

# OSA INSIDER: S.T.E.P.S. to Success



## March: The Residency Application – Overview and Timeline

Spring is here and the class of 2025 Match Day is around the corner. And that means that the 2026 Residency Application Cycle will officially be opening soon! This month we will focus on the **BIG picture overview** of the residency application process and provide a roadmap for what is to come. Plan to attend the upcoming OSA Workshop (details below) – and read on for more tips and links.

### OSA Workshop – Residency Application Overview [Mandatory]

April 3, 2025 @ 4:30 PM

[Zoom Link](#)

Meeting ID: 927 9151 3779

Passcode: 240460

**Office of Student Affairs**  
[Studentaffairs@som.umaryland.edu](mailto:Studentaffairs@som.umaryland.edu)

### Upcoming Events

Match Day, 2025  
3.21 @ Noon

OSA Workshop – Mandatory  
Residency Application Overview  
4.3 @ 4:30 PM

### OSA STEPS to Success

- S. Self-Assessment
- T. Target Specialty
- E. Experience
- P. Preparation & Planning
- S. Strategy Execution

## Career Booster: Tip of the Month



Keep track of your progress with a Checklist! Keeping track of tasks during the residency application cycle can feel daunting, but using an organized checklist helps you manage your time and make sure you are keeping up with deadlines. You can find **personalized month-by-month checklists** for the Main Match, Military Match, and Early Match in the Residency

Application Manual. *Note: Specific Dates and specialty-specific details are subject to change throughout the cycle.* [RAP – Checklists.](#)

## Your Next Steps: Action Items

- Complete the Advanced Clinical Phase Scheduling Process
- Apply for Extramural (Away) Rotations
- Schedule the USMLE Step 2 Examination
- If you are considering an enrichment year off – let us know ASAP
- Refine or Confirm your Career/Specialty Choice

Please **confirm that your specialty choice is accurate on your MedScope/Career Profile**; Updates can be made by dragging selections

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## Resources at Your Fingertips

The OSA Residency Application Manual

<https://www.medschool.umaryland.edu/osa/advising/residency-application-manual/>

- [Choosing a Specialty](#)
  - [The Residency Application Overview and Timeline](#)
  - [OSA Advising Workshop Series - 2026](#)
  - [The Advanced Clinical Phase and Extramural Rotations](#)
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## ACP Scheduling – Updates

Mar 24 Second sub-internships will be posted to your MedScope profile

Apr 1 Student self-scheduling (Add/Drop period) begins

Apr 28 First rotation of the Advanced Clinical Phase begins

\*Scheduling resources can be found on your MedScope class page and in the [OSA Academic Handbook](#).

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## What's Ahead: Our Next Focus

The Match – Data from the 2026 cycle

ERAS – 2027 cycle begins – students receive ERAS tokens

Student self-scheduling opens

Time to register for your away rotations at SOM

OSA specialty-specific meetings – Dates/Times [here](#)

### Wellness Break



**Spring is here! Enjoy some time outside. Take a walk – or have lunch at the School of Nursing Courtyard among the Cherry Blossoms.**

### OSA Insider Podcasts

[Apple Podcasts](#)

E 92: Time Management

E 24, 25: Applying to Residencies

E95: A Brave Career Path