

Part-Time Faculty in Academic Medicine

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GWIMS Toolkit

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The Data

- Declining work hours for physicians
- The up and coming generations of physicians
 - What they want
 - What is driving their choices
- Who works part-time in academic medicine? And why?
- Where do they work? In which departments?
- What do we know about faculty satisfaction with part-time work?



Physician Work Hours Declining

Mean self-reported hours worked per week by physicians between 1977 and 2007

| Characteristic | Observations | % change |
|-----------------|--------------|----------|
| All physicians | 40,291 | - 7.2 |
| Non-resident MD | 33,625 | - 5.7 |
| Resident MD | 6,666 | - 9.8 |
| Men* | 26,682 | - 5.0 |
| Women* | 6,943 | - 5.1 |
| < 45 years* | 15,155 | - 7.4 |
| ≥ 45 years* | 18,470 | - 3.7 |

^{*}excluding resident physicians

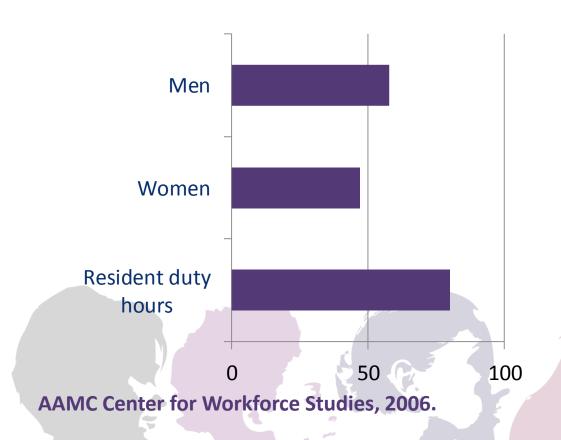
Staiger, D. O. et al. JAMA 2010;303:747-753





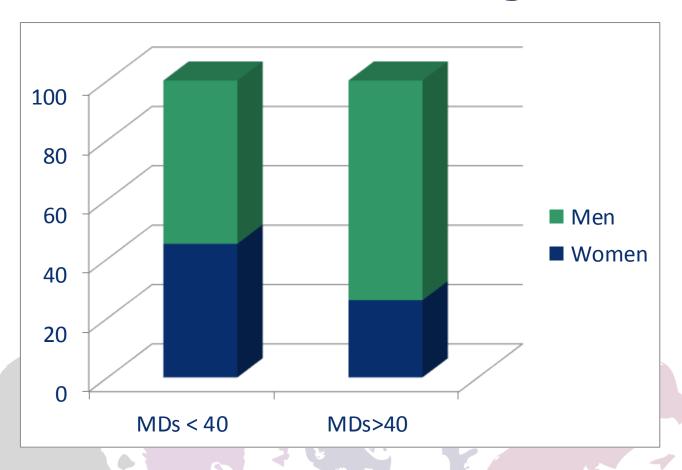
Gender Differences in Work Hours

Work hours/week for physicians < 50 years of age in active clinical practice





Generational Differences in Physician Workforce by Gender



AAMC Reporter, September 2011.





Future Generations

Percent of graduating medical students indicating intent to work part-time

| Year | PT academic position* | PT practice position# |
|------|-----------------------|-----------------------|
| 2010 | 9.1 | 3.3 |
| 2011 | 8.4 | 3.2 |
| 2012 | 8.0 | 2.6 |
| 2013 | 7.6 | 2.7 |
| 2014 | 7.2 | 2.7 |

AAMC Graduation Questionnaire 2009-2013





^{*}Part-time university faculty position (Basic science/research OR Clinical teaching/research)

[#] Part-time non-academic clinical practice

Future Generations

Percent of graduating students noting the importance* of 'work-life' balance in determining specialty choice

| Year | Moderate/Strong Influence |
|------|------------------------------|
| 2010 | 71 % |
| 2011 | 78 % |
| 2012 | 77% |
| 2013 | 78 % |
| 2014 | 78% |

^{*}Percent noting "moderate" or "strong" influence

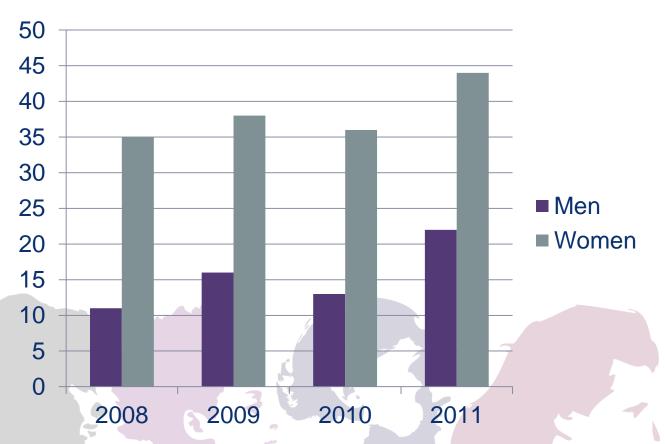
AAMC Graduation Questionnaire 2009-2013





Gender Differences in Part-Time Physicians, 2008-2011

% of MDs working part-time by gender



2011 Physician Retention Survey, Cejka Search and AMGA, March 12.





Part-Time Faculty

Department type

| | Department Basic Science Clinical | | |
|-------------------------------|------------------------------------|-----|--|
| | | | |
| Faculty Status | | | |
| Full-time | 14% | 86% | |
| Part-time | 6% | 94% | |
| Part-time (excludes retirees) | 5% | 95% | |





