Curriculum Vitae

*Kathleen Martel Connors, MSW*

*Instructor,* Division of Child and Adolescent Psychiatry,

Department of Psychiatry

University of Maryland School of Medicine

Co-Director, Center of Excellence in Infant and Early Childhood Mental Health,

Project Director, Taghi Modarressi Center for Infant Study

Project Director, Family Informed Trauma Treatment Center, Category II Center,

National Child Traumatic Stress Initiative

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# Personal Information

Department of Psychiatry

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**Education**

Bachelor of Arts, 1983, Catholic University of America, Social Work

Master of Social Work, 1985, New York University, Social Work

# Post Graduate Education and Training

1985-88 Jewish Board of Family and Children Seminar Series, New York, NY

1995-97 The Baltimore Mediation Center – Mediation Skills Training, 20 hours

and Sheppard Pratt Community Education Program-Mediation Training for the Circuit Court of Baltimore City, 40 hours

2008-09 National Child Traumatic Stress Network-Child Parent Psychotherapy Learning Collaborative

2013-2014 Fussy Baby Approach, Erikson Institute, Chicago, IL

2014 National Child Traumatic Stress Network Educational College, Core Curriculum on Childhood Trauma (CCCT)

# Certifications

## Licensed Certified Social Worker-Clinical, 1990 to current, #06624, Maryland

* Maryland Board of Social Work Examiners Registered and Approved Supervisor, 2005 to current, #06624

**Employment History**

*1982-1983* ***Social Work Intern***: District of Columbia General Hospital- Social Service Divisions

*1984-1985* ***Social Work Intern***: Bronx Children’s Psychiatric Center - Inpatient Adolescent Services

*1985-1988* ***Clinical Social Worker***: The Jewish Board of Family and Children Services

*1990-1993* ***Clinical Social Worker***: Kennedy Krieger Institute

*1993-2000* ***Senior Managing Clinician***: Kennedy Krieger Institute

*1991-1998* ***Independent Contractor***: Psych Services, Inc., The Wellness Community, Inc., Psychological Resources

*1997-1998* ***Mediator***: Sheppard Pratt Community Education Programs, Towson, MD

*2000-2002* ***Program Director***: The Wellness Community, Inc., Towson, MD, oversaw clinical staff and program for cancer support.

*2002-2003* ***Program Director***: Care Clinic, Department of Pediatrics, University of Maryland School of Medicine, oversaw clinical staff and interns, participated as investigator in research project examining psychotherapy for children victimized by family violence and sexual abuse.

*2003-2005* ***Clinical Social Worker***: Taghi Modarressi Center for Infant Study, Department of Psychiatry, University Maryland School of Medicine

*2003-2015* ***Clinical Manager***: Psychiatry Associates, UPI, coordination of care and clinical oversight and quality care for 700 services per year

*2005-present* ***Program Director***: Taghi Modarressi Center for Infant Study, Department of Psychiatry, University Maryland School of Medicine, oversees clinic and offsite staff, budget of $600,000 and quality care for 1,000 services, training program for counselors, social workers, psychologists, and psychiatrists and workforce development projects for home visitors, consultation, primary care providers, mental health clinicians and consultants.

*2007-present* ***Instructor***, University of Maryland School of Medicine, teaching responsibilities include coordination of and lecturing in the Early Childhood Development and Mental Health Seminar for PGY 3’s and psychology and social work interns; lectures on child trauma and child protection for PGY 3 and 4, clinical supervision of PGY 3and 4’s, family therapy instructor to multidisciplinary team of trainees, Director of the Early Childhood Mental Health Certificate Program

*2007-present* ***Project Director***, University of Maryland School of Medicine, Family Informed Trauma Treatment Center, National Child Traumatic Stress Network Category II Center, responsibilities include coordination of Center activities, intervention development and dissemination efforts and collaboration with key stakeholders and grantee.

