Point of PRIDE

Elijah Saunders, MD, FACC, FACP, FAHA, FASH, ’60 was an internationally-renowned expert on hypertension in African Americans. Dr. Saunders became the first African American resident in internal medicine at the University of Maryland School of Medicine in 1960, and the first African American cardiologist in the state of Maryland in 1965. He was also integral in abolishing segregated hospital wards at what was then University Hospital (now the University of Maryland Medical Center).

DEAN’S MESSAGE

Just last month our country, and this University, celebrated Dr. Martin Luther King, Jr.’s birthday as a time to reflect on the incredibly important work that still needs to be done on achieving racial equity across the United States. With Dr. King’s vision in mind, I am focused on the School of Medicine’s efforts to continually seek opportunities to enhance equity and diversity across our campus. We know that creating an inclusive workforce only strengthens the quality of both the health care we provide and the biomedical research which underpins all our clinical endeavors, while addressing the needs of our increasingly diverse population.

We have been working on this transformation holistically, recognizing that real change can only come when our entire community becomes advocates for diverse leadership, equitable compensation and promotion practices, meaningful partnerships with the communities we serve, and a combined effort to eliminate communications that are intentionally or unintentionally disrespectful. We know that collaboration and coordination between the UMSOM, the University of Maryland Medical Center, and the University of Maryland, Baltimore (UMB) is essential to creating the safe and accountable culture that we desire, and we are pleased that our partners have been active participants in this effort. We must celebrate the successful strides and accomplishments that result from that commitment.

The School of Medicine is strongly committed to the recruitment and retention of talented, ethnically diverse faculty, staff, trainees, and students. Currently, the School of Medicine’s faculty is comprised of more than 3,100 individuals. Of that number, 41 percent are women and 11 percent are underrepresented minority faculty. In addition, our medical student body is comprised of 62 percent women and 21 percent underrepresented minority students. A robust scholarship program is critical to creating and maintaining a diverse, dynamic, and scholarly academic community. During the 2020-2021 academic year, the School of Medicine awarded more than $5 million in direct financial support to students. Of that total, $2 million was awarded in the form of diversity scholarships to 70 medical students. We are exceedingly proud of this level of investment that we make every year.

While the School of Medicine has much to celebrate with regards to diversity, equity and inclusion, there is still much introspection to be done. As historic institutions, medicine and science have some ignoble roots in perpetuating some of the inequalities that continue to persist today. Changing the framework of how we approach diverse communities does not happen overnight or through a few efforts. Every day we must reaffirm our commitment to the values of equity, diversity and inclusion. However, we are a strong academic medical community, and we pride ourselves with taking on the toughest challenges. We know the spirit of our School of Medicine community, and our committed to creating an inclusive, equitable and diverse environment that will support our very best work and exceptional studies.

In the relentless pursuit of excellence, I am incredibly proud of this level of investment that we make every year. While the School of Medicine has much to celebrate with regards to diversity, equity and inclusion, there is still much introspection to be done. As historic institutions, medicine and science have some ignoble roots in perpetuating some of the inequalities that continue to persist today.

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UM School of Medicine Researchers Link New Gene Variant to Lower Risk of Heart Disease

University of Maryland School of Medicine (UMSOM) researchers, working with scientists from the Regeneron Genetics Center (RGC), discovered a new gene variant associated with lower levels of heart-damaging LDL cholesterol and a blood clotting protein called fibrinogen that appears to significantly lower a person’s risk of heart disease. While the gene variant is extremely rare in the general population (less than 1 in 10,000), it is found in about 12 percent of those living in the Lancaster county, Pennsylvania Amish community, according to the study published last December in the journal Science.

Researchers have long known about gene mutations linked to cholesterol levels. This is the first time, however, they have found a gene variant that can significantly reduce the level of two heart disease risk factors and subsequently reduce a person’s risk of heart disease. The finding could potentially lead to novel treatments that may help prevent clogged arteries, blood clots, and cardiovascular disease.

