

# Exercise Research

at the University of Maryland

Supervised Exercise Research at the University of Maryland, Baltimore and University of Maryland College Park. Men & women 65-88 years old needed to participate in exercise research study at the University of Maryland /Baltimore VA Medical Center. Participation involves tests to measure your fitness and function. You will receive medical and fitness evaluations.



**Parking and compensation for your time are provided.**

**Please call 410-605-7179 Mention code SARCOPENIA**