Part-Time Faculty

Gender and FTE

| | Gender | |
|------------------------------|-------------|---------------|
| | <u>Male</u> | <u>Female</u> |
| Faculty Status | | |
| Full-time | 63% | 37% |
| Part-time | 38% | 62% |
| Part-time (exclude retirees) | 32% | 68% |
| FTE of Part-time Faculty | | |
| .14 FTE <i>(22%)</i> | 57% | 43% |
| .57 FTE <i>(52%)</i> | 21% | 79% |
| .89 FTE <i>(26%)</i> | 22% | 78% |





Part-Time Faculty

Specialty and FTE

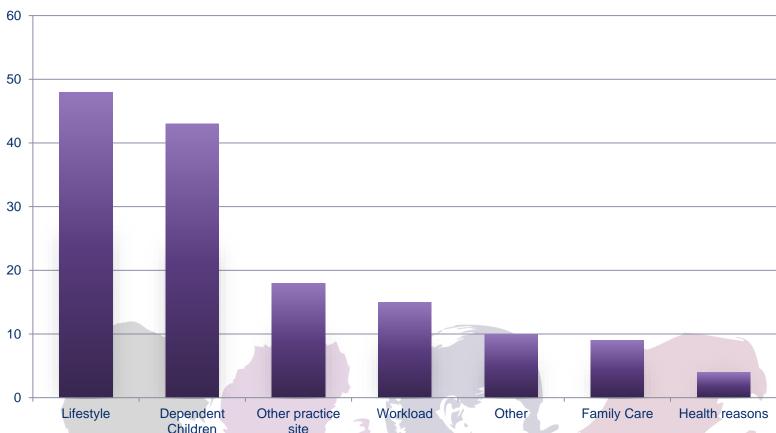
| | Spec Primary Care | Non-Primary Care |
|-------------------------------|-------------------------|---------------------|
| Faculty Status | | |
| Full-time | 11% | 89% |
| Part-time | 23% | 77% |
| Part-time (excludes retirees) | 26% | 74% |
| FTE of Part-time Faculty | | |
| .14 FTE | 19% | 81% |
| .57 FTE | 29% | 71% |
| .89 FTE | 28% | 72% |





Reasons for Part-Time

Percentage



*Respondents were able to answered "yes" to more than one reason





Part-Time Faculty Satisfaction

Percentage distribution of faculty satisfaction with aspects of the medical school, by faculty type

Satisfaction/
dissatisfaction with
your department as
a place to work

Satisfaction/
dissatisfaction with
your medical school
as a place to work

| | Satisfied* | Dissatisfied | Satisfied* | Dissatisfied |
|--------------------|------------|---------------------|------------|---------------------|
| Gender: | | | | |
| Part-time, Male | 72 | 15 | 62 | 13 |
| Part-time, Female | 76 | 11 | 65 | 8 |
| FTE | | | | |
| Part-time, .14 FTE | 79 | 12 | 62 | 10 |
| Part-time, .57 FTE | 75 | 12 | 68 | 9 |
| Part-time, .89 FTE | 74 | 14 | 63 | 12 |

^{*} neutral responses are not shown





Part-Time Faculty Satisfaction

Percentage distribution of faculty satisfaction with aspects of part-time work, by faculty type

Agreement that institution has clear expectations for part-time faculty

Satisfaction with opportunities for advancement

| | Agree* | <u>Disagree</u> | Satisfaction* | Dissatisfaction |
|--------------------|--------|-----------------|---------------|------------------------|
| Gender: | | | | |
| Part-time, Male | 54 | 24 | 70 | 14 |
| Part-time, Female | 41 | 29 | 57 | 22 |
| FTE | | | | |
| Part-time, .14 FTE | 43 | 30 | 40 | 28 |
| Part-time, .57 FTE | 46 | 30 | 47 7 | 24 |
| Part-time, .89 FTE | 44_ | 27 | 46 | 25 |

^{*} neutral responses are not shown





Making the Case for Part-Time

Slide 17: Benchmark Definitions

Slides 18-19: Benchmark Policies

Slides 20-23: Satisfaction Data

Part-time faculty

- Patient

- Chair

Slide 24: The national landscape for part-

time careers

Slides 25-26: Challenges and Advantages of a

part-time faculty position



Defining Part-Time Faculty

- Definition depends on the institution
- No standard or agreed upon definition
- Survey results found:
 - 45% of institutions defined it as <100% FTE
 - 37% of institutions defined it as 50-90% FTE

Bunton SA, (2014). Personnel Policies to support part-time faculty members in US medical schools: A status report. Analysis in Brief, 14(1), 1-2. Washington, DC, AAMC.