*2012-2014* ***Psychiatric Social Worker***, Psychiatry Emergency Services. Consultant to Pediatric Emergency Department. On call evaluation of children and adolescent entering PED for psychiatric assessment.

2014-present ***Trauma Specialist,*** Strive For Wellness***,*** Therapist and trauma consultant to clinical high risk service and evaluation team in the Division of Child and Adolescent Psychiatry.

2017 ***Co-Director***, Center of Excellence for Infant and Early Childhood Mental Health, Department of Psychiatry, University Maryland School of Medicine, oversees consultation, training and capacity building efforts in partnership with the Behavioral Health Administration to support communities across the state to build communities of care for very young children and their families.

## Other Experience and Professional Memberships

2015-present World Association of Infant Mental Health member

2016-present ZERO TO THREE member

2018-present Infant Mental Health Association of Maryland & D.C., member of the Board of Directors

**Committees**

*2006-2015* Steering Committee, Judy P. Hoyer Early Child Care and Enhancement Programs

*2007-present* Member ofNational Child Traumatic Stress Network Committees: 0 to 6, Culture Consortium

*2010-2013* Facilitator*,* Maryland Early Childhood Mental Health Steering Committee

*2011-2013* Appointed to Children's Justice Act Committee, Maryland

*2012-2016* Appointed to Maryland State Department of Education Mental Health Workforce Committee

*2012-present* Appointed National Child Traumatic Stress Network Implementation Taskforce

*2013-present* Appointed, Making All The Children Healthy (MATCH) Program at BCDSS, Health Advisory Group

*2015-present* Training Committee for Baltimore Infants and Toddlers Program

2017 Co-Chair National Child Traumatic Stress Network-Family Systems Workgroup

2016-*present* Maryland’s Essentials for Children Committee and Co-Chair of Training and Workforce Committee

# National Teaching and Training

*2008-2009* Director/faculty, Early Childhood Mental Health Consultation Training Program-Department of Health, Washington, D.C.

*2010-2011* Senior Faculty, National Child Traumatic Stress Network (SAMHSA) Child Parent Psychotherapy Learning Collaborative

*2012-present* National Endorsed Trainer for Child Parent Psychotherapy, University of San Francisco, CA

*2013-present* Team Lead for Fussy Baby Network, Maryland

*2011-2014* Team Lead Child Parent Psychotherapy Learning Collaborative, Families First, Department of Behavioral Health, Washington, D.C.

*2012-present* National Trainer, Child Parent Psychotherapy Learning Community, University of Pittsburgh, Pittsburgh, PA and Train the Trainer Instructor

*2013-2015* Consultant, Child Parent Psychotherapy Learning Community, Defending Child Imitative, Boston University Medical Center, Boston, MA

*2014-present* Faculty,Tennessee Trauma Informed Screening and Assessment of Young Children Breakthrough Series Collaborative

*2015-present* National Trainer, Mid Atlantic Child Parent Psychotherapy Learning Collaborative

*2015-present* Faculty and Core Planning Team, CANS/FANS Breakthrough Series Collaborative, National Child Traumatic Stress Network

*2016-present* National Trainer, Maine Behavioral Health’s Child Parent Psychotherapy Learning Collaborative

*2017* National Trainer*, TEAM UP Child Parent Psychotherapy Learning Collaboration, Boston Medical Center*

*2017* National Trainer, DC SEED System of Care Initiative, Behavior Health Adminstration, Washington, D.C*.*

*2017* National Trainer,University of Tennessee Center of Excellence for Child in State Custody Child Parent Psychotherapy Learning Collaborative

*2018-present* Core Planning Team, Trauma-Responsive Resilient East Bay: A Breakthrough Series Collaborative, Trauma Transformed and Family Informed Trauma Treatment Center

# Clinical Supervision and Program Implementation

*1994-1995, 1997 to 2015* Field Instructor, University of Maryland School of Social Work

*1991-1994, 2009-2013* Clinical Assistant Professor, Smith College School for Social Work

