



## Third Annual MELA Education Day

October 6, 2023

### 11:30-1 pm Plenary session

11:30-12:00 pm

**Annual business meeting of MELA membership**

12:00-1:00 pm

**Keynote:** Fostering Psychological Safety: A Key Driver of Patient Safety, the Learning Environment, and Our Wellbeing

Jo Shapiro, MD, Associate Professor, Otolaryngology–Head and Neck Surgery, Harvard Medical School; Director, Center for Professionalism and Peer Support, Brigham and Women's Hospital

*SMC Ballroom*

### 1:00-1:30 pm boxed lunches to take to workshops

### 1:30-2:45 pm Workshops

*SMC*

Descriptions below

### 3-4:30 pm Awards and Reception

The reception will take place in the SMC Ballroom, from 3 to 4:30 pm. There will be an awards ceremony, honoring Pass & Susel and Jamasbi named award winners. Faculty who received teaching awards in their departments or nationally will be recognized as well. A reception with refreshments will follow the awards ceremony.

## Workshops descriptions:

### **Fostering Inclusion through Trauma Informed Pedagogy. Karen Gordes, MS and Violet Kulo, PhD, UMB Health Profession Education**

This session will provide an overview and reflective discussion of the connection between trauma/vicarious trauma/re-traumatization and its impact on student learning, engagement, and performance within health professions education. We will discuss the adaptive applicability of the trauma informed conceptual framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA) to the teaching and learning environment and its congruency with educational practices such as social-emotional learning, Universal Design for Learning, inclusive pedagogy, and anti-oppressive practices. A review of trauma informed curricular design strategies intended to support learners across the continuum of trauma experiences, particularly trauma from biased and discriminatory cultures will be presented.

### **ERASE-ing Patient Mistreatment of Trainees. J. Martinez, MD, EM**

This workshop is dedicated to patient mistreatment, introduce the ERASE (Expect, Recognize, Address, Support, Establish/encourage) framework. We will use case discussions to learn prevalence and impact of mistreatment by patients on trainees and the learning environment. Participants will practice specific interventions and strategies to prevent mistreatment by patients as opposed to mistreatment by supervisors, peers, or other staff.

### **Principles of leadership: How you and your institution can achieve greatness. Rima Koka, MD**

This interactive workshop will discuss pioneering work on, and the principles of, good leadership. Whether or not one has a fancy title, we all need to exhibit leadership skills in different parts of our job. We will talk about how to reach your leadership potential as an individual. We will also explore some of the lessons health care institutions can learn from the business world. Some pearls of wisdom from our own institutional leadership will also be part of the presentation. Open discussion is welcome. You will get the most out of this workshop by being introspective and willing to discuss your own strengths and weaknesses as a leader.

### **Leadership by developing others: Effective faculty mentoring of medical students and junior faculty. U. Eke, MD, IM/ID**

In this workshop we will work with you to define mentorship and to identify each individual's mentoring philosophy. You will gain a deep understanding of what an effective mentorship is, how to build a mentorship agreement, and how to establish mentoring relationships. The participants will also explore the benefits of mentorship and work on identifying barriers to successful mentorship.

### **How To Get To Carnegie Hall? Laura Buchanan, MD, STC**

Practice practice practice! Interviewing workshop focusing on how to help students prepare for residency interviews. Interviewing is not an improv performance but follows predictable patterns and is improved with preparation and practice. We will review common poor advice given to interviewees, how to improve student responses to predictable questions, and how to recognize and decrease distracting communication patterns. Content is useful for those who mentor through residency selection but is also useful for any interview environment.

**So, you want to be a director: Preparing for leadership. R. Flint, MD, EM**

An interactive session, which will include discussions of what leadership means, whether it may be right for you and how to prepare to obtain the job and be successful in the position. This activity may be applicable to medical director, program director, clerkship director, etc. or any assistant/associate position.