

Checklist: SF Match (Ophthalmology)

JANUARY to MARCH	
Specialty Choice	<p><input type="checkbox"/> Work toward identifying/finalizing specialty choice</p> <ul style="list-style-type: none"> • Utilize AAMC Careers in Medicine Resources • Attend OSA Residency Application Workshops • Meet with Specialty Advisor(s), OSA, Senior Students/Alumni Network <p><u>Resources:</u></p> <ul style="list-style-type: none"> • AAMC CiM (Log in required) • The Association of University Professors of Ophthalmology (AUPO) • Resources for Medical Students - Ophthalmology Residency - SF Match - Residency and Fellowship Matching Services • Medical Student Webinars - American Academy of Ophthalmology (aao.org)
ACP Scheduling	<p><input type="checkbox"/> Schedule the Advanced Clinical Phase</p> <ul style="list-style-type: none"> • Meet with Specialty Advisor(s), OSA Advisors, Senior Students/Alumni Network • Consult the SOM Renaissance Curriculum Graduation Requirements • Consider whether you plan to do any extramural ("away") rotations. <p><input type="checkbox"/> Apply to extramural rotations</p> <ul style="list-style-type: none"> • Attend SOM Workshop: Extramural Rotations • Attest to review of Module/Workshop and contact OSA to get VSLO Token • Get a head start on vaccine requirements. • Work on a draft of a personal statement/letter of interest for extramural rotations <p><u>Resources:</u> SOM Academic Handbook, "Clinical Scheduling" and "Extramural Rotations"</p> <p><u>Resources:</u> SOM Renaissance Curriculum Graduation Requirements</p> <p><u>Workshop:</u> ACP Scheduling (12/4)</p> <p><u>Workshop:</u> Extramural Rotations (1/4)</p>
USMLE Step 2	<p><input type="checkbox"/> Schedule your USMLE Step 2 examination</p> <ul style="list-style-type: none"> • we recommend taking no later than July 15, 2025 • expect results 4-8 weeks after your test date <p><u>Workshop:</u> Step 2 Registration and Timing</p>
APRIL to JUNE	
Application Prep	<p><input type="checkbox"/> Update your CV</p> <p><input type="checkbox"/> Begin to outline/draft your personal statement</p> <p><input type="checkbox"/> Consider possible LoR writers</p> <p><u>Resources:</u> SOM Residency Application Manual</p> <p><u>Resources:</u> SF Match Central Application Services (CAS) Instructions</p> <p><u>Resources:</u> Medical Student Resources Association of University Professors of Ophthalmology (aupo.org)</p> <p><u>Resources:</u> AAMC How to Apply for Residency Positions</p> <p><u>Workshop:</u> The Residency Application Overview</p> <p>Workshop: Watch the Personal Statement 101 Video and attend a Personal Statement Workshop (7/15 and 8/19)</p>
OSA Advising	<p><input type="checkbox"/> Attend OSA Specialty Advising Sessions (April and May)</p>