“Leveraging data from more than 500,000 from the general population, it was found that those who carried this variant had a 35 percent lower risk of heart disease compared to those who did not,” said study leader May Montasser, PhD, Assistant Professor of Medicine at UMSOM and a member of UMSOM’s Program for Personalized and Genomic Medicine. “The genetic variant appears to either control the synthesis of cholesterol and fibrinogen or accelerate their clearance from the blood, which protects the heart. This finding could lead to targeted drugs that mimic the action of this variant to keep arteries free of plaque and clots.”

Genetic sequencing of samples from nearly 7,000 Amish study participants who have been participating in genetic research with UMSOM since 1995 was performed at the RGC. The researchers found a genetic variant in the gene B4GALT1 was associated with a nearly 14 mg/dL lower LDL cholesterol and nearly 30 mg/dL lower fibrinogen. After the variant was identified, they tested its effects in mice that were genetically modified to express the variant.

“The mouse model, encoding for this gene mutation, also showed decreased levels of LDL cholesterol and fibrinogen, confirming the effect of this variant,” said Giisy Della Gatta, PhD, study senior co-author and RGC senior staff scientist. “This model represents an invaluable tool to unravel the molecular mechanisms that help protect against cardiovascular disease.”

The Amish community is ideal for genetic studies due to its common lineage and homogeneous lifestyle that makes finding novel links between genes and health easier for scientists. Study senior co-author Alan Shuldiner, MD, John L. Whitehurst Professor of Medicine and Associate Dean for Personalized & Genomic Medicine at UMSOM, founded the Amish Research Clinic in Lancaster, PA. The clinic’s research has discovered genes playing a role in type 2 diabetes and heart disease, as well as a gene that plays a role in determining why some people don’t respond to the anticlotting medicine Plavix.

Dr. Shuldiner is also a Vice President at the Regeneron Genetics Center. Other UMSOM co-authors include: Simeon I. Taylor, MD, PhD, Professor of Medicine; Jeffrey O’Connell, PhD, Associate Professor of Medicine; Elizabeth A. Streeten, MD, Professor of Medicine; Braxton Mitchell, PhD, Professor of Medicine; James A. Perry, PhD Assistant Professor of Medicine, and Kathleen A. Ryan, MPH, MS, Statistician. The study was funded by the National Institutes of Health, the American Heart Association, and the Regeneron Genetics Center.

“This is a ground-breaking finding and would not have been possible without the participation and partnership of the Amish community,” said E. Albert Reece, MD, PhD, MBA, Executive Vice President for Medical Affairs, UM Baltimore, and the John Z. and Akiko K. Bowers Distinguished Professor and Dean, University of Maryland School of Medicine. “We are so grateful for their continuing commitment to research and advancement of precision medicine.”
Alexander S. Krupnick, MD, Professor of Surgery, Vice Chief of Thoracic Surgery, and Director of the Lung Transplant Program in the Department of Surgery, was recently installed as the Peter Angelos Distinguished Professor of Surgery at the University of Maryland School of Medicine (UMSOM). The endowed professorship has been afforded by the generosity of Peter G. Angelos, prominent Maryland-based attorney for more than 50 years and majority owner of the Baltimore Orioles major league baseball team.

Mr. Angelos has devoted his professional life to representing those who have suffered from personal injury and medical malpractice. He has been a passionate advocate and a tireless champion for Baltimore, his hometown. In addition to serving as an Emeritus Board Member of the University of Maryland School of Medicine Board of Visitors, Mr. Angelos has served as a board member for numerous colleges, hospitals, and civic organizations and has been widely honored for his commitment to higher education and civic causes.

"Today, we honor Dr. Alexander Sasha Krupnick on the occasion of his investiture; we also recognize the generosity of Peter Angelos for the creation of this endowed professorship," said UMSOM Dean E. Albert Reece, MD, PhD, MBA in his brief opening remarks. "This endowed professorship will support and advance clinical care and research in surgery through the work of Dr. Krupnick."

Christine L. Lau, MD, MBA, The Harold L. and Margaret N. Method Chair in Clinical Immunology and Transplantation Immunology, and Director of Lung Transplantation at Northwestern University Feinberg School of Medicine, emphasized Dr. Krupnick's unparalleled mentorship when he trained as his intern nearly 18 years ago.

