



UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

University of Maryland School of Medicine

University of Maryland School of Medicine Admissions Overview

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UMSOM Mission & Vision:

Mission:

We pursue excellence across biomedical research, education, and patient care to advance health equity and wellness for people in Baltimore, the State of Maryland, and around the world. Together, we work to solve generational health challenges and make lasting contributions to the betterment of our diverse and interconnected communities.

Vision:

To stand as one of the nation's leading public medical schools, distinguished by an unwavering commitment to fostering vibrant and healthy communities through bold discovery science, transformative education, and personalized, equitable patient care.

UMSOM/UMB Core Values



**RESPECT
and
INTEGRITY**



**RESPECT AND
INTEGRITY**

We value each other and hold ourselves accountable for acting ethically and transparently using compassion and empathy.



**WELL-BEING
and
SUSTAINABILITY**



**WELL-BEING AND
SUSTAINABILITY**

We care about the welfare of our people, planet, communities, and University.



**EQUITY
and
JUSTICE**



EQUITY AND JUSTICE

We embrace and are committed to diversity, and we value inclusive and just communities. We oppose racism and oppression in all their forms.



**INNOVATION
and
DISCOVERY**



**INNOVATION AND
DISCOVERY**

We imagine and explore new and improved ways to accomplish our mission through education, research, clinical care, and service.



Unique Opportunities at UMSOM & UMMC



- Shock Trauma Center
- Transplant & xenotransplant programs
- Maryland Proton Treatment Center
- Institute for Health Computing
- Senior Associate Dean for Population and Community Medicine – West Baltimore Health Village



University of Maryland Medical Center



Electives & Dual Degree Programs

Primary Care

Medical Spanish

Social Justice

CAPP (Combined Accelerated Program in Psychiatry)

Humanism Symposium

Genetics Consortium

Interprofessional: Critical Issues in Healthcare (Law); Critical Issues in Global Health (Nursing)

Rural Health Equity and Access Longitudinal Elective (R-HEALE)

CLIMB (Business in Medicine)

Medical Education and Leadership

Dual degrees (MD/PhD, MD/MPH, MD/MS, MD/MBA, MD/MHPE)

Admissions Stats:

- >7000 applications
- ~600 applicants interviewed
- To matriculate 165 students
 - 4-5% acceptance rate



Application Process – The Primary

- Primary application through AMCAS → to all schools
 - Begin preparation MONTHS before (personal statement, activity descriptions)
- Opens **May 1** , submission opens **May 28**
 - UMSOM AMCAS Primary deadline = **Nov 1st**
- **APPLY EARLY as POSSIBLE!! (Maryland = Rolling Admissions)**
 - You can submit the application before MCAT taken
- AMCAS begins sending applications to schools end of **June**
- We distribute secondary applications early July to all applicants

Application Process – The UMSOM Secondary

- Everyone gets a secondary application
- **Deadline for secondary = December 1st!**
 - But don't wait for the deadline...
 - Submit early as possible
- We will review your application only when it is COMPLETE (Secondary, MCAT, LORs)
 - Screening begins mid-July
- Additional Questions and Photo
- DO NOT copy and paste from the primary
 - Or from previous applications!!



Academic potential &
scholarly activity

Clinical exposure,
understanding the
physician role

UMD Medical
Student
Characteristics

Dedication to service
and social justice

Interpersonal
communication, team
player



Clinical Exposure

- Rationale: Explore your interest and confirm your decision
- What “counts” as clinical exposure?
 - Medical setting: working with patients & physicians
 - **Patients and physicians interacting together is best**
 - **Shadowing, Scribing, Interpreting, Telemedicine (patient care)**
 - No minimum hours, quality > quantity
 - Go outside your comfort zone (including family)

Serve the community

- Volunteering can be in any type of service, not just medical
 - In fact, preferred to have something not medical; avoid double dipping
- Seek opportunity to **engage with your community**, and those **outside your usual social groups**
 - Also no time minimum or maximum hours
- **How you describe your activity and experience as more important as the activity itself!**
- There should consistent engagement in these activities through college/ within last 3 years prior to application



Academics

- Average GPA 3.7-3.8, Average MCAT 513-514 (90th percentile)
 - Sci GPA <3.2, pursue PB or grad deg
 - MCAT range 500-528
- Can have any major, but need course requirements:
 - 2 semesters of English, Biology, Inorganic Chem, Organic Chem (Biochem = Org Chem 2), Physics
 - Review MSAR
- Ok to have AP/IB, community college, and online credits



Research

- Not required for MD only, but always a positive
- Required for MD/PhD & MD/Master's
 - Can elect to complete PhD, MPH, MS later during medical school
- Can do basic science or clinical research



Admissions Process Highlights

Holistic review

Committee on Admissions diversity,
unconscious bias training

Interviewers do not have access to
GPA or MCAT scores

“Rolling” admissions process

Interviews

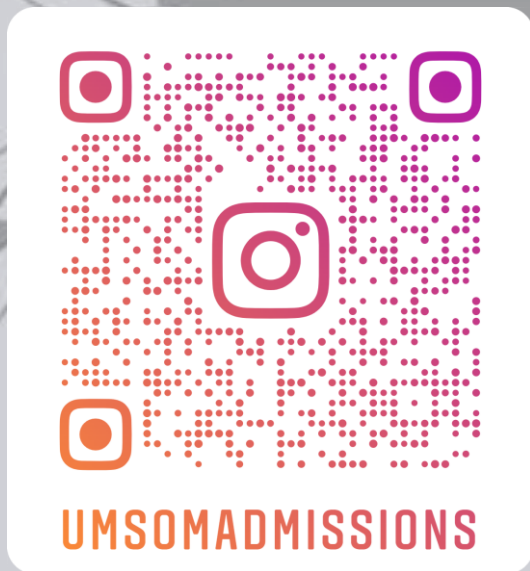
- Interview **EARLY!!!**
- **UMSOM interviews: 2 face to face conversations (virtual)**
- Dress professionally
- Be ready to discuss the contents of your application
- Be on time and fully present for all portions of the interview day
- Be yourself





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Thank you!





The Renaissance Curriculum



Shorter, more clinically focused pre-clerkship curriculum



Earlier entry into clinical rotations



Tailored, clinically useful advanced clinical phase

Student groups and service in the community

- Practice of Medicine includes service-learning component
 - Tutoring and mentorship in multiple BCPS programs
 - Baltimore Leadership School for Young Women
 - THREAD
 - UMB CURE
 - Paul's Place
 - Gilchrist Hospice
 - UMB Health Alliance
- Student activity interest groups
 - SNMA, LMSA, APAMSA, WIM, LGBTQ+ Health, SAMSA, MSA, JSA, WC4BL
 - Peds Pals, Sight Savers
 - Otitis Musica, Hippocratic Notes
(<https://www.youtube.com/watch?v=LvzzyfiNqWY>)

