

River of Life Journey Itinerary

Points of Interest on Carolyn and Sydney's Epic Kayak River of Life Journey

July 21, The Future of Breast Cancer Research

New York City, Downtown Boathouse, Pier 26 on the Hudson

- **3:00 p.m., Press Availability.** Come learn about breast cancer survivor Carolyn Choate's upcoming 300-mile kayak journey with her daughter Sydney to raise awareness for breast cancer research in honor of the late Angela Brodie, PhD.
- Dr. Brodie was the University of Maryland School of Medicine Scientist who developed a breast cancer treatment that has saved thousands of lives. Carolyn and Sydney are raising money to support future breast cancer research. At this press conference Carolyn will discuss her upcoming trip.
- The mother-daughter team is embarking on this trip to raise funds for a special [endowment in honor of Dr. Angela Brodie](#), to ensure future generations of breast cancer research.

Aug. 5- Promoting Cancer Research

Worcester, MA

- **4:00 Lake Quinsigamond. Press conference.** Carolyn chose the location where Dr. Angela Brodie conducted critical research at the Worcester Foundation to raise awareness of breast cancer research. Carolyn will talk about her trip and about how Dr. Brodie's research saved her life. She will also discuss her fundraising goal for the University of Maryland School of Medicine.
- 7:05 p.m., Carolyn throws the first pitch for the Worcester Bravehearts in honor of the late Dr. Angela Brodie and her early work at the Worcester Foundation and to help raise [funds for future generations](#) of breast cancer research

Aug. 7 - Cambridge Mass. Event

Charles River, Cambridge, Mass. Harvard Boathouse

- **10:00 a.m., Press Conference.** Carolyn will outline all the details of her trip with her daughter Sydney, which starts on the Delaware River and ends in Baltimore harbor, to raise awareness and funds for breast cancer research. She will then paddle from the Harvard Boathouse to MIT's Boathouse on the Charles River.
- Carolyn and Sydney's goal is to raise \$500,000 to support a special endowment in honor of Dr. Brodie.

Aug. 10, Mile 1, The Journey Begins!

Port Jervis, NY Public Boat Launch

- **8:30 a.m., Press conference and send-off.** Join Port Jervis City officials, members of the community and others in sending Carolyn and Sydney off on their epic 300-mile kayak trip to honor the life-changing breast cancer research of the late Dr. Angela Brodie and to raise support for future generations of research.

Aug. 11, Mile 17

Smithfield Beach, Bushkill, PA

- Carolyn and Sydney Paddle onto the Scenic Middle Delaware River

Aug. 12, Mile 42

Shawnee on the Delaware, PA

- **3:00 p.m., Press Conference** Carolyn and Sydney arrive at the Historic Shawnee Inn in Shawnee on the Delaware PA. Sydney Turnbull will talk about why supporting breast cancer research is important to her and future generations.
- Carolyn and Sydney will be greeted by representatives from the National Prostate Cancer Foundation to discuss how Dr. Angela Brodie's research has translated to research in prostate cancer.

Aug. 14, Mile 75

Easton, PA, Scott Park Boat Ramp

- **3:00 p.m., Press Conference:** Carolyn and Sydney arrive in Easton and will be joined by Easton Mayor Sal Panto, Jr. as well as officials from Lafayette College to discuss the importance of biomedical research.
- Hometown of [Crayola](#), officials from the crayon maker will greet Carolyn and Sydney and make a special presentation to honor the breast cancer research of Dr. Angela Brodie and to help promote future research.

Aug. 17, Mile 110

Lambertville, NJ, Lambertville Station Inn

- **4:00 p.m., Press Conference.** Carolyn and Sydney paddle in to the boat ramp behind the Lambertville Station Inn. They are joined by local area breast cancer survivors, who will highlight the importance of supporting future breast cancer research.

Aug. 18, Mile 126

Trenton, NJ, Public Boat Ramp (1601 Lambertson Road)

- **3:00 p.m., Press Conference.** Carolyn and Sydney will discuss their trip and highlight the importance of supporting breast cancer research. Officials from the New Jersey Department of Health will speak about the state's cancer registry program, a critical tool in researching and tracking cancer trends.

Aug. 19, Mile 140

Burlington, NJ, Burlington Boat Ramp (E. Pearl Street)

- **3:00 p.m., Meet and Greet.** Nearing the halfway point on their epic kayak journey, Carolyn and Sydney paddle into in Burlington, N.J.

Aug. 22 Mile 178

West Deptford, NJ, 1075 Riverwinds Drive

- **3:00 p.m. – 4:00 p.m. Meet and Greet.** Come meet Carolyn and Sydney as they arrive in West Deptford, NJ on their last day after paddling on the Delaware River for several days and many miles.

Aug. 26, Mile 250

Havre De Grace, MD, Tidings Park

- **12:00-1:00 p.m., Press Conference** Carolyn and Sydney paddle into Carolyn's birth place to honor Carolyn's Cousin Anne Hellmann, a registered nurse and community health educator who lost her life to cancer. Maryland State Senator H. Wayne Norman, Jr. will make a brief presentation as well as officials from the City of Havre de Grace to discuss the importance of supporting future breast cancer research.

Aug. 27, Mile 300, A Paddling Homecoming

Baltimore Harbor, Baltimore MD, near the Science Center

- **8:30 a.m.-10:00: a.m. Press Conference** It will be amazing to see Carolyn and Sydney paddle into to Baltimore Harbor in Baltimore, Md., flanked by dozens of other kayakers, as the mother-daughter team completes a 300-mile journey. At a press conference to follow, Carolyn and Sydney will discuss the important breast cancer research at the University of Maryland School of Medicine and the work of Dr. Angela Brodie they credit for saving Carolyn's life.
- Sydney will highlight the importance of supporting future generations of research and the progress they've made on this epic kayaking and fundraising journey.
- A check will be presented to University of Maryland School of Medicine officials to support a Distinguished Professorship in honor of Dr. Brodie,
- Officials from Baltimore City and the State of Maryland will be there to discuss Maryland's role in breast cancer and biomedical research.
- Carolyn and Sydney will paddle into Baltimore Harbor joined by several other boaters with the [Chesapeake Paddlers Association](#), [Canton Kayak Club](#), the Inner Harbor Paddlers Club and others.

Aug. 28, Baltimore Orioles

Oriole Park, Baltimore, MD.

- **7:05 p.m.** Carolyn will be honored by the Baltimore Orioles at the *Orioles vs. Seattle Mariners* home game.