"Sasha is the epitome of what a surgeon-scientist should be. I've never received more autonomy and supervised opportunities to develop my skills other than working with him," said Dr. Bharat. "When Sasha was operating, we all wanted to scrub in with him because of the autonomy. He always motivated us in the operating room and constantly encouraged us to find solutions to complex surgical problems."

Eric Lazear, PhD, Senior Principal Scientist, Director of Protein Therapeutics at Valo Health, recalled his first meeting with Dr. Krupnick back in 2013 when they discussed their idea for a start-up biotech company, which was eventually acquired by Valo Health in 2020. "I immediately thought to myself, he is so passionate and energetic," said Dr. Lazear.

Over the years, Dr. Lazear was a witness to how Dr. Krupnick flawlessly balanced his responsibilities as a surgeon and remained a dedicated mentor to his fellows. "Just as he cares for his fellows, he is very dedicated to his trainees," said Dr. Lazear. "There were countless times I had been in his lab and seen him come in between surgeries, or before going on patient rounds, just to check in with everyone to make sure they had what they needed."

Alexander Krupnick was then presented with the Investiture Medallion and shared his gratitude and appreciation. "I specifically want to thank Peter Angelos and his family for this wonderful opportunity," he said. "Their generous support will allow me to build a better team and make a dent in lung cancer, as well as in lung transplantation survival."

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A Long Career in Thoracic Surgery
Alexander "Sasha" Krupnick, MD, joined the University of Maryland School of Medicine in 2020. Prior to joining the University of Maryland, he was Professor of Surgery at the University of Virginia. Dr. Krupnick completed his medical degree at the University of Michigan, his residency at the Hospital of the University of Pennsylvania: Pick a good mentor, Work with a partner. Build teams to succeed, and Be lucky. Dr. Krupnick concluded with, "Now, it's time to get back to work," a merited remark for a surgeon who gives 100 percent of his attention to the task at hand: curing lung cancer.

With a profound sense of humility, Dr. Krupnick credited much of his success to four basic rules he learned from his very own mentor, Dr. Clyde F. Barker, during his residency at the Hospital of the University of Pennsylvania: Pick a good mentor, Work with a partner. Build teams to succeed, and Be lucky. Dr. Krupnick concluded with, "Now, it's time to get back to work," a merited remark for a surgeon who gives 100 percent of his attention to the task at hand: curing lung cancer.

Peter Angelos

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as the Honorable Francis X. Kelly Distinguished Professor of Trauma Surgery and Director of the Program in Trauma at the University of Maryland School of Medicine (UMSOM) and Physician-in-Chief of the R Adams Cowley Shock Trauma Center at the University of Maryland Medical Center (UMMC), Thomas M. Scalea, MD, FACS, MCCM, has pioneered advances to trauma care for patients in the United States and around the world.

On January 4, Dr. Scalea marked his 25th anniversary as the leader of the Shock Trauma Center at the University of Maryland Medical Center and the Program in Trauma at the University of Maryland School of Medicine. The Program in Trauma at UMSOM is the only multidisciplinary dedicated physician group practice that cares for injury in the United States. The goals of the program go well beyond that of patient care, with education and research at the cornerstone of its mission. The goal is to save lives, advance science and educate all types of healthcare professionals from many disciplines.

“When I look at what we have been able to accomplish over the past 25 years, I can truly say that we changed the face of injury care in the world,” said Dr. Scalea, who is also System Chief of Critical Care Services for the 12-hospital University of Maryland Medical System (UMMS). “I am very proud that we have been at the top of the spear for many advances, with a lot of innovation coming through our long partnership with the U.S. military — all for the benefit of patients.”

As part of the Program in Trauma, Dr. Scalea has played an instrumental role in the leadership of the Shock, Trauma and Anesthesiology Research (STAR) Center, a world-class multidisciplinary research and educational center focusing on critical care and organ support, resuscitation, surgical outcomes, patient safety and injury prevention.

