

Personal Protective Equipment (PPE) Removal

Step 1

Remove Gown and Gloves

Grasp shoulders of gown and pull forward.
Roll outside of gown inward, folding contaminated outside layer away from your body.
Remove gloves while rolling gown off arms.
Keep hands on clean side of gown. Discard gown and gloves.



Step 2

Hand Hygiene

Clean hands with soap and water or alcohol-based hand rub.



Step 3

Remove Goggles or Eye Protection

Handle the eyewear from the sides for removal.
If necessary repeat hand hygiene before step 4.



Step 4

Remove Surgical Mask, N95 Respirator or PAPR (powered air purifying respirator)

The front of the mask, respirator, or PAPR is the most contaminated.
For all types of respirator protection, remove from the back of the head,
lifting away from the face.



Step 5

Disinfect Reusable N95 Respirator, PAPR Hood and Goggles

Disinfect exterior surfaces after each use with 70% alcohol wipes.



Step 6

Hand Hygiene

Clean hands with soap and water or alcohol-based hand rub.