*2009-2018* Clinical Supervisor, University of Maryland, Child and Adolescent Psychiatry Fellowship Program

*2016-present* HealthySteps Director, Baltimore Site

**State Teaching and Training**

*2009-2010* Director/faculty, Early Childhood Mental Health Consultation Training Program-Maryland State Department of Education

*2007-present* Director/faculty, Infant and Early Childhood Mental Health Certificate Program (nine cohorts)

*2012-2017* Team Lead, Maryland Launch Infant Mental Health Training for Home Visitors

*2013-2014* Team Lead, Maternal Child Health, Home Visiting Infant & Early Childhood Mental Health Training

*2017-present* State ACE Interface Trainer

**University Teaching and Training**

*2010*: Connors, K. and Coble, K. (Spring Semester, 2010) SOWK 699 Early Childhood Mental Health, University of Maryland School of Social Work.

*2010-2012* Director/faculty, Early Childhood Mental Health Series, University of Maryland School of Social Work Child Welfare Academy.

**Awards and Nominations**

2009-Field Instructor of the Year Award-The National Association of Social Workers-Maryland Chapter

2018-present State Team Lead for ZERO TO THREE Infant and Early Childhood Mental Health Financing Policy Learning Collaborative

2018 Nominated to serve as a member of the State Council on Child Abuse and Neglect for Maryland

# Grant Support

*2003-present* Consultant/Trainer, Baltimore Behavioral Health Systems, Inc., David Pruitt, PI

*2005-2015* Supervisor, Head Start Mental Health Project, Baltimore Behavioral Mental Health Systems, Inc., David Pruitt, PI

*2006-present* Program Manager, Judy Hoyer Center-Behavioral Health Services, Baltimore City Public School System, David Pruitt, PI

*2007-present* Director, Early Childhood Mental Health Certificate Program, grants from Mental Hygiene Administration and Maryland State Department of Education

*2007 to present* Project Director, Substance Abuse Mental Health Services Administration, National Child Traumatic Stress Network, Category 2 Center Grant, Laurel Kiser, PI

*2012-present* Principal Investigator, Race To The Top-Early Challenge Grant subaward for Maryland State Department of Education

*2013-present* Principal Investigator, Evidence Based Associate, Inc.

*2013 to present* Co-investigator, [Patient-Centered Outcomes Research Institute](http://www.pcori.org/funding-opportunities/landing/), Gloria Reeves, PI

*2014-2015* Co-investigator, Annie E Casey Foundation, B-MOMS research project, Laurel Kiser, PI

*2015-present* Supervisor, Substance Abuse Mental Health Services Administration, Project LAUNCH, David Pruitt, PI

*2015-present* Principal Investigator, Zanvyl and Isabelle Krieger Fund, Child Parent Psychotherapy Learning Collaborative.

*2015-present Coordinator,* Zanvyl and Isabelle Krieger Fund, Baltimore: Trauma Informed and Resilient City Breakthrough Series Collaborative, Laurel Kiser, PI

*2016-present* Co-investigator*,* RO1 Healthy Lifestyle Study*,* Gloria Reeves, PI.

**Publications**

**Journal Articles**

Strieder, F., Schamess, G., & Martel-Connors, K. (1996). Creating and Sustaining A Group Treatment Program for Cumulatively and Repetitively Traumatized Children: Administrative Principles and Systemic Considerations. Journal of Child and Adolescent Group Therapy, 6, 61-74.

Schamess, G., Strieder, F., & Martel-Connors, K. (1997). Supervision and Staff Training for Children's Group Psychotherapy: General Principles and Applications with Cumulatively Traumatized, Inner City Children International Journal of Group Psychotherapy, 47,399-425.

Koverola, C., Murtaugh, C., Reeves, G., Connors, K., & Pappas, M.(2007). Children exposed to intra-familial violence: Predictors of Attrition and Retention in Treatment. Journal of Aggression, Maltreatment & Trauma. 14(4), 19-42.

