• Ask the school for homework to be sent home instead of directly at 8-6014. There is a priest, a rabbi, as well as protestant and nondenominational ministers on staff.

The Interfaith Chapel, located on the first floor of the Weinberg Building, is open all day, everyday. A Catholic Mass is offered on Sundays at 9 a.m. and Monday through Thursday at 12 noon. There is a Vesper Service on Sunday evenings at 7:30.

SAFETY

• Please remember to always wash your hands or use the hand gel as soon as you enter your child’s room and before you leave. Instruct all family members to do the same.

This is the most effective way to reduce the transmission of germs.

• If your child is on isolation precautions as noted outside of their room, it is mandatory that all visitors and patients wear the isolation gear while in the room as well.

• Bedside rails should be up and secure at all times unless giving direct care to your child.

• Please do not sleep in the crib or bed with your baby. Avoid leaving pillows and stuffed animals in your baby’s crib as well.

• Children should wear appropriate foot covering while walking. Staff can provide non-slip socks.

• Let the nurse know if your child will be left unattended by a family member.

• Mylar balloons are the only balloons allowed. Please avoid tying balloons to crib rails and beds of children under 4 as this presents a strangulation hazard.

When medically appropriate, set aside time for schoolwork each day. Make your medical team aware of this so we can do our best to honor this time.

• Computers are available in the Playroom and Teen Room during regular activity times as resources for supporting educational needs of children and teens.

• If your child is expected to be away from school for a long period of time, Social Work may assist in requesting tutoring services from the school system.

Social Work & Child Life are also available to help if you have any concerns about school.

SUPPORTING YOUR CHILD’S EDUCATION NEEDS WHILE HOSPITALIZED

School is part of a child’s normal routine. Maintaining as much of a normal routine as possible during hospitalization is important to a child’s growth and development. The following are some suggestions for ways parents/caregivers may support their child’s educational needs while in the hospital.

• Let your child’s teacher or school know your child is in the hospital.

• Ask the school for homework to be sent home with a sibling or arrange to pick up the homework for your child to work on when appropriate during hospitalization.

When medically appropriate, set aside time for schoolwork each day. Make your medical team aware of this so we can do our best to honor this time.

• Computers are available in the Playroom and Teen Room during regular activity times as resources for supporting educational needs of children and teens.

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THE TEAM CARING FOR YOUR CHILD

There are many people involved in your child’s care. Here are some you may meet.

Nurse (RN) – responsible for coordinating your child’s care by assessing your child, administering medications and ordered treatments, as well as helping with vital signs (such as blood pressure and temperature) and daily care.

Nursing Assistant (NA) – assists with your child’s daily care by obtaining vital signs, changing bed linens, and any other personal needs.

Nurse Practitioner (NP) – an advanced practice RN with special training in pediatrics who works closely with physicians to care for your child.

Phlebotomist – draws blood for lab tests and places IV’s ordered by the physicians.

Respiratory Therapist – administers breathing treatments (i.e. Albuterol) and helps take care of patients who need oxygen.

Occupational Therapist, Physical Therapist and/or Speech-Language Pathologist – evaluate children and create individualized plans of care to address developmental milestones such as fine motor skills, gross motor skills, feeding skills and language.

Nuritionist – works with the physicians to coordinate proper nutritional care.

Social Worker – works with patients and families to provides counseling in addition to finding community resources.

Case Manager – a nurse who helps coordinate care on discharge (such as setting up home care nursing, ensuring proper equipment is available or transfer to another facility).
Welcome to the University of Maryland Children’s Hospital. The sights, sounds and routine of the hospital may be new to you and can be stressful. We care about you and your family and we are here to help.

The following information answers some of the basic questions many families have and may help you feel more comfortable while you are here. If you have any additional questions, please speak with any Children’s Hospital employee.

On the 5th Floor of the Children’s Hospital, there are 4 wings: A, B, C and D wings have bathrooms for families and visitors. The bathroom in the room is only for the patient. A washer and dryer are also available on B and C wing.

