



# Research Volunteers Wanted!



## Progressive Activity-Based Rehabilitation in Veteran Cancer Survivors with Chronic Pain (ACTIVET)

The Baltimore VA is conducting a study to determine the effects of 6-weeks of exercise training on different kinds of pain in Veterans with a history of lung cancer.

### You may be eligible if...

- ✓ You are 40-80 years old
- ✓ You have been diagnosed with and received treatment for lung cancer
- ✓ You can walk on a treadmill

### What does the study involve?

- ✓ 2x a week exercise training with an exercise physiologist
- ✓ Strength and fitness testing
- ✓ Questionnaires
- ✓ Blood draw

### Are there benefits to participation?

Although we cannot guarantee benefits, you may notice

- ✓ Less pain
- ✓ Better physical function
- ✓ Improved quality of life

Principal Investigator: Alice Ryan, PhD  
Baltimore VAMC

For more information please contact (410) 605-7000 ext. 56354 and reference "ACTIVET"