Part-Time Policies

- Variable
- Survey results found:
 - 26% had written policy regarding productivity and performance expectations
 - Often negotiated individually with the chair
 - 80% had one or more career tracks for parttime basic science faculty
 - 84% had career tracks for their clinical faculty

Bunton SA, (2014). Personnel Policies to support part-time faculty members in US medical schools: A status report. Analysis in Brief, 14(1), 1-2. Washington, DC, AAMC.





Part-Time Options for Faculty

| | % of | % of | | |
|-----------|-----------------|---------------|--|--|
| | Institutions | Institutions | | |
| Number of | with Tracks for | with Tracks | | |
| Tracks | PT Basic | for PT | | |
| IIdons | Science | Clinical | | |
| | Faculty | Faculty | | |
| 0 | 20% | 16% | | |
| 1 | 41% | 38% | | |
| 2 | 27% | 21% | | |
| 3 or more | 13% | 24% | | |
| Total | 100 % (n=112) | 100 % (n=112) | | |

Bunton SA, (2014). Personnel Policies to support part-time faculty members in US medical schools: A status report. Analysis in Brief, 14(1), 1-2. Washington, DC, AAMC.



Part-Time Physicians...Satisfied

Multivariate regression for part-time and full-time physicians

| Variable | Part-time | Full-time | P value |
|------------------|-----------|-----------|---------|
| Job satisfaction | 3.96 | 3.61 | <0.001 |
| Job stress | 3.24 | 3.36 | 0.307 |
| Intent to leave | 2.00 | 2.12 | 0.407 |
| Burnout | 1.90 | 2.25 | .002 |
| Work control | 2.70 | 2.44 | <0.001 |

Mechaber et. al. J Gen Intern Med 2008, 23(3):300-3.





Patient Satisfaction

Multivariate regression for part-time and full-time physicians

| Variable | Part-time | Full-time | P-value |
|----------------------|-----------|-----------|---------|
| Patient satisfaction | 1.45 | 1.52 | 0.206 |
| Trust in MD | 4.57 | 4.50 | 0.200 |

Mechaber et. al. J Gen Intern Med 2008, 23(3):300-3.





Chair Satisfaction

| | Medicine | Pediatrics | Surgery | Family Med | Total |
|--|----------|------------|---------|---------------|--|
| Employ Part- time Faculty | 89% | 94% | 72% | 86% | 85% |
| Chair satisfaction with PT (1-5) | 2.3 | 2.2 | 2.4 | 2.4 | Average score = 2.3 (between satisfied and very satisfied) |

Responses from 308 chairs (of 519 contacted)

Socolor and Kelman, Ambulatory Pediatrics, 2002.



Chairs' Thoughts on Employing Part-Time Faculty

Advantages

- Keeping talented people in the workforce who might otherwise leave
- Leveraging financial resources and skills of parttime faculty

Disadvantages

- Less academic productivity of part-time faculty
- Lack of shared goals/values of part-time faculty with the department.

Socolor and Kelman, Ambulatory Pediatrics, 2002.



Changing Landscape

- Gender roles
- Family roles
- Sandwich Generation
- Breadwinner roles
- Generational expectations
- Healthcare reform
- Return to work after retirement
- Do these impact choices? If so, how?

Benko, C., & Weisberg, A. C. (2007). Mass career customization: Aligning the workplace with today's nontraditional workforce. Boston, Mass: Harvard Business School Press



Areas of Satisfaction and Concern for the Part-Time Faculty Member

Satisfaction

- Professional relationships
- Academic Culture
- Leadership and support
- Flexibility

Concern

- Perceptions of devaluation
 - From colleagues and administrators
 - Role in governance and access to resources
- Role clarity
 - Professional advancement
 - Protected time
 - Expectations about workload
- Professional development

Bunton, S.A., & Corrice, A.M. (2011). An exploration of part-time U.S. medical school faculty: thematic overview. Washington, DC: Association of American Medical Colleges



Challenges and Advantages of Part- Time Faculty for Organizations

<u>Challenges</u>

- Performance evaluation
- Advancement
- Faculty development
- Administrative hassles and scheduling issues*
- Financial considerations (malpractice, etc.)*
- Coverage / Call Issues*
- Equity*

Advantages

- Diversity of workforce*
- Work Schedule and Flexibility*
- Recruitment
- Retention*
- Workplace Adaptation
- Leverage financial resources*



^{*}Socolor and Kelman, Ambulatory Pediatrics, 2002.

