

# FAQs FOR PREGNANT WOMEN

## COVID-19, Pregnancy, & Breastfeeding



### HOW DOES COVID-19 AFFECT PREGNANT WOMEN?

Pregnant women may have more severe COVID-19 symptoms than the general public. Pregnant women should wash hands frequently, practice social distancing, stay away from people that are sick, and wear a mask or avoid crowded areas, including public transportation.



### HOW WILL MY PRENATAL/POSTPARTUM VISITS BE AFFECTED?

It's a good idea to call your OBGYN to ask how your visits may change. You can also talk with your healthcare team over the phone or online. This is called telemedicine.



### WHAT SHOULD I DO IF I'M PREGNANT AND THINK I HAVE COVID-19?

- Call your healthcare provider.
- Avoid public transportation when possible.
- Speak with your healthcare team over the phone before going to their office.
- Get medical care right away if you feel worse or think it's an emergency.
- Separate yourself from others as best as possible
- Wear a face mask when you are around other people and if you go to get medical care.



### HOW CAN I AVOID PASSING COVID-19 TO MY BABY? CAN I BREASTFEED?

If you have been diagnosed with COVID-19, wash your hands thoroughly before touching your baby and wear a face mask. So far, the virus has not been found in breastmilk.



### WHAT IF I HAVE QUESTIONS ABOUT MY PREGNANCY NOW?

You should be able to continue to contact your OBGYN with any questions about your pregnancy.

For more information and additional resources, scan the QR code below:

