

# Checklist: SF Match (Ophthalmology)

JANUARY to MARCH	
<b>Specialty Choice</b>	<input type="checkbox"/> Work toward identifying/finalizing specialty choice <ul style="list-style-type: none"> <li>Utilize AAMC Careers in Medicine Resources</li> <li>Attend OSA Residency Application Workshops</li> <li>Meet with Specialty Advisor(s), OSA, Senior Students/Alumni Network</li> </ul> <p><u>Resources:</u></p> <ul style="list-style-type: none"> <li><a href="#">AAMC CiM</a> (Log in required)</li> <li><a href="#">The Association of University Professors of Ophthalmology (AUPO)</a></li> <li><a href="#">Resources for Medical Students - Ophthalmology Residency - SF Match - Residency and Fellowship Matching Services</a></li> <li><a href="#">Medical Student Webinars - American Academy of Ophthalmology (aao.org)</a></li> </ul>
<b>ACP Scheduling</b>	<input type="checkbox"/> Schedule the Advanced Clinical Phase <ul style="list-style-type: none"> <li>Meet with Specialty Advisor(s), OSA Advisors, Senior Students/Alumni Network</li> <li>Consult the SOM Renaissance Curriculum Graduation Requirements</li> <li>Consider whether you plan to do any extramural (“away”) rotations.</li> </ul> <input type="checkbox"/> Apply to extramural rotations <ul style="list-style-type: none"> <li>Attend SOM Workshop: Extramural Rotations</li> <li>Attest to review of Module/Workshop and contact OSA to get VSLO Token</li> <li>Get a head start on vaccine requirements.</li> <li>Work on a draft of a personal statement/letter of interest for extramural rotations</li> </ul> <p><u>Resources:</u> <a href="#">SOM Academic Handbook</a>, “Clinical Scheduling” and “Extramural Rotations”</p> <p><u>Resources:</u> <a href="#">SOM Renaissance Curriculum Graduation Requirements</a></p> <p><u>Workshop:</u> ACP Scheduling (12/4)</p> <p><u>Workshop:</u> Extramural Rotations (1/4)</p>
<b>USMLE Step 2</b>	<input type="checkbox"/> Schedule your USMLE Step 2 examination <ul style="list-style-type: none"> <li>we recommend taking no later than July 15, 2025</li> <li>expect results 4-8 weeks after your test date</li> </ul> <p><u>Workshop:</u> Step 2 Registration and Timing</p>
APRIL to JUNE	
<b>Application Prep</b>	<input type="checkbox"/> Update your CV <input type="checkbox"/> Begin to outline/draft your personal statement <input type="checkbox"/> Consider possible LoR writers <p><u>Resources:</u> <a href="#">SOM Residency Application Manual</a></p> <p><u>Resources:</u> <a href="#">SF Match Central Application Services (CAS) Instructions</a></p> <p><u>Resources:</u> <a href="#">Medical Student Resources   Association of University Professors of Ophthalmology (aupo.org)</a></p> <p><u>Resources:</u> <a href="#">AAMC How to Apply for Residency Positions</a></p> <p><u>Workshop:</u> The Residency Application Overview</p> <p>Workshop: Watch the Personal Statement 101 Video and attend a Personal Statement Workshop (7/15 and 8/19)</p>
<b>OSA Advising</b>	<input type="checkbox"/> Attend OSA Specialty Advising Sessions (April and May)