Dr. Scalea came to Maryland from New York City, where he served as Chief of Critical Care and Trauma and Founding Chairman of the Department of Emergency Medicine at Kings County Hospital/SUNY Brooklyn. “I planned to live and die in New York City and didn’t really plan to move to Baltimore,” he recalled. “But when I got the opportunity, I hesitated zero seconds and said, ‘Yes.’ Because it’s Shock Trauma. It’s as good as it gets. When you do what I do, this is the best job in the country, maybe the world.”

Shock Trauma — Maryland’s only primary adult trauma resource center (PARC), which is at the heart of Maryland’s unique Emergency Medical Services (EMS) System — has grown tremendously under Dr. Scalea’s leadership. He has been instrumental in creating or developing many key programs and units, including:

- C-STARS (Center for the Sustainment of Trauma and Readiness Skills) program to train U.S. Air Force personnel
- Trauma Resuscitation Unit (TRU), a specialized unit to quickly evaluate patients and begin lifesaving treatment, and the Critical Care Resuscitation Unit (CCRU), the only unit in the country designated for rapid evaluation and treatment of critically ill patients transferred from another institution
- Violence Prevention Program to help victims of violence avoid becoming victims again
- Shock Trauma Go Team, a physician-led team which travels to the scene to treat severely injured patients
- Lung Rescue Unit (LRU), launched in 2015, one of the busiest units in the U.S. to provide prolonged cardiac and respiratory support with ECMO (extracorporeal membrane oxygenation)
- STAR organized research center, which opened in 2009, for the prevention and treatment of trauma
- Shock Trauma Surgical Critical Care Fellowship, which is the largest and one of the most prestigious programs to train physician leaders in trauma and critical care medicine of its kind
- Critical Care and Trauma Simulation Center, a state-of-the-art simulation lab for training medical staff, located in the new Shock Trauma Critical Care Tower, which was built in 2013
“Although Dr. Scalea is widely known and regarded, both nationally and internationally, for his incredible expertise as a trauma surgeon and physician-scientist who has made enormous contributions to trauma research, those who have worked with him or trained under him will tell you that Dr. Scalea is an equally gifted leader and mentor,” said E. Albert Reece, MD, PHD, MBA, Vice President of Medical Affairs, University of Maryland, and the John Z. and Akiko Bowers Distinguished Professor and Dean of UMSOM. “He is carrying the torch of Dr. Cowley’s original mission to provide cutting-edge care to ensure the survival of the critically ill and injured.”

Bert W. O’Malley, MD, Professor of Otorhinolaryngology-Head and Neck Surgery at UMSOM and President and CEO of UMMC, added: “Tom Scalea is the heart and soul of Shock Trauma. Our trauma center is regarded as the premier trauma hospital in the world in large part because of his hard work, dedication and commitment to serving the most critically injured and critically ill patients in Maryland and beyond. He and his team always bring their ‘A’ game and have saved thousands of lives over the last 25 years, developing new procedures and techniques that have been adopted by other trauma specialists. He is a dedicated, selfless public servant.”

Dr. O’Malley noted that Shock Trauma has been at the forefront of UMMC’s response to the COVID-19 pandemic, caring for the sickest patients, many of whom required treatment with ECMO.

Theodore R. Delbridge, MD, MPH, Executive Director of the Maryland Institute of Emergency Medical Services Systems (MIEMSS), said, “For the past 25 years, Dr. Tom Scalea hasn’t just led the R. Adams Cowley Shock Trauma Center, he has devoted himself to the care of injured people throughout Maryland. The value of his expertise and commitment to Maryland’s statewide emergency medical services system and its abilities to treat trauma patients is immeasurable.”

Dr. Scalea observed that trauma care has changed dramatically over the years, with a much shorter evaluation process, staging of surgeries over the course of several days, earlier blood and plasma transfusions, and more advanced imaging. There have also been innovations in critical care, including the use of ventilators and ECMO, which oxygenates a patient’s blood outside of the body.