The Pediatric Intensive Care Unit is located on the 4th floor of the Gudelsky building. There are bathrooms, lounge and sleep chairs located just outside of the unit. Parents who are staying in the PICU are welcome to use the washer and dryer located on B wing of the Children’s Hospital.

Please remember to bring all the medications your child is taking to review with the team; for your child’s safety, do not administer these medications unless told it is ok to do so. Also, please have the names and phone numbers of all the doctors your child sees, especially information about the primary care physician.

**PHONE NUMBERS**

- **Pediatric Progressive Care Unit** (A wing): 410-328-5440
- **(B wing): 410-328-6245**
- **(D wing): 410-328-8896**

- **Pediatric Intensive Care Unit**
  - Gudelsky Building 4th Floor: 410-328-6453
  - Child Life: 410-328-7440
  - Social Work: 410-328-6700
  - Hospital Lobby: 410-328-5473
  - TDD Phone: 410-326-9600

- **When dialing one of the above numbers from an on-campus phone in the hospital, dial 8 and the last four numbers.**

To use the phone in your child’s hospital room, dial 9 to get an outside line. If you need to make a long distance call, dial 0 for operator assistance. You will need a calling card to make a long distance call. Cell phones may be used in most areas of the hospital.

When you must be away from the hospital, please feel free to call the unit at anytime to check on your child. You will be asked for the password you set up with your child’s nurse in order to receive updates. Please do not share the password with others. This ensures that private health information is only being given out to approved family members. The direct number to your child’s room is posted on the wall in most rooms.

We encourage parents and friends to use Caring Bridge, an online resource that allows families to create free, private, personalized websites for easier communication with family and friends during a hospitalization. Please speak with a staff person for additional information or visit the Patient Resource Center for support in setting up a Caring Bridge website.

**VISITING HOURS**

- **General hospital visiting hours** for extended family and friends are 10 am to 9 pm.
- **Families are so important in a child’s life which is why we support you being in the hospital with your child as much as you are able to. Physicians and nurses round in the early morning, so we encourage you to be at your child’s bedside at that time so you can participate in the daily plan. A sleep chair to support one parent or adult caregiver staying overnight is available at the bedside on A, B, and D wings.**

Siblings are encouraged to stay connected with their hospitalized brother or sister by participating in activities at home or when visiting the hospital. Child Life Specialists are available to help support the special needs of siblings. For your child’s health and well-being and the health of the other children in the hospital, check with your child’s medical team prior to sibling visitation.

**ACTIVITY ROOMS**

- **The Playroom**, located at the end of B Wing, is for infants and children up to 7 years of age.
- **The Teen Room**, located at the end of A Wing, is for children/teens 8 years of age and up.

Structured activity is scheduled 7 days a week. Times are posted outside each activity room and the information boards in your child’s hospital room. The activity rooms are available for children and teens who are non-infectious. Toys, games, and other activities are available for children and teens in isolation or on bed-rest.

**PARKING**

There are several parking lots by the Medical Center, including:

- **Underground University Plaza Garage**, located on West Redwood Street, just opposite University of Maryland Medical Center. Open 24-7
- **Baltimore Grand Garage**, located at the end of B wing, is for children/teens 8 years of age and up. Sleeping accommodations are available. Toys, games and a wall-mounted video game are available for siblings. Sleeping accommodations are not available in the Parent Lounge so that the area can be available for all families at anytime.

The Ronald McDonald House is within walking distance and is for families who qualify.

Contact Social Work for more information on getting a referral for a room.

**FOOD**

Your child will be provided with meals and snacks that are consistent with the medical care plan.

There are several places to buy food on the first floor of the Medical Center. There are also vending machines by the Court Yard Café and a soda machine by the B wing nurses station.

**GIFT SHOP**

Located in the main lobby on the first floor of the Medical Center

**PHARMACY**

Located on the first floor of the Weinberg Building

**BANKING**

Located on the first floor of the Medical Center

**SMOKING**

Smoking in the hospital grounds puts children, other patients, visitors, and staff at significant risk and is not permitted. There are designated areas outside for smoking. Please only smoke in these established areas. Smoking cessation classes are available through the Medical Center. Please call 8-3955 for more information.

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