



UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

Seeking Men and Women

The **University of Maryland & Baltimore VA Medical Center** are conducting a research study to better understand **balance & prevent falls** as we age.

With your participation you will receive:

- Health evaluation
- Balance, Strength, and/or power exercises
- Compensation for your time

For information call

410-605-7179

Mention code: HIPS

*You must be at least 65 years old and in good health