Reeves, G.M., Wehring, H.J., Connors, K.M., Bussell, K., Schiffman, J., Medoff, D.R., Tsuji, T., Walker, J., Brown, A., Strobeck, D. & Clough, T., 2015. The Family Value of Information, Community Support, and Experience Study: Rationale, Design, and Methods of a “Family-Centered” Research Study. *The Journal of nervous and mental disease*, *203*(12), pp.896-900.

Nelson, S., Carpenter, L., Vivrette, R., & Connors, K. (2015). Reflections from Baltimore: the role of early childhood mental health providers in responding to community unrest. *Reflections: Narratives of Professional Helping*, *21*(3), 53.

Kline, E., Millman, Z.B., Denenny, D., Wilson, C., Thompson, E., Demro, C., Connors, K., Bussell, K., Reeves, G. and Schiffman, J., 2016. Trauma and psychosis symptoms in a sample of help-seeking youth. *Schizophrenia research*, *175*(1), pp.174-179.

# Book Chapters

Connors, K. M., Schamess, G., Strieder, F. (1997) Children’s Treatment Groups. In J.R. Brandell (ed.) Theory and Practice in Clinical Social Work. New York: The Free Press.

Connors, K.M., Schamess, G. (1999) Traumatized and Neglected Children. In C.E. Schaefer (ed.) Short Term Psychotherapy Groups for Children: Adapting Group Processes for Specific Problems. New Jersey: Jason Aronson, Inc.

England, S., Connors, K.M. (2003) Group work with sexually abused children. In G. Greif and P. Ephross (Eds.) Group Work with Populations at Risk. Second Edition. New York: Oxford University Press, Inc.

Rogers, K, Baumgardner, B, Connors, K, Martens, P, Kiser, LJ. (2009). Preventing Family Violence. In Compton MT (Ed.) Clinical Manual of Prevention in Mental Health. Washington, DC: American Psychiatric Publishing, Inc.

Connors, K. M., Lertora, J. & Liggett-Creel, K. (2010).Group Work with Children Impacted by Sexual Abuse.  In G. L. Greif & P. H. Eprhoss (eds.). *Group Work with Populations at Risk, 3rd edition.* New York: Oxford University Press.

Offermann, B., Beltran, M., Rollo, C. and Connors, K. M. (2016) Group Work with Children Impacted by Sexual Abuse. In Greif, G., & Knight, C. (Eds.). *Group Work with Populations At-Risk*. Oxford University Press.

**White Papers**

Collins, K., Connors, K., Davis, S. Donohue, A., Gardner, S., Goldblatt, E., Hayward, A., Kiser, L., Strieder, F. Thompson, E. (2010). *Understanding the impact of trauma and urban poverty on family systems: Risks, resilience, and interventions.* Baltimore, MD*:* Family Informed Trauma Treatment Center**.** <http://66.92.43.14/ucla/FITT_white_paper.pdf> or <http://fittcenter.umaryland.edu/WhitePaper.aspx>

# Major Invited Speeches

**Local**

Koverola, C., **Connors, K.M**., Murtaugh, C., Reeves, G. (2003) Treating Traumatized Children: The Care Clinic. The Governor’s 10th Annual Conference on Child Abuse and Neglect, Baltimore, MD.

Kiser, L., **Connors, K M**. (2004) Violence and Young Children. All day workshop for Baltimore Mental Health Systems Training Series, Baltimore, MD.

**Connors, K.M**. (2004) Early Childhood Mental Health*.* All day workshop forThe Fourth Annual School Health Interdisciplinary Program, Turf Valley, MD.

**Connors, K.M**., Pruitt, D., Eberhardt, M., Norris-Shortle, C. (2005) Secure Starts: Engaging Families in the Early Intervention System. Keynote address at the Annual Baltimore Infant and Toddler Training Conference.