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	<ul style="list-style-type: none"> <li>Review specifics of applications by specialty including general application strategies, competitiveness of specialty, and unique application aspects for your specialty.</li> </ul> <input type="checkbox"/> Schedule your personal (1:1) meeting with your OSA Advisor (May, Jun, Jul) <ul style="list-style-type: none"> <li>Refine specialty choice, discuss Advanced Clinical Phase Schedule and review graduation requirements, review components of the residency application, discuss/review the MSPE, discuss application specifics including number of and which programs to apply to as well as contingency planning.</li> </ul> <input type="checkbox"/> Discuss contingency planning <input type="checkbox"/> Monitor timelines/announcements on different professional websites <ul style="list-style-type: none"> <li><a href="#">Medical Students - American Academy of Ophthalmology (aao.org)</a></li> <li><a href="#">Resources for Medical Students - Ophthalmology Residency - SF Match</a></li> <li><a href="#">AUPO Medical Student Resources</a></li> <li></li> </ul>
<b>Access MyERAS</b>	<input type="checkbox"/> Access your MyERAS Application – OSA will issue token in April <ul style="list-style-type: none"> <li>Access is limited to demographic information and LoR portal</li> </ul> <input type="checkbox"/> Obtain your ERAS Photo – OSA will help schedule with SOM photographer *Even for students in SF Match, it is still important to Access MyERAS as some advanced programs require ERAS applications for preliminary programs.
<b>JUNE to AUGUST</b>	
<b>USMLE Step 2</b>	<input type="checkbox"/> Take USMLE Step 2 (May, Jun, July) – last day to take July 15, 2025
<b>Acuity Insights</b>	<input type="checkbox"/> Determine whether you will need to take CASPER/Acuity Insights (Specialty/Program specific). <a href="https://acuityinsights.app/">https://acuityinsights.app/</a>
<b>Central Application Services (CAS)</b>	<input type="checkbox"/> Being applying through the Central Application Service (CAS) <ul style="list-style-type: none"> <li>CAS Opens July 1, 2025- “Applicant Registration”</li> <li>Begin working on your application (demographics, experiences, supporting documents)</li> </ul> <p><i>Resources:</i> <a href="#">SF Match Central Application Services (CAS) Instructions</a>  <i>Resource</i> <a href="#">FAQs - Ophthalmology Residency - SF Match - Residency and Fellowship Matching Services</a>  <i>Resource:</i> <a href="#">SF Match FAQ 2025-2026</a>  <i>Workshop:</i> <a href="#">Residency Application Workshop June 3rd</a></p>
<b>Application</b>	<input type="checkbox"/> Fine tune your CAS Application and supporting documents <input type="checkbox"/> Continue editing your Personal Statement (ensure multiple reviewers) <input type="checkbox"/> Confirm Letter Writers (recommend they submit by mid-August. No later than September 2nd) <ul style="list-style-type: none"> <li><a href="#">AUPO Letters of Recommendation Webinar</a></li> <li><a href="#">Ophthalmology Match Letters of Recommendation FAQ. 2025-2026</a></li> </ul> <input type="checkbox"/> Submit your Noteworthy Characteristics to OSA (June) <input type="checkbox"/> Review your MSPE for accuracy, spelling, grammar (August) <input type="checkbox"/> Choose/refine program list (using data from OSA/Specialty Advisors, Peer Advisors, National Resources) <input type="checkbox"/> Contact programs of interest (website/email) to confirm application requirements and individual deadline dates. <p><i>Resources:</i> <a href="#">AAMC Residency Explorer</a></p>

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	<u>Resources:</u> SOM Alumni Network (Access via MedScope Portfolio Career Tab)
<b>SEPTEMBER</b>	
<b>Submit Application</b>	<input type="checkbox"/> Submit CAS Application <ul style="list-style-type: none"> <li>○ 9/2/2025 CAS Target Date- this is the date that applications are released to programs</li> <li>○ Applicants may upload supplemental documents and additional applications as available. This is NOT a deadline. Programs can accept applications after this date. It is the applicant's responsibility to contact training programs for individual deadline dates.</li> </ul> <ul style="list-style-type: none"> <li>• Double check that your application is complete               <ul style="list-style-type: none"> <li><input type="checkbox"/> Release USMLE Transcripts</li> <li><input type="checkbox"/> Upload your Photo</li> <li><input type="checkbox"/> Apply to Programs – use all your available program signals</li> <li><input type="checkbox"/> Assign documents (LoR, Personal Statement, Photo, USMLE Transcript)</li> </ul> </li> </ul> <p><i>NOTE: OSA will upload MSPE/Transcript – automatically sent to all programs</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Certify your application</li> </ul> <input type="checkbox"/> Signals: Ophthalmology will have 10 signals this year <ul style="list-style-type: none"> <li>• <a href="#">SF Ophthalmology Signaling 2025-2026</a></li> </ul> <p><u>Resources:</u> <a href="#">SF Match - An overview of completing an application and accepting interview invitations - Zoom</a></p>
<b>SEPTEMBER to JANUARY</b>	
<b>NRMP / Match</b>	<input type="checkbox"/> Register for NRMP Match Service - <a href="https://www.nrmp.org/">https://www.nrmp.org/</a> <ul style="list-style-type: none"> <li>• Registration opens September; standard registration ends Jan 31<sup>st</sup></li> <li>• Ophthalmology Applicants MUST still register for NRMP as you may need to use this in your preliminary year</li> </ul> <input type="checkbox"/> Learn how the Match works -review SF Match Rules <p><u>Resources:</u> <a href="#">Match Rules - Ophthalmology Residency - SF Match</a></p> <p><u>Resources:</u> <a href="#">SF Match Timeline 2025-2026</a></p>
<b>Interviews</b>	<input type="checkbox"/> Schedule and attend program interviews <ul style="list-style-type: none"> <li>• For Ophthalmology 2026, they are piloting Coordinated Release Dates</li> <li>• These Dates will be October 15, October 22, October 29 and November 5</li> <li>• ALL Interviews released at 12pm PST</li> <li>• There is a 48hour window to accept or decline and interview</li> <li>• Students can accept to a maximum of 15 interviews at a time</li> <li>• If you want to switch a new interview offer out, you will need to release one after you have 15</li> <li>• After November 5<sup>th</sup>, programs can invite for interviews or unfilled spots as they have in the past</li> <li>• You will use the SF Match Interview Scheduler Queue</li> <li>• First Day of Interviews will be October 27<sup>th</sup></li> <li>• Last day of interviews will be December 19th</li> <li>• All Interviews will be VIRTUAL for 2025-2026 season</li> <li>• Applicants should actively monitor email and interview broker programs</li> </ul>