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	<ul style="list-style-type: none"> • Review specifics of applications by specialty including general application strategies, competitiveness of specialty, and unique application aspects for your specialty. <p><input type="checkbox"/> Schedule your personal (1:1) meeting with your OSA Advisor (May, Jun, Jul)</p> <ul style="list-style-type: none"> • Refine specialty choice, discuss Advanced Clinical Phase Schedule and review graduation requirements, review components of the residency application, discuss/review the MSPE, discuss application specifics including number of and which programs to apply to as well as contingency planning. <p><input type="checkbox"/> Discuss contingency planning</p> <p><input type="checkbox"/> Monitor timelines/announcements on different professional websites</p> <ul style="list-style-type: none"> • Medical Students - American Academy of Ophthalmology (aao.org) • Resources for Medical Students - Ophthalmology Residency - SF Match • AUPO Medical Student Resources •
Access MyERAS	<p><input type="checkbox"/> Access your MyERAS Application – OSA will issue token in April</p> <ul style="list-style-type: none"> • Access is limited to demographic information and LoR portal <p><input type="checkbox"/> Obtain your ERAS Photo – OSA will help schedule with SOM photographer</p> <p>*Even for students in SF Match, it is still important to Access MyERAS as some advanced programs require ERAS applications for preliminary programs.</p>
JUNE to AUGUST	
USMLE Step 2	<p><input type="checkbox"/> Take USMLE Step 2 (May, Jun, July) – last day to take July 15, 2025</p>
Acuity Insights	<p><input type="checkbox"/> Determine whether you will need to take CASPER/Acuity Insights (Specialty/Program specific). https://acuityinsights.app/</p>
Central Application Services (CAS)	<p><input type="checkbox"/> Being applying through the Central Application Service (CAS)</p> <ul style="list-style-type: none"> • CAS Opens July 1, 2025- “Applicant Registration” • Begin working on your application (demographics, experiences, supporting documents) <p><i>Resources: SF Match Central Application Services (CAS) Instructions</i> <i>Resource FAQs - Ophthalmology Residency - SF Match - Residency and Fellowship Matching Services</i> <i>Resource: SF Match FAQ 2025-2026</i> <i>Workshop: Residency Application Workshop June 3rd</i></p>
Application	<p><input type="checkbox"/> Fine tune your CAS Application and supporting documents</p> <p><input type="checkbox"/> Continue editing your Personal Statement (ensure multiple reviewers)</p> <p><input type="checkbox"/> Confirm Letter Writers (recommend they submit by mid-August. No later than September 2nd)</p> <ul style="list-style-type: none"> • AUPO Letters of Recommendation Webinar • Ophthalmology Match Letters of Recommendation FAQ. 2025-2026 <p><input type="checkbox"/> Submit your Noteworthy Characteristics to OSA (June)</p> <p><input type="checkbox"/> Review your MSPE for accuracy, spelling, grammar (August)</p> <p><input type="checkbox"/> Choose/refine program list (using data from OSA/Specialty Advisors, Peer Advisors, National Resources)</p> <p><input type="checkbox"/> Contact programs of interest (website/email) to confirm application requirements and individual deadline dates.</p> <p><i>Resources: AAMC Residency Explorer</i></p>

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	<p><u>Resources:</u> SOM Alumni Network (Access via MedScope Portfolio Career Tab)</p>
SEPTEMBER	
Submit Application	<p><input type="checkbox"/> Submit CAS Application</p> <ul style="list-style-type: none"> ○ 9/2/2025 CAS Target Date- this is the date that applications are released to programs ○ Applicants may upload supplemental documents and additional applications as available. This is NOT a deadline. Programs can accept applications after this date. It is the applicant's responsibility to contact training programs for individual deadline dates. <ul style="list-style-type: none"> ● Double check that your application is complete <p><input type="checkbox"/> Release USMLE Transcripts</p> <p><input type="checkbox"/> Upload your Photo</p> <p><input type="checkbox"/> Apply to Programs – use all your available program signals</p> <p><input type="checkbox"/> Assign documents (LoR, Personal Statement, Photo, USMLE Transcript)</p> <p><i>NOTE: OSA will upload MSPE/Transcript – automatically sent to all programs</i></p> <p><input type="checkbox"/> Certify your application</p> <p><input type="checkbox"/> Signals: Ophthalmology will have 10 signals this year</p> <ul style="list-style-type: none"> ● SF Ophthalmology Signaling 2025-2026 <p><u>Resources:</u> SF Match - An overview of completing an application and accepting interview invitations - Zoom</p>
SEPTEMBER to JANUARY	
NRMP / Match	<p><input type="checkbox"/> Register for NRMP Match Service - https://www.nrmp.org/</p> <ul style="list-style-type: none"> ● Registration opens September; standard registration ends Jan 31st ● Ophthalmology Applicants MUST still register for NRMP as you may need to use this in your preliminary year <p><input type="checkbox"/> Learn how the Match works -review SF Match Rules</p> <p><u>Resources:</u> Match Rules - Ophthalmology Residency - SF Match</p> <p><u>Resources:</u> SF Match Timeline 2025-2026</p>
Interviews	<p><input type="checkbox"/> Schedule and attend program interviews</p> <ul style="list-style-type: none"> ● For Ophthalmology 2026, they are piloting Coordinated Release Dates ● These Dates will be October 15, October 22, October 29 and November 5 ● ALL Interviews released at 12pm PST ● There is a 48hour window to accept or decline an interview ● Students can accept up to a maximum of 15 interviews at a time ● If you want to switch a new interview offer out, you will need to release one after you have 15 ● After November 5th, programs can invite for interviews or unfilled spots as they have in the past ● You will use the SF Match Interview Scheduler Queue ● First Day of Interviews will be October 27th ● Last day of interviews will be December 19th ● All Interviews will be VIRTUAL for 2025-2026 season ● Applicants should actively monitor email and interview broker programs