“It’s very exciting to create solutions for patients not helped by standard therapies — to innovate on the fly,” Dr. Scalea said. “My team and I put our heads together and say, ‘Let’s try this,’” whether it be an operative technique, a procedure in the intensive care unit, or a philosophic approach. I love that process. I have been practicing medicine for 40 years, and that’s still an incredibly energizing experience.”

Dr. Scalea is a member of a host of trauma organizations and served as President of the American Association for the Surgery of Trauma and the Western Trauma Association and Executive Director of the Pan American Trauma Society. He is a member of the American Trauma Society and the American College of Surgeons Committee on Trauma. He was featured in two TV programs about Shock Trauma — “The Critical Hour: Shock Trauma” in 2004 and “Shock Trauma: Edge of Life” in 2015.

He credits his mother, Anne Scalea, with instilling in him a deep-seated desire to serve. “When I was a kid, my mama said to me 10,000 times, ‘You do for others before you do for yourself.’ It was the motto in my house. It’s how I have lived my life,” he said.

Dr. Scalea, who still performs about 600 surgeries a year, said he loves his job and has no plans to retire. “It’s who I am, it’s what I do, it’s the only life I know,” he said. “It’s what I will do until I can’t do it anymore.”
Nationally-Recognized Physician-Scientist
Dr. Phuoc Tran Joins University of Maryland School of Medicine’s Department of Radiation Oncology

Dr. Tran Will Help to Advance Precision Medicine in Radiation Oncology at the University of Maryland School of Medicine (UMSOM)

Dr. Tran received his MD and PhD Degrees from the Oregon Health and Science University and completed radiation oncology residency and a postdoctoral fellowship at Stanford University.

He is the recipient of numerous awards for his research and clinical work from major professional organizations and was voted a Top Doctor in Baltimore magazine. He also serves as a senior editor/editorial board member for Cancer Research and the Journal of Clinical Oncology.

“Dr. Tran is a phenomenally talented clinician, educator, and researcher who is widely recognized as a top leader in precision radiation medicine. We are elated to have him here as part of the faculty and are fully confident that his work will drive future advancements in clinical radiotherapy for cancer patients,” said Dean Reece, who is also Executive Vice President for Medical Affairs, UM Baltimore, and the John Z. and Akiko K. Bowers Distinguished Professor.

As director of an active clinical trial program, Dr. Tran conducted interventional and translational investigator-initiated studies. Over the last decade, his laboratory group has been continuously funded by the National Institutes of Health, the Department of Defense, and private foundations to study tumor cell dynamics and implications for tumorigenesis, metastasis, metabolism, cancer treatment resistance, and radiation-induced fibrosis. His research utilizes a variety of transgenic mouse models and non-invasive imaging, as well as traditional molecular, biochemical, and cell biology approaches. Dr. Tran has also advanced the use of inducible mouse models to simulate molecularly targeted therapies for malignancies and radiation-induced late effects.

“My goal is to make the University of Maryland an international leader in precision radiation medicine,” said Dr. Tran. “Our primary goals will be to advance the frontiers of radiation oncology in precision medicine by incorporating genomics, radiomics, liquid biopsies, and machine learning.”

Before joining the University of Maryland, Dr. Tran served as an Adjunct Professor in the Department of Radiation Oncology at Johns Hopkins University in 2009, where he served as Clinical Director in radiation oncology from 2015 to 2017. He also served as Co-Director of the Cancer Invasion and Metastasis Program in the Sidney Kimmel Comprehensive Cancer Center, with co-appointments in Medical Oncology, the James Buchanan Brady Urological Institute, the Cellular and Molecular Medicine Program, and the Biochemistry and Molecular Biology Program.

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Jay S. Magaziner, PhD, MSHyg, Professor and Chair, Department of Epidemiology and Public Health, and Director for the Center for Research on Aging, announced today that Alice S. Ryan, PhD, Professor of Medicine, has been appointed to serve as the Associate Director for Translational Science in the Center for Research on Aging, effective immediately.