Individual Examples

Challenges

Rationale

Lessons Learned

Nuts and Bolts to Consider





Challenges for Individuals

- Paid for less effort than currently contributing
- Still have guilt may be more about work than home at time
- Time to promotion and benefits tied to promotion takes much longer
- Limited interaction with colleagues
- Less ability to take advantage of events during work time
- Perception of colleagues
- Equity of call
- Intrusion of electronics in "off hours"



Example #1

Description agreed upon for 75% FTE in psychiatry

- 8 hours in emergency room (hours/times vary, evenings, overnights, weekends)
- Weekly Monday and Tuesday full day clinics 8-5 PM
- Every other Thursday full day clinic 8-5 PM
- Resident preceptor meeting 1 hour per week

Reality experienced for 75% FTE in psychiatry

As described above PLUS

- Tuesday evening stays until 8 PM weekly to complete notes OR
- Comes in Wednesday morning to complete notes, do paperwork, and precept resident staying at work until 1-2PM
- Is available by pager for outpatient practice 24/7 and takes all calls
- Does inpatient weekend call every 2 months (same as full-time faculty)



Example #2

Description agreed upon for 65% FTE in pathology

- Monday, Wednesday and Friday 7:30 AM noon
- Tuesday and Thursday noon 5 PM
- Resident supervision during Monday and Wednesday clinic
- Medical student clerkship director, 10% FTE, "scheduled" for Thursday
 8 AM noon

Reality experienced for 65%FTE in pathology

As described above PLUS

- Grand Rounds is Wednesday noon 1 PM
- M&M Rounds Tuesdays noon 1 PM
- Most Mondays, Wednesdays, and Fridays stays until 2 PM
- Schedules students and clerkship activities Monday, Friday afternoons, and Thursday mornings
- Available by pager for calls from residents at all times
- Takes equal weekend and evening call as full-time faculty
- Does her academic work from home on some Thursday mornings
- Answers e-mails within 24 hours all week.



Reasons Given Why Faculty Choose to be Part-Time

- Flexibility to attend to life outside of the job
- Less guilt
- Continued involvement in academic medicine and training the next generation
- Option to attend educational events on "offtime" as well as work hours
- Being a role model
- May increase salary through other means on off-hours



How to Address the Challenges: Lessons Learned

- THINK about ALL the details of your full-time job to accurately consider the effort for your part-time job
- Consider ALL your job responsibilities when negotiating your part time agreement
- Get clear written agreement on expectations clinical (including call and supervision), research, education, and administration.
- Set your boundaries and be public about them, i.e. what days/times are not flexible
- Clarify your support (staff and funding)



How to Address the Challenges: Lessons Learned

- Advocate for full-time professional development benefit to continue your academic career and your academic contributions
- Be flexible to attend events and respond to opportunities but say no when appropriate
- Make clear your commitment to the department/institution
- If the hours do not equate to the FTE that you have negotiated, re-evaluate and renegotiate the hours, the FTE or the responsibilities
- Consider your schedule carefully full days vs. half days (half days may be harder to contain)



Nuts and Bolts: Important *Institutional Questions* to Ask when Considering Part-Time

- How is the compensation calculated/pro-rated for my time?
- What is the expectation for call?
- What benefits do I retain or lose? Can I get them back if I return full-time?
 - Health
 - Educational/Tuition
 - Retirement
- What is the impact of part-time on promotion and tenure options?
- What kind of time will I still receive for academic pursuits?



Nuts and Bolts: Important *Personal Questions* to Ask when Considering Part-Time

- What benefits do I need?
- How much do I want to be an academic and what type? research, education, clinician-teacher?
- What is my ultimate career goal? Can I achieve it if I go part-time at this stage in my career? How hard will it be to get there if I go part-time?
- What does my family need? Are there alternatives that I've not considered?
- Do I like working full-time or am I happier part-time?
- What is the cost of help and the balance of loss of income?



Resources

- Benko, C., & Weisberg, A. C. (2007). Mass career customization: Aligning the workplace with today's nontraditional workforce. Boston, Mass: Harvard Business School Press
- Bunton, S.A., & Corrice, A.M. (2011). An exploration of part-time U.S. medical school faculty: thematic overview. Washington, DC: Association of American Medical Colleges
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- Mechaber HF, Levine RB, Manwell LB et al. Part-time physicians . . .prevalent, connected, and satisfied. 2008 J Gen Intern Med. 23(3):300-303.
- Socolar RRS, Kelman LS. Part-time faculty in academic pediatrics, medicine, family medicine and surgery: the views of the chairs. Ambul Ped 2002;2:406-413.



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