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	<p><u>Resources:</u> SOM Residency Application Manual – “Interviews”</p> <p><u>Resources:</u> AUPO Interview FAQ</p> <p><u>Resources:</u> SF Match Interview Scheduler Demo</p> <p><u>Resources:</u> SOM Interview Mock Program- OSA will coordinate with Dr. Levin</p> <p><u>Workshop:</u> Interview Preparedness</p> <p><u>Workshop:</u> Post-Interview – Etiquette, Ranking, and More</p>
ACP Schedule	<input type="checkbox"/> Confirm final schedule and Graduation Requirements
JANUARY-FEBRUARY	
Open House Sign Up and Visits	<input type="checkbox"/> Open House - applicant signup period Tuesday, October 28 - Tuesday, January 20, 2026 <input type="checkbox"/> Open House Tours: Monday, January 5, 2026 - Tuesday, January 20, 2026: Attend optional program visit days <p>*Note: Friday, January 2, 2026 @ 12:00 PM (noon) PT: Program Rank List Deadline</p>
Ranking	<input type="checkbox"/> Submit your Rank Order List through SF Match <ul style="list-style-type: none"> Deadline to submit your rank list is Thursday, January 22, 2026 @ 12:00 PM (noon) PT We recommend submitting at least 48 hours in advance <p><u>Resources:</u></p> <p>FAQs - Ophthalmology Residency - SF Match Ranking</p> <p>NRMP Creating a ROL, Supplemental ROL, and Couples in the Match</p>
MATCH RESULTS	<p>Match Results: Thursday, January 29, 2026 5:00 AM PT</p> <ul style="list-style-type: none"> Match results are made available to programs, applicants, and US medical schools through the SF Match system. A login is required to view results. <p>Post-match vacancies: Thursday, January 29, 2026 9:00 AM PT</p> <ul style="list-style-type: none"> Any vacancies which remain after the match will be announced on the Immediate Vacancies page. Vacancy listings are managed by individual programs.
Tasks	<input type="checkbox"/> Contact your Program to see if you need to participate in the NRMP match for your preliminary or advanced program! <input type="checkbox"/> Complete the OSA Advising Survey – available after ROL deadline <input type="checkbox"/> Complete the AAMC Graduation Questionnaire – opens 2/14 <input type="checkbox"/> Join the Alumni Network
MARCH	
The Match	<input type="checkbox"/> Attend Mandatory Match Week Workshop (TBD) <input type="checkbox"/> Plan on being in Baltimore for the entirety of Match Week <ul style="list-style-type: none"> Match week is the third week in March If you are waiting on a prelim year, Monday 3/16/2024 at 10 am, students will receive notification of Match status Unmatched students should report to OSA

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	<p><input type="checkbox"/>Celebrate Match Day – Friday March 20th, 2025 – with Family & Friends at M&T Bank Exchange</p> <ul style="list-style-type: none">• Students should anticipate hearing from programs shortly after Match <p><u>Resources:</u> Match Week Schedule</p> <p><u>Resources:</u> NRMP SOAP</p>
APRIL to JUNE	
Post Match	<ul style="list-style-type: none"><input type="checkbox"/>Attend Transition to Residency (April)<input type="checkbox"/>Check your transcript for completion of graduation requirements<input type="checkbox"/>Order Graduation Regalia (April)<input type="checkbox"/>Complete Licensure and Verification Paperwork – OSA can assist<input type="checkbox"/>Prepare to Move<input type="checkbox"/>Join the Alumni Network<input type="checkbox"/>Complete the AAMC Graduation Questionnaire<input type="checkbox"/>Participate in Senior Year Events<input type="checkbox"/>Celebrate Commencement with Family and Friends – May 2026