"Dr. Ryan is an ideal person to lead our efforts to strengthen scientific advancements connecting basic and clinical scientists affiliated with the Center for Research on Aging. She is one of the Principal Investigators of our Claude D. Pepper Older Americans Independence Center and has a long history of federally-sponsored research in aging," said Dr. Magaziner.

Stephen Davis, MBBS, FRCP, FACE, MACP, Chair and Professor, Department of Medicine at UMSOM, and Director, Institute for Clinical and Translational Research and Vice-President of Clinical Translational Sciences at the University of Maryland, Baltimore (UMB), commented: "We are delighted that Dr. Alice Ryan will serve as Associate Director of the Center for Research on Aging. She is an internationally-renowned researcher in the field of physiology, geriatrics, and clinical research. She is also a wonderful mentor to faculty, trainees, and students. Her many skills will unquestionably help the interdisciplinary mission of the Center."

Dr. Ryan’s research is focused in aging, while developing and testing exercise and nutritional interventions to restore function, minimize disability, and prevent declines related to serious chronic diseases. Her work also aims to advance our understanding of the mechanisms by which exercise and rehabilitation interventions affect body systems and tissues.

In her new role, she will be instrumental in facilitating ties between basic and clinical scientists to expand interdisciplinary research in gerontology.

"I look forward to the opportunity to further promote innovative aging research on campus. The Center of Aging provides the platform to foster new multi-disciplinary collaborations bringing 'aging' to the forefront of research endeavors," said Dr. Ryan.

Dr. Ryan’s appointment is the first step of many in expanding the Center’s leadership roles, specifically in the areas of Biology of Aging and Population Health and Aging. The Center will continue to work towards its goal of securing new funding and continuing its recruitment efforts.

"A terrific multidisciplinary collaborator, Dr. Ryan’s innovative research, fostering innovation and discovery, has had a significant impact on the field of aging. Her long-standing excellence in mentoring young investigators is truly inspiring," said Raya E. Kheirbek, MD, MPH, FACP, Professor of Medicine, and Chief of the Division of Gerontology, Geriatrics and Palliative Medicine at UMSOM. "I am confident that Dr. Ryan will bring continued vigor and unprecedented scientific success to our community’s research activities."

Currently, the Center has expanded membership to 151 affiliates including 19 leaders from all schools across the University of Maryland system and the Baltimore VA Medical Center. Last year, affiliates received nearly $70 million in extramural funds. The Center remains committed to providing opportunities that deepen the understanding of disease origins and progression, such as Alzheimer’s disease and related dementias, and will continue to pursue interdisciplinary research that has been the hallmark of research in aging since its inception as a field of study.
The University of Maryland, in collaboration with the Johns Hopkins Offices of Telemedicine and Education and Johns Hopkins University, are pleased to announce an interprofessional telemedicine education symposium, “Telemedicine in Primary and Ambulatory Care: Preparing Our Healthcare Workforce for the Future” on Monday, March 7, 2022 from 11:30 am to 5:30 pm.

Join an exciting virtual program with interactive discussions, learning activities, and virtual networking. This conference will be of interest to medical educators, nursing educators, prescribers, nurses, staff and leaders who are working to increase efficiency, effectiveness and patient experience of telemedicine, particularly in ambulatory and primary care.

Students, residents, fellows, nurses, and non-clinical staff may attend for free.

For more information regarding registration, please visit the Telemedicine Symposium website. CME and MOC credit are available.

Help Support Women in Medicine and Science!

Women in Medicine and Science (WIMS) are powerful women committed to helping others. Together, they spur ideas, research, and innovation. When you donate to UMSOM’s Women in Medicine and Science Fund, you are supporting the School of Medicine’s outstanding faculty, researchers, and medical professionals through WIMS lectures, events, and missions that enrich their professional and academic success. You can strengthen this program by making your secure donation HERE. You can also mail your donation directly to the UMSOM Office of Development with a check made out to UMBF,Inc/WIMS fund and send it to:

University of Maryland School of Medicine
Office of Development
31 S. Greene St., Third Floor
Baltimore, MD 21201
Attn: Traci Morgan

Thank you for your gift!