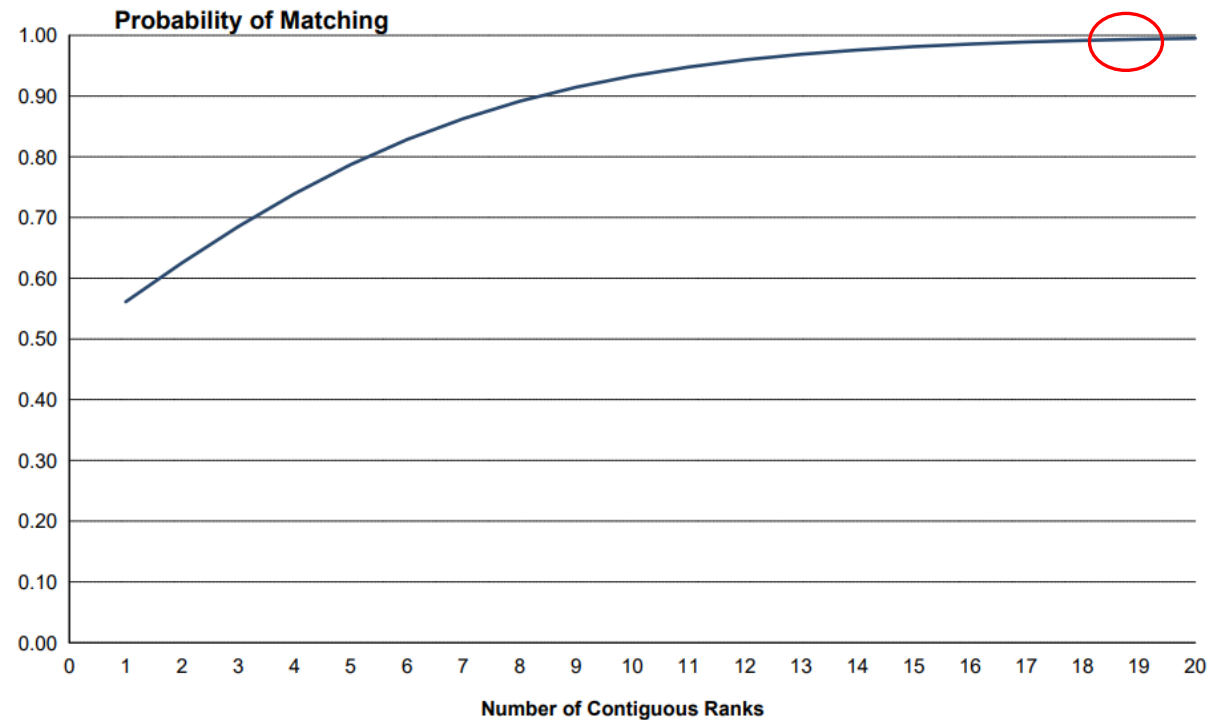
Source: NRMP Data Warehouse

[Charting Outcomes MD Seniors2024.pdf](#)

# Charting Outcomes MD Seniors2024.pdf [Link](#)

Graph  
P-1

Probability of U.S. MD Seniors Matching to Preferred Specialty by Number of Contiguous Ranks  
Psychiatry



Source: NRMP Data Warehouse. Note: Probabilities calculated based on 2022-2024 applicants

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# Goals

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- Apply to a range of programs in terms of competitiveness.
- Ideally you will interview at **12- 14** programs (19 interviews is where the probability curve hits 100%)
- Students should rank all programs they interviewed at unless they would rather go unmatched
- If you have a significant geographic constraint, consider a pre-liminary program back up or a dual-application.