**Connors, K.M**., Wilms-Floet, A. (2005) Early Childhood Intervention. All day workshop for The Fifth Annual School Health Interdisciplinary Program, Turf Valley, MD.

**Connors, K.M**. (2006) Evidenced-based Approach to Early Childhood Mental Health. Invited address to University of Maryland School of Social Work Homecoming, Baltimore, MD

**Connors, K.M**. Morrish, T. (2006) Family Engagement in Early Childhood Mental Health. All day workshop for Baltimore Mental Health System’s Early Childhood Mental Health Series, Baltimore, MD.

**Connors, K.M**., Lertora, J. (2008) Trauma 0 to 5. Fifth Annual Mental Hygiene Administration Child and Adolescent Mental Health Conference. Baltimore, MD.

**Connors, K.M**., Kiser, L. (2008 & 2009) Treatment of Trauma in Early Childhood. University of Maryland Early Childhood Mental Health Certificate Program. Baltimore, MD, Shady Grove, MD.

**Connors, K.M**, Thompson, E. (2017) [Addressing Race Based Traumatic Stress in Individuals, Families, Organizations and Communities](https://www.kennedykrieger.org/sites/default/files/patient-care-files/addressing_race_based_traumatic_stress_in_individuals.families.organizations_and_communities.pdf). The Center for Child and Family Traumatic Stress at Kennedy Krieger Institute's 6th Biennial Trauma Conference, *Addressing Trauma Across the Lifespan: Modern Day Threats and Social Discord* . Baltimore, MD.

# National

**Connors, K.M**., Adler, H., Pagan, S. (1995) Theme-centered Groups as a Survival Guide for Traumatized Teens. National Symposium on Child Victimization, Washington, D.C.

**Connors, K.M**. (1998) Psychotherapeutic Groups for Cumulatively Traumatized Children. Invited symposium at the American Group Psychotherapy Association, Chicago, IL.

Gardner, S., **Connors, K.M**., Waller, P. (1999) Children and Families in Foster Care: Treatment Considerations. Invited address to Smith College School for Social Work, Northampton, MA.

**Connors, K.M**., Koverola, C., Murtaugh, C. (2005) Treatment of Child Sexual Abuse and Co-occurring Family Violence: Intensive Single Case Design*.*  9th Annual Family Violence Research Conference, Portsmouth, NH.

Kiser, L., **Connors, K M**. (2008) Family Informed Trauma Treatment: A Service Delivery Model. Child Psychiatry Fall Forum, Virginia Commonwealth University School of Medicine, Department of Psychiatry, Richmond, VA.

Kiser, L., **Connors, K M**. (2009) Family Informed Trauma Treatment Military Interventions: Increasing access to services for returning veterans and their families. National Child Traumatic Stress Network All Network Conference, Orlando, FL.

Kiser, L., **Connors, K M**. (2009) Strengthening Families Coping Resources: Multifamily group workshop model. National Child Traumatic Stress Network All Network Conference, Orlando, FL.

Gardner, S., **Connors, K. M.,** Lee, A. V., Crossbear, S., Fonfield (2009) Making Child Trauma Services Relevant through Partnerships. National Child Traumatic Stress Network All Network Conference, Orlando, FL.

**Connors, K.M**., Gardner, S., Gurly, T. (2009) Cultural Relevance Through Partnership. Federation of Families for Children’s Mental Health. Washington, D.C.

**Connors, K.M**. (2011) Introduction to Child Parent Psychotherapy: Clinical Intervention with Young Children Affected by Trauma and Domestic Violence. George Warren Brown School of Social Work’s Spring 2011 Professional Development Series, Washington University, St. Louis, MO.

**Connors, K.M**., Gardner, S., Navalta, C., McKay, M., Lindsey, M. (2011) How to Include Families - Effective Models. Family Systems Speaker Series, National Child Traumatic Stress Network.

**Connors, K.M**., Gardner, S., Kiser, L.J., Strieder, F. (2011) Family Informed Trauma Treatments: Lessons learned in supporting family recovery. National Child Traumatic Stress Network All Network Conference, Baltimore, MD.

