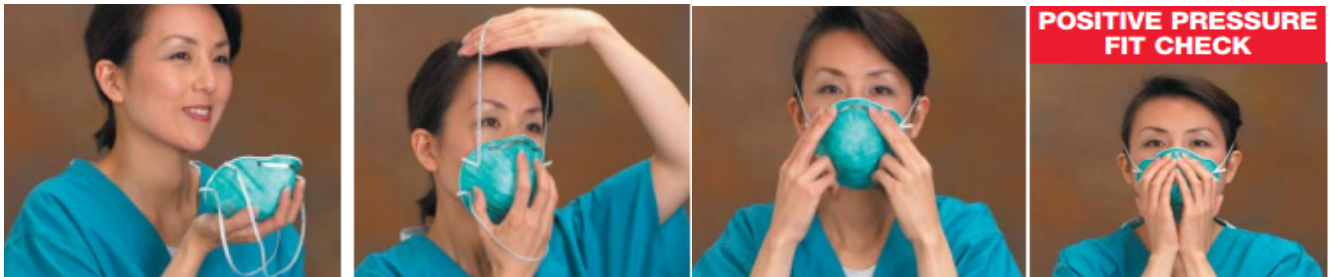


Disposable N95

FITTING INSTRUCTIONS



1. Cup the respirator in your hand, with the nosepiece at your fingertips, allowing the headbands to hang.
2. Position the respirator under your chin with the nosepiece up. Pull the top strap over your head resting it high at the top back of your head. Pull the bottom strap over your head and position it around the neck below the ears.
3. Place your fingertips from both bands at the top of the metal nosepiece. Using two hands, MOLD the nose area to the shape of your nose by pushing inward while moving your fingertips down both side of the nosepiece.

NOTE: Pinching the nosepiece creates a gap and gap is just like not having a respirator on at all!

4. Perform a seal check prior to wearing your respirator EACH TIME. Place both hands completely over the respirator, being careful not to disturb the position, and exhale. If air leaks around your nose or around the edges, you may need to mold the nosepiece better or adjust the straps back along the sides of your head.

Perform fit check again if an adjustment is made. If you cannot achieve a proper fit do not enter area requiring respirator use.

REMOVAL INSTRUCTIONS



1. Without touching the respirator, slowly lift the bottom strap from around your neck up and over your head.
2. Lift off the strap on top of your head. Do **not** touch the respirator
3. Discard Respirator

Reminder:

-you must be fit tested ANNUALLY to stay in compliance with UMMC's policy and for your own SAFETY!

N95'S Limitations:

- N95's do NOT provide oxygen. Do NOT use in an oxygen deficient atmosphere.
- N95's do NOT protect against chemical challenges (cleaning solvents)
- N95'S ARE INTENDED TO BE DISPOSED OF AFTER EACH USE.
- N95's are single user item- do NOT share!

Contact Safety if you have any questions or if you need to schedule your ANNUAL fit testing at:

8-8515 (Kenneth Glenn) or **8-8982** (Kara Latham)

You can also find our monthly open hour fit testing schedule on our Intranet page