# UMSOM Psychiatry Data

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UMSoM: Psychiatry	2023	2024	2025	2026
Avg No. Applications	108.7	73	72	89
Avg No. Interview Offers	8	16	11	11
% Invites/Applications	7%	22%	15%	12%
<b>No. Signals</b>	<b>5</b>	<b>5</b>	<b>10</b>	<b>10</b>
Percent of Interview Offers from Signaled Programs	**	28%	46%	52%
Percent of Interview Offers from Non-Signaled Programs	**	72%	39%	48%
	**missing data			
<b>Stats</b>				
Average Step 2	250.8	242.4	254	247
Step 2 Average 2022-2026	244			
Step 2 Goal- Charting Outcomes of the Match	246			
99% Probability Match	19 interviews			

# UMSOM Psychiatry Data (continued)

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Data 2022-2026			
Psychiatry	No. Students	Avg. No. Interviews	% Match
All	39	11	37 of 39 (95%)
AOA	4	15	4 of 4 (100%)
Non-AOA	35	13	33 of 35 (94%)
Step 2 >= 240	27	12	26 of 27 (96%)
Step 2 < 240	12	7	11 of 12 (92%)
Step 2 >= 245	23	12	20 of 23 (87%)
Step 2 < 245	16	9	15 of 16 (93%)
GHHS	6	15	6 of 6 (100%)
Non-GHHS	33 (including 1 recommended)	11	31 of 33 (94%)
Clinical Designation			
Exceptional	3	14	3 of 3 (100%)
Outstanding	5	15	5 of 5 (100%)
Excellent	12	11	12 of 12 (100%)
Very Well	19	10	17 of 19 (89%)

# UMSOM Psychiatry Data (continued )

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Clerkship Standing	Interview Hit Rate (%)	Average Applications*	Recommended Range
Exceptional	27	63	50-60
Outstanding	22	65	60-75
Excellent	15	87	75-90
Very Well	18	148	90
Concerns	9	6	100+

\*skewed by  
couples match

# Signaling

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- ❑ Number of Signals Vary per Specialty
- ❑ 10 Signals for Psychiatry in 2025-2026 Application Cycle
  - ❑ Waiting for the 26-27 confirmation
  - ❑ There were 10 signals in 2024-2025 cycle
  - ❑ There were 5 signals in 2023-2024 cycle
- ❑ [Program Signaling for the 2027 MyERAS® Application Season | Students & Residents](#)

# Which Programs to apply to:

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**FREIDA** is a really great tool that can help you look at accredited programs by specialty in different regions around the country. <https://freida.ama-assn.org/Freida/#/>

**AAMC Residency Explorer** is a useful tool in assessing your competitiveness at particular programs:  
<https://www.residencyexplorer.org/Account/Login>

**MedScope Data** \*We will review together – this data allows you to see where you stand as a student at UMSOM

**Departmental Advisors** (as well as faculty advisors, and senior students) are another key source of program information

# Compare Residencies

## Refine by

[x Clear Filters](#)

### Location

#### State

- AK
- AL
- AR
- AZ
- CA
- CO
- CT
- DC
- DE
- FL
- GA
- HI
- IA
- ID
- IL
- IN
- KS
- KY
- LA
- MA
- MD
- ME
- MI
- MN
- MO
- MS
- MT
- NC
- ND
- NE
- NH
- NJ
- NM
- NV
- NY
- OH
- OK
- OR
- PA
- PR
- RI
- SC
- SD
- TN
- TX
- UT
- VA
- VT
- WA
- WI
- WY

[— Show less](#)

#### Region

- Central
- Northeast
- Southern
- Western

#### Zip Code

[— AND —](#)

#### Distance (in miles)

[Apply Zip Code & Distance](#)

### Visas Accepted or Sponsored

- J-1
- H1-B
- F-1 OPT

## Program

[x Clear Search](#)

### Filters:

- MD
- DC
- PA

Specialty: Family Medicine

[Compare Programs](#)

[x Clear Compare List](#)

1 to 50 of 56 results for Programs:

Sorted by: % of matched applicants who were US MD

Compare	Program	% of matched applicants who were US MD	Profile Comparison					City	State	Region	
			Step 1	Step 2 CK	Publications	Research	Volunteer				Work
<input type="checkbox"/>	<a href="#">University of Pennsylvania Health System Program</a>	100%	●	○	●	●	○	●	Philadelphia	PA	Northeast
<input type="checkbox"/>	<a href="#">Sidney Kimmel Medical College at Thomas Jefferson University/TJUH Program</a>	98%	●	○	●	●	—	●	Philadelphia	PA	Northeast
<input type="checkbox"/>	<a href="#">Tower Health/Chestnut Hill Hospital Program</a>	96%	●	●	●	●	○	●	Philadelphia	PA	Northeast
<input type="checkbox"/>	<a href="#">UPMC Medical Education/St Margaret Hospital Program</a>	91%	●	○	●	●	○	●	Pittsburgh	PA	Northeast
<input type="checkbox"/>	<a href="#">Lancaster General Hospital Program</a>	89%	○	○	●	●	—	●	Lancaster	PA	Northeast
<input type="checkbox"/>	<a href="#">MedStar Health/Georgetown-Washington Hospital Center Program</a>	79%	●	●	●	●	○	●	Colmar Manor	MD	Northeast
<input type="checkbox"/>	<a href="#">University of Maryland Program</a>	69%	●	●	●	●	○	●	Baltimore	MD	Northeast

1 - 50 of 56 items

### Profile Comparison Legend

The following icons show how your characteristics compare to 2016-2020 applicants who matched to each program listed below.

- Below range of matched applicants
- Lower 25% of matched applicants
- Middle 50% of matched applicants
- Upper 25% of matched applicants
- + Above Range of matched applicants

If no icon is shown for a program, it means a comparison cannot be calculated. Typically, comparison data cannot be calculated because the program has too few residents or because the program was recently accredited and does not yet have historical data.



# Compare Programs

Specialty: Family Medicine

ACGME residency program code	1202321156	1204100691	1204100696	1204111286
Residency program name	University of Maryland Program	Penn State Milton S Hershey Medical Center/State College Program	Wright Center for Graduate Medical Education (Scranton) Program	Wellspan Health/York Hospital Program
City	Baltimore	State College	Scranton	York
State	MD	PA	PA	PA
Zip	21201-1771	16803	18505	17405
Comparison to Matched Applicants: USMLE Step 1	Your score is in the middle 50% of matched applicants	Your score is in the middle 50% of matched applicants	Your score is in the top 25% of matched applicants	Your score is in the middle 50% of matched applicants
Comparison to Matched Applicants: USMLE Step 2CK	Your score is in the middle 50% of matched applicants	Your score is in the top 25% of matched applicants -		Your score is in the middle 50% of matched applicants
Range of average USMLE Step 1 score of current residents	210-225	210-225		210-225
Average hours/week in year one that resident works (excluding beeper call)	72	60	60	60
Maximum consecutive hours resident is allowed to work in year one (excluding beeper call)	14	14	24	24
% of training spent in year 1 in hospital outpatient clinics	20	20	10	15

# Checklist to be completed **prior** to your meeting

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- Complete the Career Tab on MedScope
- Review your schedule/graduation requirements
- Review the [Residency Application Manual](#)

The below are NOT required but may be helpful

- Meet with Departmental Mentors
- Create a preliminary list of programs of interest (**print/PDF Residency Explorer output**)
- Create a CV Draft ([Curriculum Vitae](#)); we will not go through this at the meeting but can answer specific questions
- Create a Personal Statement draft; we are happy to review outside the meeting timeframe

# What you can be doing now ...

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- Scheduling Tweaks, Away Rotations, Graduation Requirements
- Consider Narrative/Brand
- Work on your CV
- Create a draft of your Personal Statement Meet with Mentors (OSA, Department, Peers) [Advising Workshops](#)- look at Personal Statement Recording
- Create a preliminary list of programs
- Complete the Career Tab on MedScope



# Student Perspectives

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Any Questions?

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