**Connors, K.M**. (2011) “Widening the Lens”: Understanding Family Trauma through Assessment of Family Needs and Strengths. Riverside Trauma Center 2nd Annual Conference: Expanding Trauma Interventions: Family, Culture, and Community. Natick, MA.

**Connors, K**. **M.** (2013, October) Trauma Interventions for Young Children. The Family Center at Kennedy Krieger Institute’s 4th Biennial Trauma Conference, Addressing Trauma across the Lifespan: Integration of Family, Community, and Organizational Approaches, Baltimore, MD.

Ghosh Ippen, C., **Connors, K.M.**., Noroña, C.R., Kronenberg, M., Henderson, D. (2013) How do I know I am doing Child-Parent Psychotherapy (CPP): Overview of the CPP Fidelity Framework. National Child Traumatic Stress Network, All Network Conference, Philadelphia, PA.

Thompson, E, **Connors, K.M**., Dunn, J., First, J., (2016) "No Justice, No Peace": Supporting Trauma Informed and Resilient Communities. National Child Traumatic Stress Network, All Network Conference, National Harbor, MD.

Todd, J. M., Lieberman, A., Toth, S., **Connors, K.M.** (2016) Research, Response, and Dissemination of Child-Parent Psychotherapy**.** National Child Traumatic Stress Network, All Network Conference, National Harbor, MD

Vogel, J., **Connors, K.M.**., Ford, J. (2017) A Trifocal Approach to Clinical Assessment and Case Planning with Traumatized Children: Developmental Trauma, Family Systems and Developmental Disabilities. National Child Traumatic Stress Network, All Network Conference, Alexandria, VA.

Bethell, C., Talmi., A., **Connors, KM,** Flake, E., Schame, T., Gold, C., Trozzi, M., Lieser, D., Costello, E. (2017) Innovations in Serving Families At Risk: A Panel Featuring Best Practices From Across the U.S. Zero To Three Policy Center’s Pre-Conference Meeting. San Diego, CA.

Gilchrist, A., McCance-Katz, E., Crossbear, S., Schwartz, D., **Connors, K.M.**., Stewart, A.J., Carlson, G., Evans, A.C., Hutchinson, S., Kiyokawa, G., Barna, S., Conley, R., Curtis, L.L., Rauner, D., Wagner, S., VanAuker, V., McCarthy, P., Daugaard, L., Lopata, A., Singh, A., Maaks, D.M., Waldron, D. Walker, D., Azar, A. M., Wissow, L., Guilford, N., Walker, T., Coper, K. Pata, J. (2018, May) Partnering for Health and Hope Following Trauma, Town Hall Meeting, National Children’s Mental Health Awareness Day, Substance Abuse and Mental Health Services Administration Washington, D.C.

# International

Kiser, L., **Connors, K.M.**., Beck V. (2006) Treating Complex Traumatic Stress Disorders in Childhood. The International Society of Traumatic Stress Studies 22nd Annual Meeting, Hollywood, CA.

Kiser, L., **Connors, K.M.**., Beck V. (2007) Strengthening Families Coping Resource. The International Society of Traumatic Stress Studies 23nd Annual Meeting, Baltimore, MD.

Kiser, L., **Connors, K.M.,** (2009) Family Informed Trauma Treatment. 23rd International Conference on Child and Family Maltreatment, San Diego, CA.

**Kiser, L.** Figley, C. and **Connors, K**.**M.** (2013, October) Helping Traumatized Families: The Family Adaptation to Trauma Model for Clinical Practice. International Society for Traumatic Stress Studies, Philadelphia, PA.

Kiser, L.J., **Connors, K.M.**., Trueheart, Ki., Murray, B. (2018, November) Racial Justice and Trauma-Informed Resilient Communities. International Society of Traumatic

Stress Studies, Washington, DC.