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	<p><u>Resources:</u> <a href="#">SOM Residency Application Manual</a> – “Interviews”</p> <p><u>Resources:</u> <a href="#">AUPO Interview FAQ</a></p> <p><u>Resources:</u> <a href="#">SF Match Interview Scheduler Demo</a></p> <p><u>Resources:</u> SOM Interview Mock Program- OSA will coordinate with Dr. Levin</p> <p><u>Workshop:</u> Interview Preparedness</p> <p><u>Workshop:</u> Post-Interview – Etiquette, Ranking, and More</p>
<b>ACP Schedule</b>	<input type="checkbox"/> Confirm final schedule and Graduation Requirements
<b>JANUARY-FEBRUARY</b>	
<b>Open House Sign Up and Visits</b>	<p><input type="checkbox"/> Open House - applicant signup period Tuesday, October 28 - Tuesday, January 20, 2026</p> <p><input type="checkbox"/> Open House Tours: Monday, January 5, 2026 - Tuesday, January 20, 2026: Attend optional program visit days</p> <p>*Note: Friday, January 2, 2026 @ 12:00 PM (noon) PT: Program Rank List Deadline</p>
<b>Ranking</b>	<p><input type="checkbox"/> Submit you Rank Order List through SF Match</p> <ul style="list-style-type: none"> <li>• Deadline to submit your rank list is Thursday, January 22, 2026 @ 12:00 PM (noon) PT</li> <li>• We recommend submitting at least 48 hours in advance</li> </ul> <p><u>Resources:</u></p> <p><a href="#">FAQs - Ophthalmology Residency - SF Match Ranking</a></p> <p>NRMP <a href="#">Creating a ROL</a>, <a href="#">Supplemental ROL</a>, and <a href="#">Couples in the Match</a></p>
<b>MATCH RESULTS</b>	<p>Match Results: Thursday, January 29, 2026 5:00 AM PT</p> <ul style="list-style-type: none"> <li>• Match results are made available to programs, applicants, and US medical schools through the SF Match system. A login is required to view results.</li> </ul> <p>Post-match vacancies: Thursday, January 29, 2026 9:00 AM PT</p> <ul style="list-style-type: none"> <li>• Any vacancies which remain after the match will be announced on the Immediate Vacancies page. Vacancy listings are managed by individual programs.</li> </ul>
<b>Tasks</b>	<p><input type="checkbox"/> Contact your Program to see if you need to participate in the NRMP match for your preliminary or advanced program!</p> <p><input type="checkbox"/> Complete the OSA Advising Survey – available after ROL deadline</p> <p><input type="checkbox"/> Complete the AAMC Graduation Questionnaire – opens 2/14</p> <p><input type="checkbox"/> Join the Alumni Network</p>
<b>MARCH</b>	
<b>The Match</b>	<p><input type="checkbox"/> Attend Mandatory Match Week Workshop (TBD)</p> <p><input type="checkbox"/> Plan on being in Baltimore for the entirety of Match Week</p> <ul style="list-style-type: none"> <li>• Match week is the third week in March</li> <li>• If you are waiting on a prelim year, Monday 3/16/2024 at 10 am, students will receive notification of Match status</li> <li>• Unmatched students should report to OSA</li> </ul>

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	<div><input type="checkbox"/> Celebrate Match Day – Friday March 20th, 2025 – with Family &amp; Friends at M&amp;T Bank Exchange<ul style="list-style-type: none"><li>Students should anticipate hearing from programs shortly after Match</li></ul></div> <div><i>Resources:</i> <a href="#">Match Week Schedule</a></div> <div><i>Resources:</i> <a href="#">NRMP SOAP</a></div>
<b>APRIL to JUNE</b>	
<b>Post Match</b>	<div><input type="checkbox"/> Attend Transition to Residency (April)</div> <div><input type="checkbox"/> Check your transcript for completion of graduation requirements</div> <div><input type="checkbox"/> Order Graduation Regalia (April)</div> <div><input type="checkbox"/> Complete Licensure and Verification Paperwork – OSA can assist</div> <div><input type="checkbox"/> Prepare to Move</div> <div><input type="checkbox"/> Join the Alumni Network</div> <div><input type="checkbox"/> Complete the AAMC Graduation Questionnaire</div> <div><input type="checkbox"/> Participate in Senior Year Events</div> <div><input type="checkbox"/> Celebrate Commencement with Family and Friends – May 2026</div>